



# ABLE CLUB

JUNE 2024 NEWSLETTER

Hi, I'm Rachael. I'm the Adult Program Coordinator here at Northshore Families Helping Families.

This group is for individuals with developmental disabilities ages 16 and up and we have events every month for those who want to attend. Many of our members' families and support workers attend our events too.



## Book Club and Coffee

Every Wednesday  
Except Holidays  
1:00PM - 2:00PM

St John's Coffeehouse  
535 E. Boston St.  
Covington, La 70433



For more details, contact Rachel at 985-875-0511 or by email at [rachaelsykes@fhfnorthshore.org](mailto:rachaelsykes@fhfnorthshore.org)  
Northshore Families Helping Families 108 Highland Park Plaza Covington, La 70433



# WHAT HAPPENS AFTER HIGH SCHOOL

WEBINAR

June 6, 2024 @ 12:00 pm

Join Rachael for a presentation about continuing education, employment, and community resources for adults with disabilities.

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- NFHF ABLE Club
- Colleges
- Trade Schools
- Employment
- Day Programs

Please visit our website or use the url below to register.

<https://tinyurl.com/AfterHighSchoolJune2024>

Registration is required to attend.





JOIN US FOR AN AFTERNOON OF FUN!

# PICNIC & *Splash Pad*

**@ ABITA SPRINGS PARK**

**JUNE 7, 2024  
10:00 AM - NOON**



**BRING YOUR OWN  
SNACKS / LUNCH**

**Contact Rachael for more details @  
(985) 875-0511 or by email at  
[rachaelsykes@fhfnorthshore.org](mailto:rachaelsykes@fhfnorthshore.org)**





JOIN US IN AT

# GLOBAL WILDLIFE CENTER

26389 LA-40  
FOLSOM, LA 70437

**JUNE 14, 2024**  
**9:30 MEET-UP TIME**  
**10AM TOUR**

**Get your tickets here:**

**<https://tinyurl.com/ABLEatGlobalWildlife>**

**Attendees will be responsible for the purchase  
of their own tickets.**

**LUNCH FOLLOWING THE TOUR @  
GEAUX PIZZA & WINGS**

82361 LA-25  
FOLSOM, LA

**Contact Rachael for more details @ (985) 875-0511 or by email at  
[rachaelsykes@fhfnorthshore.org](mailto:rachaelsykes@fhfnorthshore.org)**





**June 20, 2024**

**5:30PM - 7:30PM**

**George's Mexican Restaurant**

1461 N Causeway Blvd, Mandeville

Register



<https://tinyurl.com/ABLEdinnerJune2024>