

DO YOU HAVE A CHILD WITH CEREBRAL PALSY BETWEEN THE AGES OF 8 AND 18?

WE ARE LOOKING FOR KIDS WITH CP AND ONE OF THEIR PARENTS TO PARTICIPATE IN A NEW RESEARCH STUDY

Help us understand how **pain and sleep** impact the **mental health** of kids with CP!

YOU CAN NOW PARTICIPATE IN THIS STUDY ENTIRELY FROM YOUR HOME!

- Kids will **wear an Actigraph** (small device) around their wrist and around their waist to measure their sleep and physical activity, as well as report on their pain, sleep, and mood each day for **7 days and nights**.
- Kids and their parents will complete a **mental health interview** (over the phone), and fill out **online questionnaires** related to mental health, pain, sleep, and energy levels.

PARTICIPANTS WILL RECEIVE A \$50 GIFT CARD

Contact the CHEaR Lab

chearlab@uwo.ca



Principal Investigators:
Dr. Carly McMorris (camcmorr@ucalgary.ca)
and Dr. Laura Brunton (lbrunto3@uwo.ca)

This study has been approved by the University of
Calgary Conjoint Health Research Ethics Board.
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