

## **NH Thunder**

### **Track & Field Program is now accepting Registrations**

The NH Thunder Track and Field Program is currently taking registrations for the 2023 Track & Field season. More information and online registration is available on our website: [www.nhthunder.com](http://www.nhthunder.com)

*Or you can print out and return the registration form with the program fee of \$55.00 which includes: new uniforms (\$40.00 if you have last year's uniform tank) and meet fees - made payable to **NH Thunder, PO Box 173, Strafford, NH 03884.***

***Registrations will also be taken the first night of practice.***

**The program will begin Monday, April 17th and run thru May 25th .**

The Track and Field program is open to boys and girls kindergarten through 8<sup>th</sup> Grade.

Practices will be held Monday and Thursdays from 5:15-6:45pm with 2 track meets throughout the season. There will be some Wednesday practices due to Coe Brown Athletes Meet Schedule. Practices are held at the Coe Brown Northwood Academy Track. The meets will also be held at Coe Brown. Times will be subject to change due to High School meets and availability of CBNA athletes.

The Track & Field program is USATF certified. This is a great opportunity to participate in any, and all, track and field events you may be interested in, such as shot put, javelin, long jump, discus, running events, and hurdles. Events will be chosen by the guidance of the coaches and athletes together.

***~The track program only works if we have interested parents to volunteer to help with measuring, timing and supervising the different age groups. No experience is necessary. The Coe Brown athletes also help to make this program a success.***

We are excited to continue to build our NH Thunder running program, our emphasis is completely on fun and participation. We are looking forward to another great year.

Please call Karyn Fisher at 664-6993 or email [5fishers@metrocast.net](mailto:5fishers@metrocast.net) with questions or concerns.