



## Tristate Trauma Network's 8<sup>th</sup> Annual Trauma-Informed Care Fall Conference

### **"Honoring Trauma Survivors' Unique Needs & Gifts"**

**Monday, October 10, 2022**

**Receptions Event Center, Erlanger, KY**

#### **PRE-CONFERENCE**

**7:45-8:45am      Sign-In, Continental Breakfast, & Networking in Vendor Room**

#### **OPENING**

**8:45-9:00am      Welcome and Invitation to Engagement – **Melissa Adamchik, MA, LPP**, Executive Director, Tristate Trauma Network; Florence, KY**

#### **SURVIVOR SPEAKER**

**9:00-9:45am      "Lion Heart" - **Daniel Ritchie, PRS**, Certified Peer Recovery Specialist and Treatment Advocate; Cincinnati, OH**

#### **MOVEMENT BREAK**

**9:45 -10:00am      Movement Expression Break - **Jessica Harrison**; Cincinnati, OH**

#### **KEYNOTE SPEAKER**

**10:00am- 12:00pm "PTSD: The Trauma After the Trauma"- **Kirby Reutter, Ph.D.**, Clinical Psychologist, U.S. Homeland Security; Austin, Texas**

#### **LUNCH**

**12:00-1:00pm      Fajita Bar Buffet Lunch & 2<sup>nd</sup> Opportunity to **Visit Vendors** and get your Raffle Ticket(s) for Other-Care Door Prizes ☺**

#### **1<sup>st</sup> PM BREAKOUT SESSIONS**

**1:00 to 2:30pm**

**A. "The Power of Relational Touch: An Introduction to Trauma-Informed Relational Somatics Part 1" – **Natalia Rachel**, Counselor & Founder/Director, Illuma Health; Singapore**

**B. "Self-Care for Survivors of Trauma and Secondary Trauma: Body-Based Holistic Wellness for People Who Breathe!" – **L. Faye Perkins**,**

**LISW-S, CTRP-C, CIMHP, TRCC, Founder/Director, Wellness Wellness, LLC; Ft. Thomas, KY**

**C. “Regulate Before You Educate: TIC Strategies That Can Be Applied in Non-Clinical Environments” – Jackie Renegado, OT, Supervisor of Social Emotional Learning Consultants & Jessica Davies, School Psychologist and Director of Social Emotional Learning Services, Montgomery County Educational Services Center; Dayton, OH**

**2<sup>nd</sup> PM BREAKOUT SESSIONS**

**2:45-4:15pm**

**A.(cont) “The Power of Relational Touch Part 2” – Natalia Rachel, Counselor, Founder/Director, Illuma Health; Singapore**

**D. “From Survival to Healing: Clinical Considerations in the Treatment of PTSD” – Farshid Afsarifard, Ph.D., Forensic Psychologist & Alyson Phelan, MA, TRCC; Mentor, Ohio**

**E. “I Am Worth Fighting For: Empowerment Self-Defense as a Healing Modality” – Lauren Bailey, MA & Lindsey Ross, Co-founders/Instructors, Thrive Empowerment Center; Covington, KY**

**CLOSING**

**4:15-4:30pm**

**Evaluations & Door Prizes Drawing**

**Tristate Trauma Network P.O. Box 6331, Florence, KY 41042**

**[www.tristatetraumanetwork.com/events](http://www.tristatetraumanetwork.com/events)**