

Isla Vista Children's Center Food Program Menu

Toddler and Preschool

Phelps & W. Campus Sites

Breakfast: Must include all 3 components: Fluid milk, vegetable, fruit or portion of both and grains

Lunch: Must include all 5 components: Fluid Milk, Meat/meat alternative, Vegetable, fruit and a grain

PM Snack: Must include 2 of the following components: Meat or meat alternative, Fruit or Vegetable; Grain/Bread; Milk

Breakfast: 8:45 am Lunch: 11:30 pm (Lunch is served as soon as it is delivered) Snack: 3:15 pm

June 2021 - AM Snack Menu Only

Monday	Tuesday 06/01/2021	Wednesday 06/02/2021	Thursday 06/03/2021	Friday 06/04/2021
	Snack: String Cheese & 100% Juice	Snack: Cereal & Milk	Snack: Baked Chips & 100% Juice	Snack: Ritz Bitz & 100% Juice
Monday 06/07/2021	Tuesday 06/08/2021	Wednesday 06/09/2021	Thursday 06/10/2021	Friday 06/11/2021
Snack: Cereal & Milk	Snack: BBQ Chips & 100% Juice	Snack: Bunnies Graham Crackers & Applesauce	Snack: Cheese Gold Fish Crackers & 100% Juice	Snack: Breakfast Bar & Milk
Monday 06/14/2021	Tuesday 06/15/2021	Wednesday 06/16/2021	Thursday 06/17/2021	Friday 06/18/2021
Snack: Gold Fish Crackers & Milk	Snack: Cereal & Milk	Snack: Graham Crackers & Yogurt	Snack: String Cheese & 100% Juice	Snack: Baked Chips & 100% Juice
Monday 06/21/2021	Tuesday 06/22/2021	Wednesday 06/23/2021	Thursday 06/24/2021	Friday 06/25/2021
Snack: Yogurt & Animal Crackers	Snack: Breakfast Bar & Milk	Snack: Cereal & Milk	Snack: Cheese Gold Fish Crackers & 100% Juice	Snack: Graham Crackers & Yogurt
Monday 06/28/2021	Tuesday 06/29/2021	Wednesday 06/30/2021	Thursday	Friday
Snack: BBQ Chips & 100% Juice	Snack: Graham Crackers & Milk	Snack: Yogurt & Animal Crackers		

Milk type per age: 12m- under 2yrs – Whole Milk **Over 2yrs:** 1% Milk

Breakfast: Must include all 3 components: Fluid milk, vegetable, fruit or portion of both and grains

Lunch: Must include all 5 components: Fluid Milk, Meat/meat alternative, Vegetable, fruit and a grain

PM Snack: Must include 2 of the following components: Meat or meat alternative, Fruit or Vegetable; Grain/Bread; Milk

***Substitutions may be necessary as availability of fruit/vegetables may change. Teachers will write exact menu on their classroom white boards AND on this hard copy.**

The Children's Center receives reimbursement from the Child Care Food Program. This program is available to all children regardless of race, color, national origin, age, sex or disability

Revised: 10/06/2020



Supporting children and families
in Goleta and Isla Vista