

Girls on the Run®

POWER, PURPOSE, AND POTENTIAL

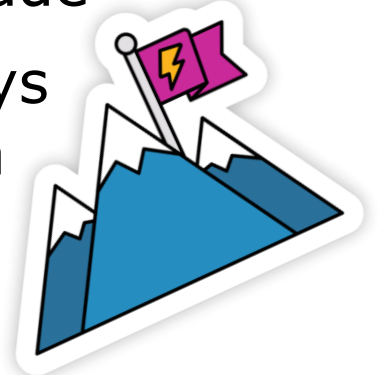
For Girls in 3rd, 4th, and 5th grade

Mondays and Wednesdays
From 3:30pm-5:00pm

March 26 - May 31

Location: Northwood School
5K Celebration Event: May 31

New Hampshire Motor Speedway in Loudon, NH



Girls on the Run is a girl-empowerment organization that inspires participants to be joyful, healthy, and confident using evidence-based lessons that combine relationship building, community strengthening, and goal setting with physical movement.

To learn more about Girls on the Run, registration or financial assistance, please visit our website: www.girlsontherunnh.org



Girls on the Run is for EVERY girl!



For questions related directly to the Northwood Program, contact Caitlin Cormier (Caitlin.cormier@hotmail.com) or northwoodgotr@gmail.com) or Emma Wheeler (ewheeler@northwood.k12.nh.us)! We look forward to bringing a team to Northwood!