

EMMET COUNTY PARKS & REC
PRESENTS

SOUL CARE

WITH

NOURISH
EAT. MOVE. THRIVE.

THURSDAY, APRIL 25
6-8 PM
\$40/PERSON

Enjoy 60 minutes of relaxing, restorative yoga movement while Nathan Towne plays his soothing guitar music.

After class, enjoy a freshly made family style dinner of: Salad, Loaded Potato Soup, Chicken Alfredo and Cheesecake.

SPACE IS LIMITED!
MAKE SURE TO RSVP AT:
231.340.1191

Payment is due at time of reservation to guarantee your seat.

Credit card accepted by phone.

HEADLANDS
International Dark Sky Park

