

Isla Vista Children's Center Food Program Menu

Toddler and Preschool

Phelps & W. Campus Sites

Breakfast: Must include all 3 components: Fluid milk, vegetable, fruit or portion of both and grains

Lunch: Must include all 5 components: Fluid Milk, Meat/meat alternative, Vegetable, fruit and a grain

PM Snack: Must include 2 of the following components: Meat or meat alternative, Fruit or Vegetable; Grain/Bread; Milk

Breakfast: 8:45 am Lunch: 11:30 pm (Lunch is served as soon as it is delivered) Snack: 3:15 pm

September 2021 - PM Snack Menu Only

Monday	Tuesday	Wednesday 9/1/2021	Thursday 9/2/2021	Friday 9/3/2021
		Snack: String Cheese & 100% Juice	Snack: Cereal & Milk	Snack: Cookie Goldfish & Applesauce
Monday 9/6/2021	Tuesday 9/7/2021	Wednesday 9/8/2021	Thursday 9/9/2021	Friday 9/10/2021
Labor Day	Snack: String Cheese & 100% Juice	Snack: Cookie Goldfish & Milk	Early Release Day	Snack: Goldfish & Applesauce
Monday 9/13/2021	Tuesday 9/14/2021	Wednesday 9/15/2021	Thursday 9/16/2021	Friday 9/17/2021
Snack: Yogurt & Granola	Snack: Breakfast Bar & Milk	Snack: Rits Bits & Applesauce	Snack: Cookie Goldfish & Milk	Snack: Baked Chips & 100% Juice
Monday 9/20/2021	Tuesday 9/21/2021	Wednesday 9/22/2021	Thursday 9/23/2021	Friday 9/24/2021
Snack: Breakfast Bar & Milk	Snack: Baked Chips & 100% Juice	Snack: Cereal & Milk	Early Release Day	Snack: Goldfish & 100% Juice
Monday 9/27/2021	Tuesday 9/28/2021	Wednesday 9/29/2021	Thursday 9/30/2021	Friday
Snack: Chips and Yogurt	Snack: Rits Bits & %100 Juice			

Milk type per age: 12m- under 2yrs – Whole Milk **Over 2yrs:** 1% Milk

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PM Snack: Must include 2 of the following components: Meat or meat alternative, Fruit or Vegetable; Grain/Bread; Milk

***Substitutions may be necessary as availability of fruit/vegetables may change. Teachers will write exact menu on their classroom white boards AND on this hard copy.**

The Children's Center receives reimbursement from the Child Care Food Program. This program is available to all children regardless of race, color, national origin, age, sex or disability

Revised: 10/06/2020

