

# APRIL 2021

## Upper Moreland School District Food & Nutrition Services Elementary Center Menu



Monday, April 5

### No School

All lunches on this menu will be packed in a grab and go individually packaged style for easy transporting

Tuesday, April 6

Choice 1. Mozzarella Sticks with Marinara Dipping Sauce

SIDES  
Baby Carrots  
Dole Fruit Cup

Choice 2. Brunch 4 Lunch

Wed., April 7

### EARLY DISMISSAL Grab and Go

Choice 1. Turkey and Cheese Sandwich

Choice 2: Breakfast 4 Lunch (Cereal)

SIDES  
Fresh Apple  
Baby Carrots  
Chocolate Milk

Thursday, April 8

Choice 1. Cheese Burger on Whole Grain Bun

SIDES  
Garbanzo Beans (Chick Peas)  
Sliced Apples

Choice 2. Brunch 4 Lunch

Friday, April 9

Choice 1. Mini Pancakes with Smiley Fries and Turkey Sausage

SIDES  
Banana

Choice 2. Brunch 4 Lunch

Monday, April 12

Choice 1. Breaded Chicken Sandwich

SIDES  
Baby Carrots  
Dole Fruit Cup

Choice 2. Brunch 4 Lunch

Choice 3. Grilled Chicken Caesar Salad

Tuesday, April 13

Choice 1. Maxx Pizza Sticks Marinara Dipping Sauce

SIDES  
Baby Carrots  
Applesauce Cup

Choice 2. Brunch 4 Lunch

Choice 3. Grilled Chicken Caesar Salad

Wed., April 14

### EARLY DISMISSAL Grab and Go

Choice 1. Turkey and Cheese Sandwich

Choice 2: Breakfast 4 Lunch (Cereal)

SIDES  
Fresh Apple  
Baby Carrots  
Chocolate Milk

Thursday, April 15

Choice 1. Macaroni and Cheese

SIDES  
Baby Carrots  
Sliced Apples

Choice 2. Brunch 4 Lunch

Choice 3. Grilled Chicken Caesar Salad

Friday, April 16

Choice 1. Mini Pancakes with Smiley Fries and Turkey Sausage

SIDES  
Banana

Choice 2. Brunch 4 Lunch

Choice 3. Grilled Chicken Caesar Salad

### School Meal Pricing 20-21

Breakfast-FREE thru June 30, 2021

Cool School Lunch: FREE thru June 30, 2021

See Price List posted on the Food Services page of the UMTSD.org website for single item charges, 2nd entrée and snacks

Payment Options: www.SchoolCafe.com, Cash, Check (made payable to Upper Moreland Food Service)

Now Baking for Birthdays!!



For your convenience, access the link to Classroom Catering on the Food Services page of the umtsd.org website

### Brunch 4 Lunch

#### Includes:

Whole Grain Cereal  
Cheese Stick  
Fruit  
Vegetable  
Milk

#### Salad Available Daily

Grilled Chicken Garden Salad  
Includes a whole grain dinner roll  
(Remember your fruit and milk!)

Choice of Milk included with ALL meals. 1% White or Chocolate Milk is available

Menu Subject to Change\*

*This institution is an equal opportunity provider.*

**Monday, April 19**Choice 1.  
Chicken TendersSIDES  
Baby Carrots  
Dole Fruit CupChoice 2. Brunch 4  
LunchChoice 3. Grilled  
Chicken Caesar Salad**Tuesday, April 20**Choice 1.  
Nachos with Shredded  
Cheddar Cheese and  
SalsaSIDES  
Baby Carrots  
Applesauce CupChoice 2. Brunch 4  
LunchChoice 3. Grilled  
Chicken Caesar Salad**Wed., April 21****EARLY DISMISSAL  
Grab and Go**Choice 1. Turkey and  
Cheese SandwichChoice 2: Breakfast 4  
Lunch (Cereal)SIDESFresh Apple  
Baby Carrots  
Chocolate Milk**Thursday, April 22**Choice 1. Rotini and  
MeatballsSIDES  
Baby Carrots  
PeachesChoice 2. Brunch 4  
LunchChoice 3. Grilled  
Chicken Caesar Salad**Friday, April 23**Choice 1. Mini  
Pancakes with Smiley  
Fries and  
Turkey SausageSIDES  
BananaChoice 2. Brunch 4  
LunchChoice 3. Grilled  
Chicken Caesar Salad**Monday, April 26**Choice 1. Mozzarella  
Sticks with Marinara  
Dipping SauceSIDES  
Baby Carrots  
Dole Fruit CupChoice 2. Brunch 4  
LunchChoice 3. Grilled  
Chicken Caesar Salad**Tuesday, April 27**

Choice 1. Hot Dog

SIDES  
Baby Carrots  
Applesauce CupChoice 2. Brunch 4  
LunchChoice 3. Grilled  
Chicken Caesar Salad**Wed., April 28****EARLY DISMISSAL  
Grab and Go**Choice 1. Turkey and  
Cheese SandwichChoice 2: Breakfast 4  
Lunch (Cereal)SIDESFresh Apple  
Baby Carrots  
Chocolate Milk**Thursday, April 29**Choice 1. Cheese Burger  
on Whole Grain BunSIDES  
Baby Carrots  
Sliced ApplesChoice 2. Brunch 4  
LunchChoice 3. Grilled  
Chicken Caesar Salad**Friday, April 30**Choice 1. Mini Pancakes  
with Smiley Fries and  
Turkey SausageSIDES  
BananaChoice 2. Brunch 4  
LunchChoice 3. Grilled  
Chicken Caesar Salad

The School District of Upper Moreland has made it faster and easier for parents to apply for free and reduced meals!

To get started, visit:  
**www.SchoolCafe.com**

All students are free through June 30, 2021. To make sure your benefits carryover to the first 30 operating days of the 21-22 SY, be sure to complete an application today!! Remember to complete the Sharing of information waiver and send back to the Food services Department to receive the additional school district benefits of reduced field trip charges, laptop and testing fees.

Grocery Bundles will continue to be available on Wednesdays for pick-up from the High School or Elementary School between 11-1 and 3:15—5:15. The Google Meal Pick-up Form is available on the Food Services Page of the UMTSD.org website and also on the schools weekly newsletter.

**GROCERY BUNDLES AND IN-SCHOOL  
MEALS ARE FREE TO ALL  
STUDENTS THROUGH JUNE 30, 2021 RE-  
GARDLESS OF INCOME.**

No need to pack breakfast or lunch for the on campus school days!!  
ALL meals are FREE!

If your child would like to purchase meal items individually, or not a full meal, or snacks, charging will apply. Please check your child's meal account balance by creating an account on schoolcafe.com. (Please refer to the UMTSD Meal Account Procedures on the Food Services page of the UMTSD.org website). If cash is sent in for payment, all cash will be deposited. Change will no be given at the register at time of transaction.

Due to current sanitation practices, we are encouraging a cashless system. Please apply funds through schoolcafe.com in lieu of sending your child to school with cash or check. Please refer to the Meal Balance Procedures for additional information. We appreciate your cooperation at this time to ensure the safety of our school staff and students!!