

| Monday                                                                                                                                                                                                                                                                                                                              | Tuesday                                                                                                                                                                                                                                                                                                              | Wednesday                                                                                                                                                                                                                                                                                                                  | Thursday                                                                                                                                                                                                                                                                           | Friday                                                                                                                                                                                                                                                                                                    |
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|                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                      | <b>1</b><br><b>B:</b> <b>Quesadilla</b><br>Cheddar Cheese, Tortilla(WG), Pineapple,<br>MILK - 1% over 2 /<br><b>L:</b> <b>Roasted Chicken &amp; Rice Pilaf</b><br>Chicken Legs, Brown Rice(WG), Peas,<br>Oranges, MILK - 1% over 2 /<br><b>P:</b> <b>Pretzels &amp; Apple Juice</b><br>Pretzels - Whole G(WG), Apple Juice | <b>2</b><br><b>B:</b> <b>French Toast Bites</b><br>French Toast - Who(WG), Fruit Salad,<br>MILK - 1% over 2 /<br><b>L:</b> <b>Cheeseburgers &amp; Potatoes Wedges</b><br>Hamburger Patties, Hamburger Buns,<br>Potatoes, Peaches, MILK - 1% over 2 /<br>Early Release<br><b>P:</b> | <b>3</b><br><b>B:</b> <b>Kix</b><br>Kix(WG), Bananas, MILK - 1% over 2 /<br><b>L:</b> <b>Cheese Pizza</b><br>Mozzarella Cheese, Pizza Crust -<br>Whol(WG), Tossed Salad, Tangerines,<br>MILK - 1% over 2 /<br><b>P:</b> <b>Goldfish &amp; Raisins</b><br>Goldfish Crackers(WG), Raisins +<br>Fruit/Ve     |
| <b>6</b><br><b>B:</b> <b>Cheerios</b><br>Cheerios(WG), Bananas, MILK - 1%<br>over 2 /<br><b>L:</b> <b>Grilled Cheese &amp; Tomatoes Soup</b><br>Cheddar Cheese, Buns/Rolls -<br>Whole(WG), Tomato Soup, Peaches,<br>MILK - 1% over 2 /<br><b>P:</b> <b>Pretzels &amp; Apple Juice</b><br>Pretzels - Whole G(WG), Apple Juice        | <b>7</b><br><b>B:</b> <b>Bagels</b><br>Bagel - Whole Grai(WG), Pineapple, MILK<br>- 1% over 2 /<br><b>L:</b> <b>Orange Chicken &amp; Brown Rice</b><br>Chicken, Brown Rice(WG), Broccoli,<br>Pears, MILK - 1% over 2 /<br><b>P:</b> <b>Cucumber &amp; WG Crackers</b><br>Whole Grain Cracke(WG), Cucumbers           | <b>8</b><br><b>B:</b> <b>Yogurt Parfait</b><br>Yogurt, Bananas, MILK - 1% over 2 /<br><b>L:</b> <b>Spaghetti &amp; Carrots</b><br>Ground Beef, Spaghetti Noodles(WG),<br>Carrots, Oranges, MILK - 1% over 2 /<br><b>P:</b> <b>Animal Crackers &amp; Milk</b><br>Animal Crackers, MILK - 1% over 2 /                        | <b>9</b><br><b>B:</b> <b>Sausage Pancakes</b><br>Chicken Sausage, Pancakes - Whole<br>G(WG), Apple Slices, MILK - 1% over 2 /<br><b>L:</b> <b>Pozole</b><br>Chicken Soup, Tortilla Chips(WG),<br>Cabbage, Pineapple, MILK - 1% over 2 /<br>Early Release<br><b>P:</b>              | <b>10</b><br><b>B:</b> <b>Kix</b><br>Kix(WG), Bananas, MILK - 1% over 2 /<br><b>L:</b> <b>Pepperoni Pizza</b><br>Mozzarella Cheese, Pizza Crust -<br>Whol(WG), Salad with Ranch D,<br>Tangerines, MILK - 1% over 2 /<br><b>P:</b> <b>Graham Crackers &amp; Apple Sauce</b><br>Graham Crackers, Applesauce |
| <b>13</b><br><b>B:</b> <b>Corn Flakes</b><br>Corn Flakes(WG), Bananas, MILK - 1%<br>over 2 /<br><b>L:</b> <b>Bean/Cheese Burrito</b><br>Bean & Cheese Burr, Tortilla - Whole<br>G(WG), Zucchini Squash, Pineapple,<br>MILK - 1% over 2 /<br><b>P:</b> <b>Goldfish &amp; Raisins</b><br>Goldfish Crackers(WG), Raisins +<br>Fruit/Ve | <b>14</b><br><b>B:</b> <b>Banana Bread</b><br>Banana Bread(WG), Peaches, MILK - 1%<br>over 2 /<br><b>L:</b> <b>Sloppy Joe</b><br>Beef Sloppy Joes, Hamburger<br>Buns(WG), Corn, Pears, MILK - 1% over<br>2 /<br><b>P:</b> <b>Sunflower Butter &amp; WG Crackers</b><br>Crackers - Whole G(WG), MILK - 1%<br>over 2 / | <b>15</b><br><b>B:</b> <b>Oatmeal &amp; Raisins</b><br>Oatmeal(WG), Raisins + Fruit/Ve, MILK -<br>1% over 2 /<br><b>L:</b> <b>Chicken Shawarma</b><br>Chicken Thighs, Tortilla, Cucumbers,<br>Oranges, MILK - 1% over 2 /<br><b>P:</b> <b>Chips &amp; Salsa</b><br>Tortilla Chips, Salsa                                   | <b>16</b><br><b>B:</b> <b>Quesadilla</b><br>Cheddar Cheese, Tortilla(WG), Pineapple,<br>MILK - 1% over 2 /<br><b>L:</b> <b>Beef Stroganoff</b><br>Beef Steak, Pasta, Peas, Apple Slices,<br>MILK - 1% over 2 /<br>Early Release<br><b>P:</b>                                       | <b>17</b><br><b>B:</b> <b>Kix</b><br>Kix(WG), Bananas, MILK - 1% over 2 /<br><b>L:</b> <b>Cheese Pizza</b><br>Mozzarella Cheese, Pizza Crust -<br>Whol(WG), Lettuce And Tomato,<br>Tangerines, MILK - 1% over 2 /<br><b>P:</b> <b>Trail Mix</b><br>Whole Grain Chex m(WG), Cranberries<br>(whole)         |

