



WOMEN'S COMMITTEE OF CINCINNATI PARKS

FRILUFTSLIV HIKING CHALLENGE

THINGS TO KNOW BEFORE YOU GO

Please remember:

- To practice safe social distancing while on trails.
- Parks are open from 6am-10pm.
- Most restrooms and water fountains in Cincinnati Parks are closed during the winter months so plan accordingly.
- **Some trails may border wildlife management zones. Follow all instructions posted by the Cincinnati Park Board, including wearing bright-colored clothing.**
- Each recommended hike is intended to last approximately one hour. Included are accessibility options and additional trails to extend your hike should you wish.
- Hike at your own risk. Winter hiking, while beautiful, can present hazardous conditions like ice and slippery surfaces. Be careful and check the weather before you go.
- Dress accordingly and bring a water bottle. We recommend an all-weather jacket, insulated hiking boots or gym shoes with treads, warm socks, hats and gloves.
- Dogs are allowed on most of our selected trails but must be on a 6-foot leash.
- **Don't miss the weekly "SELFIE CHALLENGE" noted in each hike. Each public tagged @cincyparksfoundation selfie on social media enters you into a weekly chance to win a warm CPF hat and the Ultimate Parks Supporter Grand Prize from the Women's Committee of Cincinnati Parks!** Winners will be chosen randomly and announced the following week. One grand prize winner will be announced on February 1st.



Week #5: Step back in time at French Park!

Located in Amberley Village, French Park offers miles of hiking trails, creeks, meadows and wooded hillsides, and a distant view of downtown Cincinnati. Sitting in the middle of the park is the French House - the focal point of this beloved 275-acre neighborhood park, donated by Herbert Greer French.

*Source: cincinnatiparks.com

Hiking Level - Easy to moderate; stairs and some muddy hillsides required; approximately 45 minutes; dogs are welcome on a leash; see accessibility option below at different park.

Park at the eastern most lot near the shelter area; 3012 Section Road, Cincinnati, OH 45237

1. **Lois and Phil Cohen Trailhead Dedication** - Our winter hike begins at this special trailhead marker (B). In August of 2017, the Cohen, Michelman and Shifman families made a generous gift to the Cincinnati Parks Foundation to restore the hiking trail system in French Park, including the construction of new bridges, steps and reopening sections of trail closed due to fallen trees, debris and erosion.

SELFIE CHALLENGE SPOT (details in the "Things to Know" flier)

2. **Trail Marker** - Veer left at the trail marker to stay on red Trail B and follow the paths down to the creek.
3. **Trail Marker** - Cross the creek bed and climb the stairs to follow red Trail B.
4. **Trail Marker** - At the trail marker, take a left to follow green Trail C.
5. **Trail Marker** - At the trail marker, veer right to stay on green Trail C toward yellow Trail D.
6. **Trail Marker** - At the trail marker, take a left to follow yellow Trail D.
7. **Trailhead End** - At the end of the trail, take a left to follow the paved road up the hill toward the French House.
8. **French House** - Built in the early 20th century, this two-story brick estate holds a timeless charm with its outdoor terraces, lawns, gardens, and gazebo. Keep this beautiful location in mind for your future private function or impromptu French picnic! Oui Oui!

EXTEND YOUR HIKE: Follow the paved exit road down to hiking trailhead E - the Sierra Trail - and meander through the woods back up towards the shelter and parking area.

ACCESSIBILITY OPTION: John G. and Phyllis W. Smale Riverfront Park,

West Mehring Way, 45202; park in garage near Anderson Pavilion.

