

| Monday                                                                                                                                                                                                                                                                                                                                                                                 | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                       | Wednesday                                                                                                                                                                                                                                                                                                                                                              | Thursday                                                                                                                                                                                                                                                                                                          | Friday                                                                                                                                                                                                                                                                                                                                                                       |
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| <b>4</b><br><b>B:</b> <b>Cheerios</b><br>Cheerios(WG), Bananas, MILK - 1% over 2 / Whole under 2<br><br><b>L:</b> <b>Bean/Cheese Burrito</b><br>Bean & Cheese Burritos, Tortilla - Whole Grain(WG), Zucchini Squash, Pineapple, MILK - 1% over 2 / Whole under 2<br><br><b>P:</b> <b>Chex Mix &amp; Cranberries</b><br>Whole Grain Chex mix/Animal Crackers, Cranberries (whole,sauce) | <b>5</b><br><b>B:</b> <b>French Toast Bites</b><br>French Toast - Whole Grain(WG), Fruit Salad, MILK - 1% over 2 / Whole under 2<br><br><b>L:</b> <b>Chicken Caesar Salad &amp; Garlic Bread</b><br>Chicken, French Bread, Lettuce, Apple Slices, MILK - 1% over 2 / Whole under 2<br><br><b>P:</b> <b>Sunflower Butter &amp; WG Crackers</b><br>Crackers - Whole Grain(WG), MILK - 1% over 2 / Whole under 2 | <b>6</b><br><b>B:</b> <b>Overnight Oats</b><br>Oatmeal(WG), Raisins + Fruit/Vegetable, MILK - 1% over 2 / Whole under 2<br><br><b>L:</b> <b>Spaghetti &amp; Carrots</b><br>Ground Beef, Spaghetti Noodles(WG), Carrots, Oranges, MILK - 1% over 2 / Whole under 2<br><br><b>P:</b> <b>WG Crackers &amp; String Cheese</b><br>String Cheese, Crackers - Whole Grain(WG) | <b>7</b><br><b>B:</b> <b>Breakfast Sandwich</b><br>Chicken Sausage, English Muffin - Whole Grain(WG), Apple Slices, MILK - 1% over 2 / Whole under 2<br><br><b>L:</b> <b>Curry Chicken</b><br>Chicken Breasts, Brown Rice(WG), Mixed Vegetables, Pineapple, MILK - 1% over 2 / Whole under 2<br><br>Early Release | <b>8</b><br><b>B:</b> <b>Kix</b><br>Kix(WG), Bananas, MILK - 1% over 2 / Whole under 2<br><br><b>L:</b> <b>Pepperoni Pizza</b><br>Mozzarella Cheese, Pizza Crust - Whole Grain(WG), Salad with Ranch Dressing, Tangerines, MILK - 1% over 2 / Whole under 2<br><br><b>P:</b> <b>Goldfish &amp; Raisins</b><br>Goldfish Crackers - Whole Grain(WG), Raisins + Fruit/Vegetable |
| <b>11</b><br><b>B:</b> <b>Corn Flakes</b><br>Corn Flakes(WG), Bananas, MILK - 1% over 2 / Whole under 2<br><br><b>L:</b> <b>Ham Sandwich &amp; Cucumber Salad</b><br>Ham & Cheese, Buns/Rolls - Whole Grain(WG), Cucumbers, Oranges, MILK - 1% over 2 / Whole under 2<br><br><b>P:</b> <b>Cheez-its &amp; Apple Juice</b><br>Cheez it's(WG), Apple Juice                               | <b>12</b><br><b>B:</b> <b>Bagels</b><br>Bagel - Whole Grain(WG), Pineapple, MILK - 1% over 2 / Whole under 2<br><br><b>L:</b> <b>Baked Alfredo &amp; Peas</b><br>Chicken Breasts, Pasta Shells, Peas, Pears, MILK - 1% over 2 / Whole under 2<br><br><b>P:</b> <b>Chips &amp; Salsa</b><br>Tortilla Chips, Salsa                                                                                              | <b>13</b><br><b>B:</b> <b>Yogurt Parfait</b><br>Yogurt, Peaches, MILK - 1% over 2 / Whole under 2<br><br><b>L:</b> <b>Lomo Saltado</b><br>Beef Steak, Spanish Rice(WG), Potatoes, Apple Slices, MILK - 1% over 2 / Whole under 2<br><br><b>P:</b> <b>Cucumbers &amp; Oranges</b><br>Cucumbers, Oranges                                                                 | <b>14</b><br><b>B:</b> <b>Oatmeal &amp; Raisins</b><br>Oatmeal(WG), Raisins + Fruit/Vegetable, MILK - 1% over 2 / Whole under 2<br><br><b>L:</b> <b>Green Pozole</b><br>Chicken, Tortilla Chips(WG), Cabbage, Watermelon, MILK - 1% over 2 / Whole under 2<br><br>Early Release                                   | <b>15</b><br><b>B:</b> <b>Kix</b><br>Kix(WG), Bananas, MILK - 1% over 2 / Whole under 2<br><br><b>L:</b> <b>Cheese Pizza</b><br>Mozzarella Cheese, Pizza Crust - Whole Grain(WG), Tossed Salad, Tangerines, MILK - 1% over 2 / Whole under 2<br><br><b>P:</b> <b>Pretzels &amp; Apple Sauce</b><br>Pretzels - Whole Grain(WG), Applesauce                                    |

| Monday    |                                                                                                                                                        | Tuesday   |                                                                                                                                                      | Wednesday |                                                                                                                       | Thursday  |                                                                                                                                                     | Friday    |                                                                                                                                                              |
