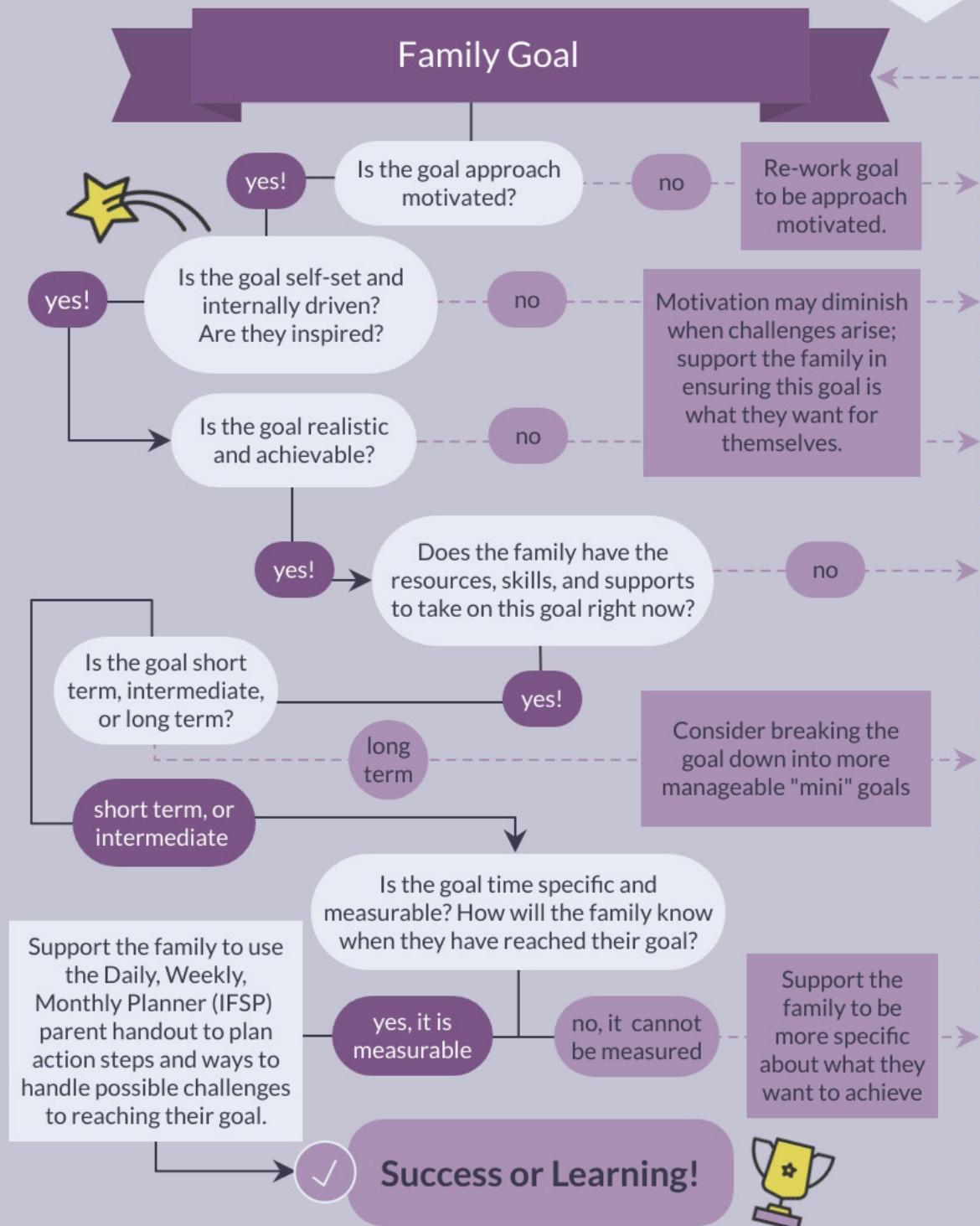


Supporting Family Goals Decision Tree^{1,2,3,4}



References:

1. Alispahi, S. (2013). Motivational function of plans and goals. *Psychological Thought*, 6(2), 196-203. <https://doi.org/10.5964/psyct.v6i2.80>
2. Miller, W. R., & Rollnick, S. (2013). *Motivational interviewing: Helping people change* (3rd edition). The Guildford Press.
3. Milyavskaya, M., & Werner, K. M. (2018). Goal pursuit: Current state of affairs and directions for future research. *Canadian Psychology*, 59(2), 163-175. <https://doi.org/10.1037/cap0000147>
4. National Scientific Council on the Developing Child. (2018, December). *Understanding motivation: Building the brain architecture that supports learning, health, and community participation: Working paper 14*. Center on the Developing Child Harvard University. <https://developingchild.harvard.edu/resources/understanding-motivation-building-the-brain-architecture-that-supports-learning-health-and-community-participation/>