

January 2020

Northwood School Lunch

Menu Pricing ES Breakfast Price: \$1.35 ES Breakfast Reduced: \$0.00 Adult Breakfast: \$1.75 ES Lunch Price: \$2.50 ES Lunch Reduced: \$0.40 Adult Price: \$3.75

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 New Year's Day - No School	2 Signature Picks • BBQ Pulled Pork Sandwich Side Picks • French Fries • Assorted Fresh Fruit Deli Picks • Cheeseburger on Bun • Fruit & Yogurt Parfait • Sun Butter & Jelly Sandwich Salad Picks • Bacon & Cheese Garden Salad • Garden Chef Salad with Cheese • The Better Cheddar Lunchbox	3 Signature Picks • Cheese Pizza • Pepperoni Pizza Side Picks • Green Beans • Assorted Fresh Fruit Deli Picks • Bacon, Egg & Cheese on English Muffin • Sun Butter & Jelly Sandwich Salad Picks • Chicken Bacon Ranch Garden Salad • Garden Chef Salad with Cheese • The Better Cheddar Lunchbox
6 Signature Picks • BBQ Chicken • Seasoned Rice Side Picks • Carrots • Assorted Fresh Fruit Deli Picks • Chicken Patty on Bun • Sun Butter & Jelly Sandwich Salad Picks • Three Cheese Garden Salad • Garden Chef Salad with Cheese • Yogurt Dipper Lunchbox	7 Signature Picks • Chicken Fajitas • Cilantro Rice Side Picks • Cumin Roasted Corn • Assorted Fresh Fruit Deli Picks • Hot Dog on a Bun • Sun Butter & Jelly Sandwich Salad Picks • Chicken Caesar Salad • Garden Chef Salad with Cheese • Yogurt Dipper Lunchbox	8 Signature Picks • Pasta • Meatballs • Marinara Sauce Side Picks • Broccoli • Assorted Fresh Fruit Deli Picks • Grilled Cheese Sandwich • Sun Butter & Jelly Sandwich Salad Picks • Ham & Cheese Garden Salad • Garden Chef Salad with Cheese • Yogurt Dipper Lunchbox	9 Signature Picks • Classic Shepherd's Pie • Homestyle Biscuit Side Picks • Garden Salad • Assorted Fresh Fruit Deli Picks • Cheeseburger on Bun • Fruit & Yogurt Parfait • Sun Butter & Jelly Sandwich Salad Picks • Bacon & Cheese Garden Salad • Garden Chef Salad with Cheese • Yogurt Dipper Lunchbox	10 Signature Picks • Cheese Pizza • Pepperoni Pizza Side Picks • Cucumber Wedges • Roasted Chickpeas • Assorted Fresh Fruit Deli Picks • Bacon, Egg & Cheese on English Muffin • Sun Butter & Jelly Sandwich Salad Picks • Chicken Bacon Ranch Garden Salad • Garden Chef Salad with Cheese • Yogurt Dipper Lunchbox
13 Signature Picks • Chicken Patty on Bun Side Picks • Tater Tots • Assorted Fresh Fruit Deli Picks • Cafe Kids Plate • Sun Butter & Jelly Sandwich Salad Picks • Three Cheese Garden Salad • Garden Chef Salad with Cheese • The Pizza Stacker Lunchbox	14 Signature Picks • Chicken Quesadilla • Salsa and Sour Cream • Mexicali Rice Side Picks • Cheesy Refried Beans • Carrots • Assorted Fresh Fruit Deli Picks • Hot Dog on a Bun • Sun Butter & Jelly Sandwich Salad Picks • Chicken Caesar Salad • Garden Chef Salad with Cheese • The Pizza Stacker Lunchbox	15 Signature Picks • Chicken Cacciatore • Penne Pasta Side Picks • Caesar Salad • Assorted Fresh Fruit Deli Picks • Grilled Cheese Sandwich • Sun Butter & Jelly Sandwich Salad Picks • Ham & Cheese Garden Salad • Garden Chef Salad with Cheese • The Pizza Stacker Lunchbox	16 Signature Picks • Crispy Fish Sticks • Seasoned Rice Side Picks • Tater Tots • Assorted Fresh Fruit Deli Picks • Fruit & Yogurt Parfait • Sun Butter & Jelly Sandwich Salad Picks • Bacon & Cheese Garden Salad • Garden Chef Salad with Cheese • The Pizza Stacker Lunchbox	17 Signature Picks • Cheese Pizza • Pepperoni Pizza Side Picks • Celery Sticks • Assorted Fresh Fruit Deli Picks • Bacon, Egg & Cheese on English Muffin • Sun Butter & Jelly Sandwich Salad Picks • Chicken Bacon Ranch Garden Salad • Garden Chef Salad with Cheese • The Pizza Stacker Lunchbox

