

Monday

Tuesday

Wednesday

Thursday

Friday

# September 2022

All meals are served with assorted  
fruit and choice of milk.

## Salad Bar

available during  
lunch

5

**Choice A**  
Chicken Patty Sandwich  
Tater Tots  
**Choice B**  
Hot Dog on Bun  
**Choice C**  
✓Sunbutter and Jelly Sandwich  
✓Fruit & Yogurt Parfait  
✓Three Cheese Garden Salad

6

**Choice A**  
Chicken Quesadilla  
Confetti Corn  
Salsa & Sour Cream  
**Choice B**  
BBQ Pulled Pork Sandwich  
**Choice C**  
Ham & Cheese Sandwich  
✓Fruit & Yogurt Parfait  
Bacon & Cheese Garden Salad

7

**Choice A**  
✓Homemade Mac & Cheese  
Broccoli  
**Choice B**  
Hot Dog on Bun  
**Choice C**  
Ham & Cheese Sandwich  
✓Fruit & Yogurt Parfait  
Bacon & Cheese Garden Salad

8

**Choice A**  
Cheeseburger on Bun  
French Fries  
**Choice B**  
Chicken Patty Sandwich  
**Choice C**  
Ham & Cheese Sandwich  
✓Fruit & Yogurt Parfait  
Bacon & Cheese Garden Salad

9

**Choice A**  
✓Cheese Pizza  
Pepperoni Pizza  
**Choice B**  
Ham & Cheese Sandwich  
**Choice C**  
✓Fruit & Yogurt Parfait  
**Choice D**  
Bacon & Cheese Garden Salad  
Baby Carrots

12

**Choice A**  
Chicken Patty Sandwich  
Tater Tots  
**Choice B**  
Hot Dog on Bun  
**Choice C**  
✓Sunbutter and Jelly Sandwich  
✓Fruit & Yogurt Parfait  
✓Three Cheese Garden Salad

13



14

**Choice A**  
Chicken, Broccoli, Alfredo with  
Pasta  
Broccoli  
**Choice B**  
Meatball Sub  
**Choice C**  
✓Sunbutter and Jelly Sandwich  
✓Fruit & Yogurt Parfait  
✓Three Cheese Garden Salad

15

**Choice A**  
Sweet & Sour Chicken w. Veg  
Fried Rice  
Green Beans  
**Choice B**  
Cheeseburger on Bun  
**Choice C**  
✓Sunbutter and Jelly Sandwich  
✓Fruit & Yogurt Parfait  
✓Three Cheese Garden Salad

16

**Choice A**  
✓Cheese Pizza  
Pepperoni Pizza  
**Choice B**  
✓Sunbutter and Jelly Sandwich  
**Choice C**  
✓Fruit & Yogurt Parfait  
**Choice D**  
✓Three Cheese Garden Salad  
Baby Carrots

19

**Choice A**  
French Toast with Sausages  
Tater Tots  
Pancake Syrup  
**Choice B**  
✓Crispy Fish Sticks w. Dinner  
Roll  
**Choice C**  
Turkey & Cheese Sandwich  
✓Fruit & Yogurt Parfait  
✓Caesar Salad

20

**Choice A**  
Roasted Chicken Burrito Bowl  
Seasoned Black Beans  
Sweet Corn  
Taco Toppings  
**Choice B**  
Chicken Nuggets & Dinner Roll  
**Choice C**  
Turkey & Cheese Sandwich  
✓Fruit & Yogurt Parfait  
✓Caesar Salad

21

**Choice A**  
Baked Ziti  
Broccoli  
**Choice B**  
Hot Dog on Bun  
**Choice C**  
Turkey & Cheese Sandwich  
✓Fruit & Yogurt Parfait  
✓Caesar Salad

22

**Choice A**  
Roasted Turkey Dinner with a  
Biscuit  
Mashed Redskin Potatoes  
**Choice B**  
Cheeseburger on Bun  
**Choice C**  
Turkey & Cheese Sandwich  
✓Fruit & Yogurt Parfait  
✓Caesar Salad

23

**Choice A**  
✓Cheese Pizza  
Pepperoni Pizza  
**Choice B**  
Turkey & Cheese Sandwich  
**Choice C**  
✓Fruit & Yogurt Parfait  
**Choice D**  
✓Caesar Salad  
Watermelon Wedge  
Baby Carrots

26

**Choice A**  
Cheeseburger on Bun  
French Fries  
**Choice B**  
Chili & Cheese Potato w. A Biscuit  
**Choice C**  
✓Three Cheese Garden Salad  
✓Fruit & Yogurt Parfait  
✓Sunbutter and Jelly Sandwich  
Applesauce

27

**Choice A**  
Beef & Cheese Nachos  
Sweet Corn  
Seasoned Black Beans  
Salsa & Sour Cream  
**Choice B**  
Chicken Patty Sandwich  
**Choice C**  
✓Sunbutter and Jelly Sandwich  
✓Fruit & Yogurt Parfait  
✓Three Cheese Garden Salad

28

**Choice A**  
Chicken Parm with Pasta  
Broccoli  
**Choice B**  
Hot Dog on Bun  
**Choice C**  
✓Sunbutter and Jelly Sandwich  
✓Fruit & Yogurt Parfait  
✓Three Cheese Garden Salad

29

**Choice A**  
✓Cheese Pizza  
Pepperoni Pizza  
Carrots  
**Choice C**  
✓Sunbutter and Jelly Sandwich  
✓Fruit & Yogurt Parfait  
✓Three Cheese Garden Salad

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