EXTREME COLD

FIRE CITY KEENE OF DEPT

SAFETY TIPS

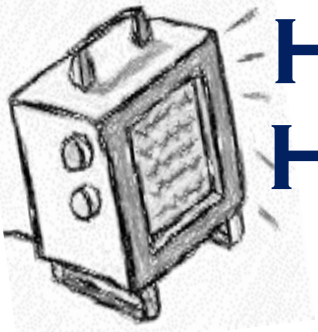
COLD EXPOSURE

Exposure to extremely cold temperatures can result in frostbite &/or hypothermia - these conditions can be life-threatening

If you must venture outside:
- Dress in layers; bring extra layers in case your clothes get wet
- Cover exposed skin
- Seek shelter from wind
- Avoid overexertion
- Change out of any damp or wet clothing immediately once inside



- Avoid going outside, especially during the coldest parts of the day
- Do not leave pets outside; move other animals or livestock to sheltered areas & ensure they have access to non-frozen water



HOME HEATING

- Heating equipment is involved in 1 in 7 home fires, as well as 1 in every 5 home fire deaths
- Keep anything that can burn at least 3' from any heat source (fireplace, woodstove, radiator, space heater)
- Never use extension cords to power a heat-producing appliance
- Ensure smoke detectors are installed & working properly



WOOD BURNING STOVES



- Have a qualified professional clean & inspect your chimney & vents every year
- Keep a screen around any open flame
- Never burn charcoal indoors
- Do not close damper when ashes are hot
- Store cooled ashes in a tightly covered metal container & store it outside (at least 10' from any building)

FROZEN PIPES



Prevent pipes from freezing:
- Let water trickle or drip from faucets at night
- Keep cabinet doors open to allow heat to circulate around non-insulated pipes

If pipes freeze:
- Know where your water shutoff is located, & how to operate it
- NEVER attempt to thaw a frozen pipe with an open flame or torch
- Be mindful of the potential for electric shock in & around standing water

CARBON MONOXIDE



- CO is an invisible, odorless, colorless gas created when fuels like gasoline, wood, coal, propane, etc. do not burn completely
- Each year, more than 100,000 people in the U.S. visit the ED due to CO poisoning
- The most common symptoms of CO poisoning are headache, dizziness, weakness, nausea, vomiting, chest pain, & confusion
- Have heating systems, water heaters, & any other gas, oil, or coal burning appliances serviced by a qualified technician every year
- Install CO alarms in a central location outside sleeping areas & on every level of the home
- Test CO alarms at least 1x/month. Change batteries every 6 months

If you are experiencing a cold weather related emergency, please dial 9-1-1