



Tristate Trauma Network

Building hope through system transformation

Tristate Trauma Network's 8th Annual Trauma-Informed Care Fall Conference

"Honoring Trauma Survivors' Unique Needs & Gifts"

Monday, October 10, 2022

Receptions Event Center, Erlanger, KY

PRE-CONFERENCE

7:45-8:45am **Sign-In, Continental Breakfast, & Networking in Vendor Room**

OPENING

8:45-9:00am **Welcome and Invitation to Engagement – Melissa Adamchik, MA, LPP, Executive Director, Tristate Trauma Network; Florence, KY**

SURVIVOR SPEAKER

9:00-9:45am **"Lion Heart" - Daniel Ritchie, PRS, Certified Peer Recovery Specialist and Treatment Advocate; Cincinnati, OH**

MOVEMENT BREAK

9:45 -10:00am **Movement Expression Break - Jessica Harrison; Cincinnati, OH**

KEYNOTE SPEAKER

10:00am- 12:00pm **"PTSD: The Trauma After the Trauma"- Kirby Reutter, Ph.D., Clinical Psychologist, U.S. Homeland Security; Austin, Texas**

LUNCH

12:00-1:00pm **Fajita Bar Buffet Lunch & 2nd Opportunity to Visit Vendors and get your Raffle Ticket(s) for Other-Care Door Prizes ☺**

1st PM BREAKOUT SESSIONS

1:00 to 2:30pm

- A. "The Power of Relational Touch: An Introduction to Trauma-Informed Relational Somatics Part 1" – Natalia Rachel, Counselor & Founder/Director, Illuma Health; Singapore**
- B. "Self-Care for Survivors of Trauma and Secondary Trauma: Body-Based Holistic Wellness for People Who Breathe!" – L. Faye Perkins,**

LISW-S, CTRP-C, CIMHP, TRCC, Founder/Director, Swellness Wellness, LLC; Ft. Thomas, KY

C. “Regulate Before You Educate: TIC Strategies That Can Be Applied in Non-Clinical Environments” – Jackie Renegado, OT, Supervisor of Social Emotional Learning Consultants & **Jessica Davies**, School Psychologist and Director of Social Emotional Learning Services, Montgomery County Educational Services Center; Dayton, OH

2nd PM BREAKOUT SESSIONS

2:45-4:15pm

A.(cont) “The Power of Relational Touch Part 2” – Natalia Rachel, Counselor, Founder/Director, Illuma Health; Singapore

D. “From Survival to Healing: Clinical Considerations in the Treatment of PTSD” – Farshid Afsarifard, Ph.D., Forensic Psychologist & **Alyson Phelan, MA, TRCC**; Mentor, Ohio

E. “I Am Worth Fighting For: Empowerment Self-Defense as a Healing Modality” – Lauren Bailey, MA & Lindsey Ross, Co-founders/Instructors, Thrive Empowerment Center; Covington, KY

CLOSING

4:15-4:30pm

Evaluations & Door Prizes Drawing

Tristate Trauma Network P.O. Box 6331, Florence, KY 41042

www.tristatetraumanetwork.com/events