

Critical Updates and Applications in Functional Medicine

San Juan, Puerto Rico | September 14 - 16, 2017



ACAM
AMERICAN COLLEGE FOR
ADVANCEMENT IN MEDICINE



AAPMD
AMERICAN ACADEMY OF PHYSIOLOGICAL
MEDICINE & DENTISTRY



Recreation



El Yunque National Forest

The Caribbean National Forest, often called El Yunque is the most visited natural site in Puerto Rico. The series of forests is home to some 240 tree species, tree frogs and even endangered Puerto Rican parrots. Though best explored by foot, it can also be enjoyed during a slow drive up and down the mountain.

35 miles east of The Condado Hilton Plaza.

Bioluminescent Bay - Vieques

The glow of the bay is actually bioluminescence generated by microscopic organisms in the water. The phenomenon occurs sporadically in warm seas around the world, but Puerto Rico is one of the only places on the planet where you can depend on it every evening.

Vieques Bay is the closest at about 45 minutes drive.



Ask about the hotel's
ScoutAbout natural
discovery scavenger
hunt at check-in!

OPTIONAL ACTIVITIES TO ENHANCE YOUR SAN JUAN EXPERIENCE

Historical



Fuerte San Felipe del Morro

The 18th century fort sits atop a peninsula at the entrance of San Juan Bay. With six levels to explore, you'll find hidden passages and cannons that still guard the harbor.

Less than a 15 minute drive from the The Condado Hilton Plaza.

Old San Juan

Old San Juan is a stunning destination of history, architecture, galleries, music and food.

Explore the area by foot or take a free trolley ride along the blue cobblestone streets.

1.5 miles west of The Condado Hilton Plaza.



Daily activities at the resort may include:

- Beach massages
- Giant chess and checkers
- Zumba class
- Kayak demo
- Fish feeding
- Yoga
- Limbo dancing
- Live DJ

- 5 restaurants – includes fine-dining option serving international cuisine, sushi bar and casual grill with patio seating
- 4 pools
- Sauna
- Tennis Courts
- Kids play room
- 24-hour fitness center
- Water sport rentals

Hotel Amenities

