

Monday		Tuesday		Wednesday		Thursday		Friday	
2		3		4		5		6	
B:	Corn Flakes Corn Flakes(WG), Bananas, MILK - 1% over 2 /	B:	French Toast Bites French Toast - Who(WG), Apple Slices, MILK - 1% over 2 /	B:	Overnight Oats Oatmeal(WG), Raisins + Fruit/Ve, MILK - 1% over 2 /	B:	Bagels Bagel - Whole Grai(WG), Peaches, MILK - 1% over 2 /	B:	Kix Kix(WG), Bananas, MILK - 1% over 2 /
L:	Bean/Cheese Burrito & Corn Bean & Cheese Burr, Tortilla - Whole G(WG), Corn, Peaches, MILK - 1% over 2 /	L:	Curry Chicken Chicken Breasts, Brown Rice(WG), Mixed Vegetables, Oranges, MILK - 1% over 2 /	L:	Spaghetti & Carrots Ground Beef, Spaghetti Noodles(WG), Carrots, Pineapple, MILK - 1% over 2 /	L:	Chicken Sandwich & Coleslaw Chicken, Buns/Rolls - Whole(WG), Cole Slaw, Oranges, MILK - 1% over 2 /	L:	Cheese Pizza Mozzarella Cheese, Pizza Crust - Whol(WG), Tossed Salad, Tangerines, MILK - 1% over 2 /
P:	Trail Mix Whole Grain Chex m, Cranberries (whole	P:	Graham Crackers & Apple Sauce Graham Crackers(WG), Applesauce	P:	WG Crackers & String Cheese String Cheese, Crackers - Whole G(WG)	P:	Animal Crackers Animal Crackers, Apple Juice	P:	Sunflower Butter & WG Crackers Crackers - Whole G(WG), MILK - 1% over 2 /
9		10		11		12		13	
B:	Cheerios Cheerios(WG), Bananas, MILK - 1% over 2 /	B:	Conchas Buns/Rolls - Whole(WG), Peaches, MILK - 1% over 2 /	B:	Yogurt Parfait Yogurt, Pears, MILK - 1% over 2 /	B:	Bagels Bagel - Whole Grai(WG), Apple Slices, MILK - 1% over 2 /	B:	Kix Kix(WG), Bananas, MILK - 1% over 2 /
L:	Turkey Sandwich & Chopped Salad Turkey Lunchmeat, Buns/Rolls - Whole(WG), Tossed Salad, Pineapple, MILK - 1% over 2 /	L:	Beef & Potatoes Beef Stew Meat, Spanish Rice(WG), Potatoes, Apple Slices, MILK - 1% over 2 /	L:	Chicken Caesar Wrap Chicken Strips/Ten, Tortilla, Lettuce, Oranges, MILK - 1% over 2 /	L:	Pozole Chicken Soup, Tortilla Chips(WG), Cabbage, Pineapple, MILK - 1% over 2 / Early Release	L:	Cheese Pizza Mozzarella Cheese, Pizza Crust - Whol(WG), Tossed Salad, Tangerines, MILK - 1% over 2 /
P:	Cheez-its Cheez it's, Apple Juice	P:	Chips & Salsa Tortilla Chips, Salsa	P:	Cucumber & WG Crackers Whole Grain Cracke(WG), Cucumbers			P:	Graham Crackers & Apple Sauce Graham Crackers(WG), Applesauce
16		17		18		19		20	
B:	Corn Flakes Corn Flakes(WG), Bananas, MILK - 1% over 2 /	B:	Blueberry Pancakes Pancakes(WG), Mixed Fruit, MILK - 1% over 2 /	B:	Overnight Oats Oatmeal(WG), Tropical Fruit Mix, MILK - 1% over 2 /			B:	Kix Kix(WG), Bananas, MILK - 1% over 2 /
L:	Curry Chicken Chicken Breasts, Brown Rice(WG), Mixed Vegetables, Peaches, MILK - 1% over 2 /	L:	Baked Ziti & Tangerine Ground Beef, Pasta, Broccoli, Peaches, MILK - 1% over 2 /	L:	Tuna Sandwich Tuna, Buns/Rolls - Whole(WG), Cucumbers, Oranges, MILK - 1% over 2 /			L:	Cheese Pizza Mozzarella Cheese, Pizza Crust - Whol(WG), Tossed Salad, Tangerines, MILK - 1% over 2 /
P:	Trail Mix Whole Grain Chex m, Cranberries (whole	P:	Cucumber & WG Crackers Whole Grain Cracke(WG), Cucumbers	P:	Goldfish & Apple Juice Goldfish Crackers(WG), Apple Juice			P:	Graham Crackers & Apple Sauce Graham Crackers(WG), Applesauce

Monday		Tuesday		Wednesday		Thursday		Friday	
23		24		25		26		27	
B:	Corn Flakes Corn Flakes(WG), Bananas, MILK - 1% over 2 /	B:	WG Bagels Bagel - Whole Grai(WG), Peaches, MILK - 1% over 2 /	B:	Yogurt Parfait Yogurt, Pineapple, MILK - 1% over 2 /	B:	Pancakes Pancakes - Whole G(WG), Peaches, MILK - 1% over 2 /	B:	Kix Kix(WG), Bananas, MILK - 1% over 2 /
L:	Turkey Sandwich & Chopped Salad Turkey Lunchmeat, Buns/Rolls - Whole(WG), Garbanzo Beans, Pineapple, MILK - 1% over 2 /	L:	Beef Teriyaki & Brown Rice Beef Steak, Brown Rice(WG), Mixed Vegetables, Apple Slices, MILK - 1% over 2 /	L:	BBQ Pork Sandwich Pulled Pork, Hamburger Buns(WG), Potatoes, Apple Slices, MILK - 1% over 2 /	L:	Taco Salad Ground Beef, Tortilla Chips, Lettuce And Tomato, Mandarin Oranges, MILK - 1% over 2 / Early Release	L:	Cheese Pizza Mozzarella Cheese, Pizza Crust - Whol(WG), Tossed Salad, Tangerines, MILK - 1% over 2 /
P:	Graham Crackers & Milk Graham Crackers(WG), MILK - 1% over 2 /	P:	Goldfish & Apple Juice Goldfish Crackers(WG), Apple Juice	P:	Cheez-its Cheez it's, Applesauce			P:	Trail Mix Whole Grain Chex m(WG), Cranberries (whole
30									
B:	Corn Flakes Corn Flakes(WG), Bananas, MILK - 1% over 2 /								
L:	Quesadilla & Black Bean Salad Cheddar Cheese, Tortilla - Whole G(WG), Black Beans, Mandarin Oranges, MILK - 1% over 2 /								
P:	Pretzels & Apple Juice Pretzels - Whole G(WG), Apple Juice								