

Isla Vista Children's Center Food Program Menu

Toddler and Preschool

Phelps & W. Campus Sites

Breakfast: Must include all 3 components: Fluid milk, vegetable, fruit or portion of both and grains

Lunch: Must include all 5 components: Fluid Milk, Meat/meat alternative, Vegetable, fruit and a grain

PM Snack: Must include 2 of the following components: Meat or meat alternative, Fruit or Vegetable; Grain/Bread; Milk

Breakfast: 8:45 am Lunch: 11:30 pm (Lunch is served as soon as it is delivered) Snack: 3:15 pm

August 2022 - PM Snack Menu Only

Monday 08/01/2022	Tuesday 08/02/2022	Wednesday 08/03/2022	Thursday 08/04/2022	Friday 08/05/2022
Goldfish & Fruit	Low Fat Yogurt & Granola (WGE) & Fruit	Cheez-Its (WGE) & Fruit	String Cheese & Animal Crackers	Sun Chips & 100% Apple Juice
Monday 08/08/2022	Tuesday 08/09/2022	Wednesday 08/10/2022	Thursday 08/11/2022	Friday 08/12/2022
Carrots and Broccoli with Ranch & Animal Crackers (WGE)	Scooby Doo Crackers (WGE) & Fruit	Ritz Bits (WGE) & Applesauce	Early Release Day	Animal Crackers (WGE) & Fruit
Monday 08/15/2022	Tuesday 08/16/2022	Wednesday 08/17/2022	Thursday 08/18/2022	Friday 08/19/2022
Center Closed	Center Closed	Ritz Bits & %100 Juice	Animal Crackers (WGE) & Fruit	Goldfish & Applesauce
Monday 08/22/2022	Tuesday 08/23/2022	Wednesday 08/24/2022	Thursday 08/25/2022	Friday 08/26/2022
Sun Chips & 100% Apple Juice	Low Fat Yogurt & Granola (WGE) & Fruit	Goldfish & Applesauce	Early Release Day	Scooby Doo Crackers (WGE) & 100% Apple Juice
Monday 08/29/2022	Tuesday 08/30/2022	Wednesday 08/31/2022	Thursday	Friday
Carrots and Broccoli with Ranch & 100% Apple Juice	Low Fat Yogurt & Granola (WGE) & Fruit	Ritz Bits & String Cheese		

Milk type per age: 12m- under 2yrs – Whole Milk **Over 2yrs:** 1% or Fat Free Milk

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Lunch: Must include all 5 components: Fluid Milk, Meat/meat alternative, Vegetable, fruit and a grain

PM Snack: Must include 2 of the following components: Meat or meat alternative, Fruit or Vegetable; Grain/Bread; Milk

***Substitutions may be necessary as availability of fruit/vegetables may change. Teachers will write exact menu on their classroom white boards AND on this hard copy.**

The Children's Center receives reimbursement from the Child Care Food Program. This program is available to all children regardless of race, color, national origin, age, sex or disability

Revised: 10/06/2020



Supporting children and families
in Goleta and Isla Vista