

# A Journey of Hope

## A program for separated and divorced Catholics

Journey of Hope is a 12 week program addressing the concerns of separated/divorced Catholics. It offers support and addresses important issues that arise as a result of a divorce. The strong emphasis on prayer scripture and Church teachings leads to a healing and a better relationship with Christ. Some of the topics discussed are:

- How Do I Deal with My Anger?
- What Does the Church Say About Divorce?
- Can I Receive the Sacraments?
- How Do I Deal with My Children?
- Do I Need to Let Go?
- Do I Have to Forgive?
- Why Does God Allow Divorce to Happen?
- What is an Annulment?
- Am I Still a Loveable Person?
- Suffering Has Meaning?!?
- Dealing With Your Ex-Spouse
- Finding Hope for the Future

Location: McCarthy Hall St. Pius X Church Rock Island, IL

Date: January 11, 2018

Time: 6:30 pm to 8:00 pm

***This is a session for women only.*** There will be a group for men following in the Spring 2018.

Please contact: Molly Rea at [mfrea@gmail.com](mailto:mfrea@gmail.com) for more information or to register.