

Monday		Tuesday		Wednesday		Thursday		Friday	
3		4		5		6		7	
B:	Cheerios Cheerios(WG), Bananas, MILK - 1% over 2 /	B:	Blueberry Bread Banana Bread(WG), Pineapple, MILK - 1% over 2 /	B:	Yogurt Parfait Yogurt, Bananas, MILK - 1% over 2 /	B:	Breakfast Sandwich Chicken Sausage, English Muffin - W(WG), Apple Slices, MILK - 1% over 2 /	B:	WG Cereal Kix(WG), Bananas, MILK - 1% over 2 /
L:	Quesadilla & Black Bean Salad Cheddar Cheese, Tortilla - Whole G(WG), Black Beans, Mandarin Oranges, MILK - 1% over 2 /	L:	Orange Chicken & Brown Rice Chicken, Brown Rice(WG), Broccoli, Oranges, MILK - 1% over 2 /	L:	Spaghetti & Carrots Ground Beef, Spaghetti Noodles(WG), Carrots, Pears, MILK - 1% over 2 /	L:	Pozole Chicken Soup, Tortilla Chips(WG), Cabbage, Pineapple, MILK - 1% over 2 / Early Release	L:	Cheese Pizza Mozzarella Cheese, Pizza Crust - Whol(WG), Tossed Salad, Tangerines, MILK - 1% over 2 /
P:	Animal Crackers Animal Crackers, Apple Juice	P:	Hummus & Veggie Sticks Garbanzo Beans, Raw Vegetables	P:	Sunflower Butter & WG Crackers Crackers - Whole G(WG), MILK - 1% over 2 /			P:	Goldfish & Raisins Goldfish Crackers(WG), Raisins + Fruit/Ve
10		11		12		13		14	
B:	Corn Flakes Corn Flakes(WG), Bananas, MILK - 1% over 2 /	B:	Bagels Bagel - Whole Grai(WG), Peaches, MILK - 1% over 2 /	B:	Oatmeal & Raisins Oatmeal(WG), Raisins + Fruit/Ve, MILK - 1% over 2 /	B:	Pumpkin Bread Muffin - Whole Gra(WG), Peaches, MILK - 1% over 2 /	B:	Kix Kix(WG), Bananas, MILK - 1% over 2 /
L:	Ham Sandwich & Vegetable Soup Ham & Cheese, Buns/Rolls - Whole(WG), Mixed Vegetables, Pineapple, MILK - 1% over 2 /	L:	Baked Ziti Ground Beef, Pasta, Broccoli, Apple Slices, MILK - 1% over 2 /	L:	Green Pozole Chicken, Tortilla Chips(WG), Cabbage, Mixed Fruit, MILK - 1% over 2 /	L:	Lomo Saltado Beef Steak, Spanish Rice(WG), Potatoes, Apple Slices, MILK - 1% over 2 / Early Release	L:	Pepperoni Pizza Mozzarella Cheese, Pizza Crust - Whol(WG), Salad with Ranch D. Tangerines, MILK - 1% over 2 /
P:	Pretzels & Apple Juice Pretzels - Whole G(WG), Apple Juice	P:	Graham Crackers & Milk Graham Crackers(WG), MILK - 1% over 2 /	P:	Cucumber & WG Crackers Whole Grain Cracke(WG), Cucumbers			P:	Trail Mix Whole Grain Chex m(WG), Cranberries (whole
17		18		19		20		21	
B:	Cheerios Cheerios(WG), Bananas, MILK - 1% over 2 /	B:	Bagels Bagel - Whole Grai(WG), Peaches, MILK - 1% over 2 /	B:	Yogurt Parfait Yogurt, Apples, MILK - 1% over 2 /	B:	Pancakes Pancakes - Whole G(WG), Peaches, MILK - 1% over 2 /	B:	WG Cereal Kix(WG), Bananas, MILK - 1% over 2 /
L:	Bean/Cheese Burrito Bean & Cheese Burr, Tortilla - Whole G(WG), Zucchini Squash, Pineapple, MILK - 1% over 2 /	L:	Tuscan Chicken Pasta Chicken Breasts, Pasta, Zucchini Squash, Pears, MILK - 1% over 2 /	L:	Celery Stew Beef Stew Meat, Brown Rice(WG), Celery, Pineapple, MILK - 1% over 2 /	L:	Chicken Sandwich & Coleslaw Chicken, Buns/Rolls - Whole(WG), Cole Slaw, Oranges, MILK - 1% over 2 / Early Release	L:	Cheese Pizza Mozzarella Cheese, Pizza Crust - Whol(WG), Tossed Salad, Tangerines, MILK - 1% over 2 /
P:	Goldfish & Apple Juice Goldfish Crackers(WG), Apple Juice	P:	WG Crackers & String Cheese String Cheese, Crackers - Whole G(WG)	P:	Chips & Salsa Tortilla Chips, Salsa			P:	WG Crackers & Apple Sauce Oyster Crackers, Applesauce

Monday		Tuesday		Wednesday		Thursday		Friday	
24	B: Corn Flakes Corn Flakes(WG), Bananas, MILK - 1% over 2 / L: Grilled Cheese & Tomatoes Soup Cheddar Cheese, Buns/Rolls - Whole(WG), Tomato Soup, Peaches, MILK - 1% over 2 / P: Animal Crackers & Milk Animal Crackers, MILK - 1% over 2 /	25	B: Pancakes Pancakes - Whole G(WG), Pineapple, MILK - 1% over 2 / L: Beef Teriyaki & Brown Rice Beef Steak, Brown Rice(WG), Mixed Vegetables, Apple Slices, MILK - 1% over 2 / P: Trail Mix & Apple Juice Whole Grain Chex m(WG), Apple Juice	26	B: Overnight Oats Oatmeal(WG), Peaches, MILK - 1% over 2 / L: Turkey & Mashed Potatoes Turkey Roast, Biscuits, Mashed Potatoes, Oranges, MILK - 1% over 2 / P: Cheez-Its & Cranberries Cheez it's, Cranberries (whole	27		28	