

Monday

Tuesday

Wednesday

Thursday

Friday

September 2022

All meals are served with assorted fruit
and choice of milk.

5		6	✓ Assorted Cereal & String Cheese ✓ Apple & Oat Breakfast Bar	7	Sausage, Egg & Cheese on an English Muffin ✓ Assorted Cereal & String Cheese ✓ Apple & Oat Breakfast Bar	8	✓ Fresh Baked Muffin ✓ Assorted Cereal & String Cheese ✓ Apple & Oat Breakfast Bar	9	✓ Wake Up Yogurt Parfait ✓ Assorted Cereal & String Cheese ✓ Apple & Oat Breakfast Bar
12	✓ Blueberry Muffin Tops ✓ Assorted Cereal & String Cheese ✓ Apple & Oat Breakfast Bar	13		14	Sausage, Egg & Cheese on an English Muffin ✓ Assorted Cereal & String Cheese ✓ Apple & Oat Breakfast Bar	15	✓ Assorted Cereal & String Cheese ✓ Apple & Oat Breakfast Bar	16	✓ Maple Cinnamon Donut ✓ Assorted Cereal & String Cheese ✓ Apple & Oat Breakfast Bar
19	✓ Warm Cinnamon Bun ✓ Assorted Cereal & String Cheese ✓ Apple & Oat Breakfast Bar	20	✓ Mini Pancakes ✓ Assorted Cereal & String Cheese ✓ Apple & Oat Breakfast Bar Pancake Syrup	21	Sausage, Egg & Cheese on an English Muffin ✓ Assorted Cereal & String Cheese ✓ Apple & Oat Breakfast Bar	22	✓ Assorted Cereal & String Cheese ✓ Apple & Oat Breakfast Bar	23	✓ Assorted Cereal & String Cheese ✓ Wake Up Yogurt Parfait ✓ Apple & Oat Breakfast Bar
26	✓ Maple Cinnamon Donut ✓ Assorted Cereal & String Cheese ✓ Apple & Oat Breakfast Bar	27	✓ Mini Pancakes ✓ Assorted Cereal & String Cheese ✓ Apple & Oat Breakfast Bar	28	✓ Cinnamon Donut ✓ Assorted Cereal & String Cheese ✓ Apple & Oat Breakfast Bar	29	✓ French Toast Sticks Pancake Syrup ✓ Assorted Cereal & String Cheese ✓ Apple & Oat Breakfast Bar	30	

This Institution is an Equal Opportunity