

Girls on the Run®

Power, Purpose, and Potential

For Girls in Grades 3, 4, and 5

Tuesdays and Thursdays

From 3:30 - 5:00 pm

At Northwood School



Lottery Runs

March 10

First Practice: Tuesday, March 24

Final 5K Celebration: May 30
Memorial Field in Concord, NH



Registration Ends

March 29

Girls on the Run inspires participants to be joyful, healthy, and confident using a fun, evidence-based curriculum that creatively integrates movement. Financial aid is available to all using an income-based sliding scale during the registration process.

To learn more or register, please visit our website:

www.girlsontherunnh.org



Girls on the Run is for EVERY girl!

Girls on the Run is not a school/district sponsored activity.

