# *Are you a sibling of someone with a disability?*

**B**roth**E**rs and **S**isters involvement in health care **T**ran**S**ition for youth w**I**th **B**rain-based disabilitie**S** (BEST SIBS) Study

We are looking for siblings to take part in a research study to understand their experiences with their brother or sister with a brain-based disability who is preparing for health care transition in Ontario.

To participate, you need to be:

1) between 14 to 40 years old;
2) able to speak English
3) have a brother or sister (ages 14-21 years old) with a child-onset neurodisabilility. For example,
   - autism spectrum disorder
   - cerebral palsy
   - epilepsy
   - fetal alcohol spectrum disorder or
   - spina bifida
4) living in Ontario

You will be asked to:

- participate in an interview
- bring photographs that describe your sibling relationship and
- share your story about your sibling relationship related to preparing for health care transition.

The interview will be about 1 hour long.

You will have the option to have the interview: a) in-person at McMaster University; b) by telephone; or c) online through the Zoom program.

To thank you for participating, we will provide you with an e-gift card of $20.

We hope to raise awareness about siblings' experiences and their roles during health care transition. These stories can help us to create resources to support siblings, and shared with families and health care providers.

For more information or to volunteer for this study, please contact:
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**This study has been reviewed by, and received ethics clearance by the Hamilton Integrated Research Ethics Board (Project Number 7932)**

CanChild

MacART
McMaster Autism Research Team

School of Rehabilitation Science
REACHING FURTHER

McMaster University

CIHR IRSC
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