

OBI PUBLIC TALKS

Bring Learning to Life



IN PARTNERSHIP WITH:



Holland Bloorview
Kids Rehabilitation Hospital



Date – Thursday, April 28, 2022
Time – 6:00 – 7:00 PM EDT

Register here:
<https://bit.ly/3IMISYK>

Youth Mental Health: Co-Creating Strategies For Success

Young people impacted by brain disorders also often experience mental health issues. And with lived experiences of diagnostic odysseys, fragmented health coverage, and lack of access to care, it's no wonder that, for many, gaps in the mental health system have proliferated.

But what would happen if youth were given a chance to reimagine the system and challenge their space within it? This OBI Public Talk, the first in the 2022-23 *Your Brain Health* series, will do just that: demonstrate how the positioning of young patients as stakeholder experts and co-creators of knowledge lays the groundwork of success strategies for peers and families alike.

SPEAKERS:



Evdokia Anagnostou is a child neurologist and professor of pediatrics at the University of Toronto and Assistant Director of the Holland Bloorview Research Institute. As a senior clinician scientist, she is the co-lead of the Autism Research Centre (ARC) at Holland Bloorview and University of Toronto, as well as the Province of Ontario Neurodevelopmental Network (POND), one of the Ontario Brain Institute's six Integrated Discovery Programs. Dr. Anagnostou holds a Canada Research Chair in translational therapeutics in Autism Spectrum Disorder (ASD) and the Dr. Stuart D. Sims Chair in Autism at Holland Bloorview.



Roula Markoulakis is a scientist at Sunnybrook Research Institute and an assistant professor with the Department of Occupational Science and Occupational Therapy as well as the Rehabilitation Sciences Institute at the University of Toronto. Her research interests include care needs, access to care, and transitions in care for youth with mental health and/or addictions concerns and their families, with a particular focus on system navigation supports. Dr. Markoulakis's current projects are focused on youth engagement in mental health and addictions navigation services and the development of standards for youth mental health and addictions navigation supports.



Nathan Tasker, a graduate of the University of Waterloo's Master of Public Service program, works at the Government of Ontario. He is also involved with the Childhood Cerebral Palsy Integrated Neuroscience Discovery Network (CP-NET), one of the Ontario Brain Institute's Integrated Discovery Program, having participated in CanChild's MyStory project, an initiative that examines the physical health, mental health, chronic stress, and overall well-being in adolescents and young adults with cerebral palsy. Trained in theatre, he has also contributed to several CP-NET projects as a voice-over artist.



Rudolf Uher is the Canada Research Chair in Early Intervention in Psychiatry at Dalhousie University. He works as a psychiatrist at the Mood Disorders Program of Nova Scotia Health, with a focus on depression and bipolar disorder. Dr. Uher completed his PhD in Neuroscience at Charles University and trained in Psychiatry at the Maudsley Hospital and the Institute of Psychiatry, UK. His research focuses on early interventions to prevent mental illness and personalized treatment for depression. He is also a member of the Canadian Biomarker Integration Network in Depression (CAN-BIND), a research program carried out in partnership with the Ontario Brain Institute.



MODERATOR:

Rackeb Tesfaye, science communications lecturer, CBC Radio Science columnist, and PhD candidate in the Integrated Program of Neuroscience at McGill University.

If you have a question for our panelists, please send it to us at communications@braininstitute.ca. We will do our best to address audience inquiries at the talk.