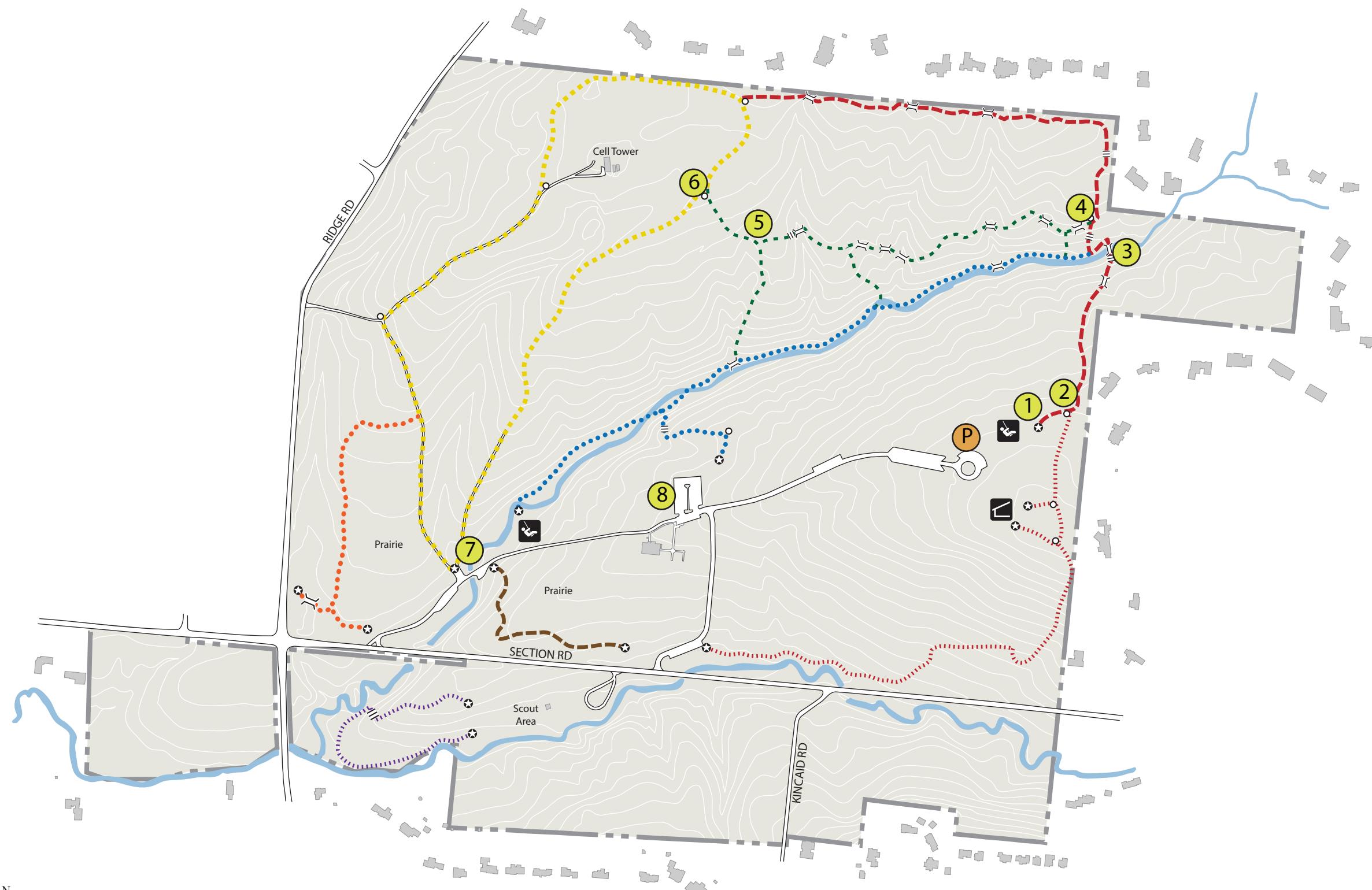
Smale Riverfront Park is a park for the generations—a compelling recreational, entertainment and leisure resource for the entire Greater Cincinnati community. Here you will find walkways and park features designed to be enjoyed by all. The park is served by several elevators and accessible routes to and along the river. CPF raised \$40 million dollars which supported the planning and development of this 23-acre riverfront oasis. In 2021, the first phase of the Smale Expansion opened including a beautiful event lawn with gardens and tree groves alongside the Andrew J. Brady Music Center.

ALTERNATE SELFIE CHALLENGE SPOT (THE LABYRINTH)



French Park

3012 Section Road
Cincinnati, OH 45237



LEGEND

- Park Property
- Shelter
- Restroom
- Playground
- Buildings
- Special Feature
- Trailhead
- Bridge
- Steps
- Trail Marker

NATURE TRAILS

- Creek Trial (A) 0.65 miles
- Hiking Trail (B) 0.65 miles
- Hiking Trail (C) 0.60 miles
- Hiking Trail (D) 1.16 miles
- Sierra Trail (E) 0.60 miles
- Prairie Trail 0.29 miles
- French House Trail 0.19 miles
- Scout Trail 0.28 miles



0
500'
Scale: 1" = 500'