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| <b>18</b> |                                                                                                                                                        | <b>19</b> |                                                                                                                                                      | <b>20</b> |                                                                                                                       | <b>21</b> |                                                                                                                                                     | <b>22</b> |                                                                                                                                                              |
| <b>B:</b> | <b>Cheerios</b><br>Cheerios(WG), Bananas, MILK - 1%<br>over 2 / Whole under 2                                                                          | <b>B:</b> | <b>Pancakes</b><br>Pancakes - Whole Grain(WG), Peaches,<br>MILK - 1% over 2 / Whole under 2                                                          | <b>B:</b> | <b>Overnight Oats</b><br>Oatmeal(WG), Raisins + Fruit/Vegetable,<br>MILK - 1% over 2 / Whole under 2                  | <b>B:</b> | <b>Bagels</b><br>Bagel - Whole Grain(WG), Pineapple,<br>MILK - 1% over 2 / Whole under 2                                                            | <b>B:</b> | <b>Kix</b><br>Kix(WG), Bananas, MILK - 1% over 2 /<br>Whole under 2                                                                                          |
| <b>L:</b> | <b>Quesadilla &amp; Black Bean Salad</b><br>Cheddar Cheese, Tortilla - Whole<br>Grain(WG), Black Beans, Pineapple,<br>MILK - 1% over 2 / Whole under 2 | <b>L:</b> | <b>Chicken Parmesan Sandwich</b><br>Chicken Nuggets, Buns/Rolls - Whole<br>Grain(WG), Mixed Vegetables, Oranges,<br>MILK - 1% over 2 / Whole under 2 | <b>L:</b> | <b>Taco Salad</b><br>Ground Beef, Tortilla Chips, Lettuce And<br>Tomato, Peaches, MILK - 1% over 2 /<br>Whole under 2 | <b>L:</b> | <b>Roasted Chicken &amp; Rice Pilaf</b><br>Chicken Legs, Brown Rice(WG), Peas,<br>Oranges, MILK - 1% over 2 / Whole<br>under 2<br><br>Early Release | <b>L:</b> | <b>Pepperoni Pizza</b><br>Mozzarella Cheese, Pizza Crust - Whole<br>Grain(WG), Salad with Ranch Dressing,<br>Tangerines, MILK - 1% over 2 / Whole<br>under 2 |
| <b>P:</b> | <b>Goldfish &amp; Raisins</b><br>Goldfish Crackers - Whole Grain(WG),<br>Raisins + Fruit/Vegetable                                                     | <b>P:</b> | <b>Chex Mix &amp; Apple Juice</b><br>Whole Grain Chex mix/Animal<br>Crackers(WG), Apple Juice                                                        | <b>P:</b> | <b>Animal Crackers &amp; Milk</b><br>Animal Crackers(WG), MILK - 1% over 2<br>/ Whole under 2                         |           |                                                                                                                                                     | <b>P:</b> | <b>Cheeze-Its &amp; Cranberries</b><br>Cheez it's(WG), Cranberries<br>(whole,sauce)                                                                          |
| <b>25</b> |                                                                                                                                                        | <b>26</b> |                                                                                                                                                      | <b>27</b> |                                                                                                                       | <b>28</b> |                                                                                                                                                     | <b>29</b> |                                                                                                                                                              |
|           |                                                                                                                                                        | <b>B:</b> | <b>Corn Flakes</b><br>Corn Flakes(WG), Bananas, MILK - 1%<br>over 2 / Whole under 2                                                                  | <b>B:</b> | <b>Yogurt Parfait</b><br>Yogurt, Peaches, MILK - 1% over 2 /<br>Whole under 2                                         | <b>B:</b> | <b>Oatmeal &amp; Raisins</b><br>Oatmeal(WG), Raisins + Fruit/Vegetable,<br>MILK - 1% over 2 / Whole under 2                                         | <b>B:</b> | <b>Kix</b><br>Kix(WG), Bananas, MILK - 1% over 2 /<br>Whole under 2                                                                                          |
|           |                                                                                                                                                        | <b>L:</b> | <b>BBQ Pork Sandwich</b><br>Pulled Pork, Hamburger Buns(WG),<br>Potatoes, Apple Slices, MILK - 1% over 2<br>/ Whole under 2                          | <b>L:</b> | <b>Baked Ziti</b><br>Ground Beef, Pasta, Broccoli, Apple<br>Slices, MILK - 1% over 2 / Whole under 2                  | <b>L:</b> | <b>Chicken Shawarma</b><br>Chicken Legs, Brown Rice(WG),<br>Cucumbers, Oranges, MILK - 1% over 2 /<br>Whole under 2<br><br>Early Release            | <b>L:</b> | <b>Cheese Pizza</b><br>Mozzarella Cheese, Pizza Crust - Whole<br>Grain(WG), Tossed Salad, Tangerines,<br>MILK - 1% over 2 / Whole under 2                    |
|           |                                                                                                                                                        | <b>P:</b> | <b>Graham Crackers &amp; Milk</b><br>Graham Crackers(WG), MILK - 1% over<br>2 / Whole under 2                                                        | <b>P:</b> | <b>Chex Mix &amp; Apple Sauce</b><br>Whole Grain Chex mix/Animal<br>Crackers(WG), Applesauce                          |           |                                                                                                                                                     | <b>P:</b> | <b>Pretzels &amp; String Cheese</b><br>String Cheese, Pretzels - Hard                                                                                        |