20

MLK Day - No School

21

- Signature Picks**
- Chicken Fajitas
 - Fajita Fixings
 - Mexicali Rice
- Side Picks**
- Sweet Corn
 - Orange Wedges
- Deli Picks**
- Hot Dog on a Bun
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Chicken Caesar Salad
 - Garden Chef Salad with Cheese
 - The Better Cheddar Lunchbox

22

- Signature Picks**
- American Chop Suey
- Side Picks**
- Caesar Salad
 - Assorted Fresh Fruit
- Deli Picks**
- Grilled Cheese Sandwich
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Ham & Cheese Garden Salad
 - Garden Chef Salad with Cheese
 - The Better Cheddar Lunchbox

23

- Chinese New Year!**
- General Tso's Chicken
 - Vegetable Fried Rice
- Side Picks**
- Ginger Carrots
 - Chilled Pineapple
- Deli Picks**
- Cheeseburger on Bun
 - Fruit & Yogurt Parfait
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Bacon & Cheese Garden Salad
 - Garden Chef Salad with Cheese
 - The Better Cheddar Lunchbox

24

- Signature Picks**
- Cheese Pizza
 - Pepperoni Pizza
- Side Picks**
- Roasted Chickpeas
 - Cucumber Wedges
 - Assorted Fresh Fruit
- Deli Picks**
- Bacon, Egg & Cheese on English Muffin
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Chicken Bacon Ranch Garden Salad
 - Garden Chef Salad with Cheese
 - The Pizza Stacker Lunchbox

27

- Signature Picks**
- Cuban Sandwich
- Side Picks**
- Tater Tots
 - Assorted Fresh Fruit
- Deli Picks**
- Chicken Patty on Bun
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Three Cheese Garden Salad
 - Garden Chef Salad with Cheese
 - Yogurt Dipper Lunchbox

28

- Signature Picks**
- Soft Beef Taco
 - Taco Fixings
 - Cilantro Rice
- Side Picks**
- Sweet Corn
 - Assorted Fresh Fruit
- Deli Picks**
- Hot Dog on a Bun
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Chicken Caesar Salad
 - Garden Chef Salad with Cheese
 - Yogurt Dipper Lunchbox

29

- Signature Picks**
- Baked Ziti w/ Meat Sauce
- Side Picks**
- Broccoli
 - Assorted Fresh Fruit
- Deli Picks**
- Grilled Cheese Sandwich
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Ham & Cheese Garden Salad
 - Garden Chef Salad with Cheese
 - Yogurt Dipper Lunchbox

30

- Signature Picks**
- Sloppy Joe on Bun
- Side Picks**
- Maple Baked Beans
 - Garden Salad
 - Assorted Fresh Fruit
- Deli Picks**
- Cheeseburger on Bun
 - Fruit & Yogurt Parfait
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Bacon & Cheese Garden Salad
 - Garden Chef Salad with Cheese
 - Yogurt Dipper Lunchbox

31

- Signature Picks**
- Cheese Pizza
 - Pepperoni Pizza
- Side Picks**
- Carrots
 - Assorted Fresh Fruit
- Deli Picks**
- Bacon, Egg & Cheese on English Muffin
 - Sun Butter & Jelly Sandwich
- Salad Picks**
- Chicken Bacon Ranch Garden Salad
 - Garden Chef Salad with Cheese
 - Yogurt Dipper Lunchbox

Daily Beverage Options: Milk, Skim, Milk, 1%, Milk, Fat Free Chocolate

More Details: northwoodk12.nutrislice.com/menu/northwood-school/lunch/

Layout, design & code & copy; Nutrislice, Inc. Private and non-commercial uses permitted.

This institution is an equal opportunity provider.