

## Putnam Classic Wows the Crowd

**P**utnam County's first-ever bodybuilding competition was a big hit with the large crowd of spectators that watched as ten competitors from Florida and Georgia vied for medals and trophies in the Men's and Women's Division.

**Patricia Wells took top honors in the Women's Division at the Putnam Classic** Bodybuilding Competition. Patricia, who is from Woodstock, Georgia, is an Ironman



Triathlete and runner and recently returned from a teaching assignment in American Samoa.

Commenting on her win Patricia said, "I thoroughly enjoyed participating in Putnam Classic. Everyone was helpful, and it was fun to see the community come together for such a great cause. I love squat racks and I was glad PHFC got theirs. I hope the Fitness Center does more athletic events like this in the future."

The Overall **Men's Division** was won by **Nathaniel Miller, Jr.** Nathaniel, a student at St. Johns River State College, lives in Pomona Park. He believes that with determination, self-motivation and dedication, anything in life is possible.

The Putnam Classic drew a crowd of more than sixty spectators many of whom had never witnessed a bodybuilding competition before. **Carole Martin said, "I came to this event just to support PHFC; however, I enjoyed it way more than I thought I would. I will be sure to attend next year and hope to see more contestants!"**

The Putnam Classic is an amateur, all-natural, posing bodybuilding competition. In bodybuilding competition, bodybuilders appear in lineups to perform specified poses and individual posing routines for a panel of judges who rank the competitors based on criteria such as symmetry, muscularity, and conditioning.

**Other winners in the Women's Division were Annalisa Fairfield, 2<sup>nd</sup> Place Medal and Grace Williams, 3<sup>rd</sup> Place Medal.**

**The Men's Division was broken into two classes** based upon height; Medium and Tall. For men over age 45, **there is the Masters' Class. First Place Medal in the Medium Class** went to Nathaniel Miller. Second Place Medal winner was Angelo DiMauro, a personal trainer at the Fitness Center. Recipient of the Third Place Medal in the Medium Class was Morgan Huffstutler from Edgewater, Florida.



**The Men's Tall Class was won by Bruno Lima from Crescent City. Second Place Medal** went to Derick Griffin from Orlando. Brandon Williams, another personal trainer at the

**Fitness Center, got the Third Place Medal in the Tall Class. Completing the winner's circle with top honors in the Masters' Class was Jeff Gutophel.**

A distinguished panel of judges presided over the Putnam Classic. They were Rich Bocash, All-Natural Mr. America 1985, bodybuilder Corey VanDyke and Olympian Lee Banks from Team Banks Bodybuilding in Ponte Vedra, Florida.

Encouraged by the growing interest in bodybuilding by PHFC members and bolstered by the large audience participation, the Putnam Classic organizational committee is planning to make the Putnam Classic an annual event.