

Isla Vista Children's Center Food Program Menu

Toddler and Preschool

Phelps & W. Campus Sites

Breakfast: Must include all 3 components: Fluid milk, vegetable, fruit or portion of both and grains

Lunch: Must include all 5 components: Fluid Milk, Meat/meat alternative, Vegetable, fruit and a grain

PM Snack: Must include 2 of the following components: Meat or meat alternative, Fruit or Vegetable; Grain/Bread; Milk

Breakfast: 8:45 am Lunch: 11:30 pm (Lunch is served as soon as it is delivered) Snack: 3:15 pm

June 2022 - PM Snack Menu Only

Monday	Tuesday	Wednesday 06/01/2022	Thursday 06/02/2022	Friday 06/03/2022
		Cereal & Milk	String Cheese & Fruit	Sun Chips & 100% Apple Juice
Monday 06/06/2022	Tuesday 06/07/2022	Wednesday 06/08/2022	Thursday 06/09/2022	Friday 06/10/2022
Carrots and Broccoli with Ranch & 100% Apple Juice	Scooby Doo Crackers (WGE) & Fruit	Ritz Bits (WGE) & Applesauce	Early Release Day	Animal Crackers (WGE) & Fruit
Monday 06/13/2022	Tuesday 06/14/2022	Wednesday 06/15/2022	Thursday 06/16/2022	Friday 06/17/2022
Low Fat Yogurt & Granola (WGE) & Fruit	Cheez-Its (WGE) & Fruit	Ritz Bits & %100 Juice	Animal Crackers (WGE) & Fruit	Goldfish & Applesauce
Monday 06/20/2022	Tuesday 06/21/2022	Wednesday 06/22/2022	Thursday 06/23/2022	Friday 06/24/2022
Sun Chips & 100% Apple Juice	Low Fat Yogurt & Granola (WGE) & Fruit	Goldfish & Applesauce	Early Release Day	Scooby Doo Crackers (WGE) & 100% Apple Juice
Monday 06/27/2022	Tuesday 06/28/2022	Wednesday 06/29/2022	Thursday 06/30/2022	Friday
Carrots and Broccoli with Ranch & 100% Apple Juice	Low Fat Yogurt & Granola (WGE) & Fruit	Ritz Bits & Applesauce	Goldfish & Fruit	

Milk type per age: 12m- under 2yrs – Whole Milk **Over 2yrs:** 1% Milk

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PM Snack: Must include 2 of the following components: Meat or meat alternative, Fruit or Vegetable; Grain/Bread; Milk

***Substitutions may be necessary as availability of fruit/vegetables may change. Teachers will write exact menu on their classroom white boards AND on this hard copy.**

The Children's Center receives reimbursement from the Child Care Food Program. This program is available to all children regardless of race, color, national origin, age, sex or disability

Revised: 10/06/2020



Supporting children and families
in Goleta and Isla Vista