

Dementia Caregiver Support & Brain Health Education



Visit AmazingPlaceHouston.org for schedule updates or to register.

CAREGIVER SUPPORT

Savvy Caregiver	Amazing Place West	9/23/25 (6 sessions), 11am - 1pm
Savvy Express	Virtual	10/16/25 (3 sessions), 1 -3pm
Caregivers Connect - Good Grief!	Amazing Place West	10/23/25, 10 - 11:30am
Savvy Express	Amazing Place West	11/5/25 (3 sessions), 10am - noon
Caregivers Connect - Magic Words for the Holidays	Amazing Place West	12/2/25, 10 - 11:30am
Support Group - Monthly, Third Tuesday	Amazing Place West	Starts 9/16/25, 2 - 3:30pm

BRAIN HEALTH EDUCATION

Food for a Healthier Brain	Amazing Place West	9/18/25, Noon - 1pm
Aging Roadmap	Amazing Place West	9/18/25 (3 sessions), 1:30 - 3:30pm
Women and Dementia	Amazing Place West	10/9/25, noon - 1pm
Practical Tips for a Healthier You	Amazing Place West	10/23/25, noon - 1pm
Navigating Your Aging Journey	Virtual	10/28/25, noon - 1pm
Aging Roadmap	Amazing Place West	10/30/25 (3 sessions), 1:30 - 3:30pm
Memory Enhancement Training	Amazing Place West	11/5/25 (2 sessions), 1:30 - 3:30pm
Sensory Health and Your Brain	Amazing Place West	11/6/25, noon - 1:00pm

SERVICIOS EN ESPAÑOL

Cuidando con Respeto;	Amazing Place West	10/4/25 (3 sessions), 10am - noon
¡Conectandonos como Cuidadores!	Amazing Place West	11/8/25, 10 - 11:30am
¡Conectandonos como Cuidadores!	Amazing Place West	12/6/25, 10 - 11:30am
Grupo de Apoyo - Monthly, Third Friday	Amazing Place West	Starts 9/19/2025, noon-1pm

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Founded in 1996, Amazing Place is a faith-based 501(c)(3) nonprofit organization and gratefully receives its support from individuals, foundations and corporations. Amazing Place is governed by 16 churches and 5 At-Large individuals. To learn more about Amazing Place and how to support its mission, visit amazingplacehouston.org or scan code at right.