| Monday    |                                                                                                                               | Tuesday   |                                                                                                        | Wednesday |                                                                                             | Thursday  |                                                                                                                                             | Friday    |                                                                                                                         |
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| <b>20</b> |                                                                                                                               | <b>21</b> |                                                                                                        | <b>22</b> |                                                                                             | <b>23</b> |                                                                                                                                             | <b>24</b> |                                                                                                                         |
| B:        | <b>Cheerios</b><br>Cheerios(WG), Bananas, MILK - 1% over 2 /                                                                  | B:        | <b>Bagels</b><br>Bagel - Whole Grai(WG), Peaches, MILK - 1% over 2 /                                   | B:        | <b>Yogurt Parfait</b><br>Yogurt, Apples, MILK - 1% over 2 /                                 | B:        | <b>French Toast Bites</b><br>French Toast - Who(WG), Peaches, MILK - 1% over 2 /                                                            | B:        | <b>WG Cereal</b><br>Kix(WG), Bananas, MILK - 1% over 2 /                                                                |
| L:        | <b>Ham Sandwich &amp; Cucumber Salad</b><br>Ham & Cheese, Buns/Rolls - Whole(WG), Cucumbers, Oranges, MILK - 1% over 2 /      | L:        | <b>Baked Alfredo &amp; Peas</b><br>Chicken Breasts, Pasta Shells, Peas, Pears, MILK - 1% over 2 /      | L:        | <b>Celery Stew</b><br>Beef Stew Meat, Brown Rice(WG), Celery, Pineapple, MILK - 1% over 2 / | L:        | <b>Chicken Parmesan Sandwich</b><br>Chicken Nuggets, Buns/Rolls - Whole(WG), Mixed Vegetables, Oranges, MILK - 1% over 2 /<br>Early Release | L:        | <b>Pepperoni Pizza</b><br>Mozzarella Cheese, Pizza Crust - Whol(WG), Salad with Ranch D, Tangerines, MILK - 1% over 2 / |
| P:        | <b>WG Crackers &amp; String Cheese</b><br>String Cheese, Crackers - Whole G(WG)                                               | P:        | <b>Hummus</b><br>Garbanzo Beans, Whole Grain Cracke(WG)                                                | P:        | <b>Graham Crackers &amp; Milk</b><br>Graham Crackers(WG), MILK - 1% over 2 /                |           |                                                                                                                                             | P:        | <b>WG Crackers &amp; Apple Sauce</b><br>Oyster Crackers, Applesauce                                                     |
| <b>27</b> |                                                                                                                               | <b>28</b> |                                                                                                        | <b>29</b> |                                                                                             | <b>30</b> |                                                                                                                                             | <b>31</b> |                                                                                                                         |
| B:        | <b>Corn Flakes</b><br>Corn Flakes(WG), Bananas, MILK - 1% over 2 /                                                            | B:        | <b>Conchas</b><br>Buns/Rolls - Whole(WG), Pineapple, MILK - 1% over 2 /                                | B:        | <b>Overnight Oats</b><br>Oatmeal(WG), Tropical Fruit Mix, MILK - 1% over 2 /                | B:        | <b>Banana Bread</b><br>Banana Bread(WG), Peaches, MILK - 1% over 2 /                                                                        | B:        | <b>WG Cereal</b><br>Kix(WG), Bananas, MILK - 1% over 2 /                                                                |
| L:        | <b>Grilled Cheese &amp; Tomatoes Soup</b><br>Cheddar Cheese, Buns/Rolls - Whole(WG), Tomato Soup, Peaches, MILK - 1% over 2 / | L:        | <b>Chicken Chili Verde</b><br>Chicken, Spanish Rice(WG), Pinto Beans, Apple Slices, MILK - 1% over 2 / | L:        | <b>Baked Ziti</b><br>Ground Beef, Pasta, Broccoli, Mandarin Oranges, MILK - 1% over 2 /     | L:        | <b>Curry Chicken</b><br>Chicken Breasts, Brown Rice(WG), Mixed Vegetables, Apple Slices, MILK - 1% over 2 /<br>Early Release                | L:        | <b>Cheese Pizza</b><br>Mozzarella Cheese, Pizza Crust - Whol(WG), Lettuce And Tomato, Tangerines, MILK - 1% over 2 /    |
| P:        | <b>Animal Crackers</b><br>Animal Crackers, Apple Juice                                                                        | P:        | <b>Pretzels &amp; String Cheese</b><br>String Cheese, Pretzels - Hard                                  | P:        | <b>WG Crackers &amp; Apple Sauce</b><br>Oyster Crackers, Applesauce                         |           |                                                                                                                                             | P:        | <b>Trail Mix</b><br>Whole Grain Chex m(WG), Cranberries (whole)                                                         |