

CAPE COD FAMILY RESOURCE CENTER

July 2021



29 Bassett Lane, Hyannis MA 02601

Monday 9 am - 5 pm, Tuesday - Thursday 10 am - 7 pm, Friday 9 am - 5 pm

1st and 3rd Saturdays 9 am - 11 am



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Family Summer Olympics DIY Kit Pick-up 9:30-4:30 pm Family Cafe 11:00 - 12:00 pm Teen Talks 3:00-4:00 pm Active Parenting of Teens 5:00 - 6:30 pm	2 Nature Crafts 11:00 - 12:00 pm Reading Fun and Family Activities 3:00 - 4:00 pm	3 Open 9 - 11 am Dads' Squad 10:15 - 11:00 am
	5 Family Game Night Pick-up from 9:30 - 4:30 pm Active Parenting Fourth Edition 2:00-3:30 pm	6 Active Parenting First Five Years 2:00 - 3:30 pm Summer Speaker Series 5:30 - 6:30 pm	7 Little Artists 11:00 - 12:00 pm Summer Resource Table Talk 12:00 - 1:00 pm Grandparents Raising Grandchildren 5:00 - 7:00 pm	8 Family Summer Olympics DIY Kit Pick-up 9:30-4:30 pm Family Cafe 11:00 - 12:00 pm Teen Talks 3:00-4:00 pm Active Parenting of Teens 5:00 - 6:30 pm	9 Nature Crafts 11:00 - 12:00 pm Reading Fun and Family Activities 3:00 - 4:00 pm 
	12 Family Paint Night Pick-up from 9:30 - 4:30 pm Active Parenting Fourth Edition 2:00-3:30 pm	13 Active Parenting First Five Years 2:00 - 3:30 pm Summer Speaker Series 5:30 - 6:30 pm Dads' Talk 6:30 - 7:30 pm	14 Little Artists 11:00 - 12:00 pm Summer Resource Table Talk 12:00 - 1:00 pm Single Parenting Support Group 5:30 - 6:30 pm	15 Family Summer Olympics DIY Kit Pick-up 9:30-4:30 pm Family Cafe 11:00 - 12:00 pm Teen Talks 3:00-4:00 pm Active Parenting of Teens 5:00 - 6:30 pm	16 Nature Crafts 11:00 - 12:00 pm Reading Fun and Family Activities 3:00 - 4:00 pm 17 Open 9 - 11 am Mom and Me Playtime Drop-in 9:30 - 10:30 am
	19 Family Movie Night Pick-up from 9:30 - 4:30 pm Active Parenting Fourth Edition 2:00-3:30 pm	20 Active Parenting First Five Years 2:00 - 3:30 pm Summer Speaker Series Chris Morin: Independence House 5:30 - 6:30 pm	21 Little Artists 11:00 - 12:00 pm Summer Resource Table Talk 12:00 - 1:00 pm	22 Family Summer Olympics DIY Kit Pick-up 9:30-4:30 pm Family Cafe 11:00 - 12:00 pm Teen Talks 3:00-4:00 pm	23 Nature Crafts 11:00 - 12:00 pm Reading Fun and Family Activities 3:00 - 4:00 pm 
26 Family Night Out Pick-up from 9:30 - 4:30 pm Sweet Creations Pick-up 9:30 - 4:30 pm Active Parenting Fourth Edition 2:00-3:30 pm	27 Active Parenting First Five Years 2:00 - 3:30 pm Summer Speaker Series 5:30 - 7:00 pm	28 Little Artists 11:00 - 12:00 pm Summer Resource Table Talk 12:00 PM - 1:00 pm Sweet Creations Ice Cream Social 5:45 - 6:45 pm	29 Family Summer Olympics DIY Kit Pick-up 9:30-4:30 pm Family Cafe 11:00 - 12:00 pm Teen Talks 3:00-4:00 pm	30 Nature Crafts 11:00 - 12:00 pm Reading Fun and Family Activities 3:00 - 4:00 pm	

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Cape Cod Family Resource Center – July 2021

All programs and classes are FREE! Check out all our GREAT new programs!

Dads' Squad

Fathers, Father figures, and caregivers are welcome to pick up a Fun Activity Kit for this month's Dads' Squad. Please feel welcome to pick up the kits at your convenience. For more information, and to register, please contact us at 508-815-5100.

Single Parenting Support Group

Join our monthly group, in a supportive environment, for single moms and dads to share successes, challenges, and resources. All single parents are welcome at this non-therapeutic gathering, regardless of child(ren)'s age(s) and parenting situation. This will be offered in-person and in an online platform. For additional information, and to register, please contact us at 508-815-5100.

Dads' Talk

Join us on the second Tuesday of the month for Dads' Talk. This group is designed for dads and father figures at a time when stress can be high, life is unpredictable, and there is less social time in our lives. This will be offered in an online platform. For more information, and to register, please contact us at 508-815-5100.

Family Summer Olympics DIY Kit

As the world gets ready to kick off the 2021 Summer Olympics in Tokyo, your family can host your own Olympic events at home. Pick up a new kit each week with supplies to create your own Summer Olympics. For more information, and to register, please contact us at 508-815-5100.

Grandparents Raising Grandchildren Group

Join our grandparents group on Wednesday, July 7th from 5:00 – 7:00 pm. This is a virtual group facilitated by Kerry Bickford of Cape Cod Neighborhood Support Coalition. To inquire about the group, or to register, please contact us at 508-815-5100.

Little Artists

Join us virtually to create fun art projects designed for children ages 2-8 years old. These are hands-on activities to teach basic art skills. This is being offered in an online platform. For more information, and to register, please contact us at 508-815-5100.

Sweet Creations

Join us for an ice cream social on July 28th at the Cape Cod Family Resource Center. We will provide the ingredients for you and your family to create a sweet family memory together. If you would prefer to pick up the supplies to bring home, we will provide these items on July 26th from 9:30 - 4:30 pm. Registration is required. Please indicate if you would like to join in person or pick up the supplies. For more information, and to register please contact us at 508-815-5100.

DIY Family Fun Nights

Create lasting memories with these free take-home Family Fun Night activities. Each week your family can enjoy a different themed activity kit. Register by calling 508-815-5100.

Summer Resource Table Talk

It is that time of year when we start speaking about family friendly summer resources. Please join us virtually or in person to hear about some of the wonderful opportunities within our community which are offering summer fun. For more information on this table talk, and to register, please contact us at 508-815-5100. Please indicate if you will be joining us in person or through our online platform.

Summer Speaker Series

Join us each week for a guest speaker presentation on a variety of topics. This month we will have guest speakers from Independence House, Federation for Children with Special Needs, and Parent Information Network, etc. We are excited to have you join these discussions through our online platform. For more information on the discussion topics, and to register for them, please contact us at 508-815-5100.

Reading Fun and Family Activities

Join us in person each week as we read a story aloud, enjoy a healthy snack, and provide some fun family activities. Parents will be provided coordinated family activity resources from our Cape Cod community. For more information, and to register, please contact us at 508-815-5100.

Teen Talks

Join us in person each week for a stimulating discussion on topics of interest such as money management, nutrition, social etiquette, and life skills. This program is for teens 12-17 years old. For more information, and to register, please contact us at 508-815-5100.

Please visit us at our New Facebook Page!

Visit us on Facebook at [Facebook.com/capecodfamilyresourcecenterofbarnstable](https://www.facebook.com/capecodfamilyresourcecenterofbarnstable)

