

APRIL 2021

Upper Moreland School District Food & Nutrition Services Elementary Center Menu



School Meal Pricing 20-21

Breakfast-FREE thru June 30, 2021

Cool School Lunch: FREE thru June 30, 2021

See Price List posted on the Food Services page of the UMTSD.org website for single item charges, 2nd entrée and snacks

Payment Options: www.SchoolCafe.com, Cash, Check
(made payable to Upper Moreland Food Service)

Now Baking for Birthdays!!



For your convenience, access the link to Classroom Catering on the Food Services page of the umtsd.org website

Monday, April 5

No School

All lunches on this menu will be packed in a grab and go individually packaged style for easy transporting

Tuesday, April 6

Choice 1. Mozzarella Sticks with Marinara Dipping Sauce

SIDES

Baby Carrots
Dole Fruit Cup

Choice 2. Brunch 4 Lunch

Wed., April 7

EARLY DISMISSAL Grab and Go

Choice 1. Turkey and Cheese Sandwich

Choice 2: Breakfast 4 Lunch (Cereal)

SIDES

Fresh Apple
Baby Carrots
Chocolate Milk

Thursday, April 8

Choice 1. Cheese Burger on Whole Grain Bun

SIDES

Garbanzo Beans (Chick Peas)
Sliced Apples

Choice 2. Brunch 4 Lunch

Friday, April 9

Choice 1. Mini Pancakes with Smiley Fries and Turkey Sausage

SIDES

Banana

Choice 2. Brunch 4 Lunch

Brunch 4 Lunch

Includes:
Whole Grain Cereal
Cheese Stick
Fruit
Vegetable
Milk

Salad Available Daily
Grilled Chicken Garden Salad
Includes a whole grain dinner roll
(Remember your fruit and milk!)

Choice of Milk included with ALL meals. 1% White or Chocolate Milk is available

Monday, April 12

Choice 1. Breaded Chicken Sandwich

SIDES

Baby Carrots
Dole Fruit Cup

Choice 2. Brunch 4 Lunch

Choice 3. Grilled Chicken Caesar Salad

Tuesday, April 13

Choice 1. Maxx Pizza Sticks Marinara Dipping Sauce

SIDES

Baby Carrots
Applesauce Cup

Choice 2. Brunch 4 Lunch

Choice 3. Grilled Chicken Caesar Salad

Wed., April 14

EARLY DISMISSAL Grab and Go

Choice 1. Turkey and Cheese Sandwich

Choice 2: Breakfast 4 Lunch (Cereal)

SIDES

Fresh Apple
Baby Carrots
Chocolate Milk

Thursday, April 15

Choice 1. Macaroni and Cheese

SIDES

Baby Carrots
Sliced Apples

Choice 2. Brunch 4 Lunch

Choice 3. Grilled Chicken Caesar Salad

Friday, April 16

Choice 1. Mini Pancakes with Smiley Fries and Turkey Sausage

SIDES

Banana

Choice 2. Brunch 4 Lunch

Choice 3. Grilled Chicken Caesar Salad

Menu Subject to Change*

This institution is an equal opportunity provider.

Monday, April 19

Choice 1.
Chicken Tenders

SIDES
Baby Carrots
Dole Fruit Cup

Choice 2. Brunch 4
Lunch

Choice 3. Grilled
Chicken Caesar Salad

Tuesday, April 20

Choice 1.
Nachos with Shredded
Cheddar Cheese and
Salsa

SIDES
Baby Carrots
Applesauce Cup

Choice 2. Brunch 4
Lunch

Choice 3. Grilled
Chicken Caesar Salad

Wed., April 21**EARLY DISMISSAL
Grab and Go**

Choice 1. Turkey and
Cheese Sandwich

Choice 2: Breakfast 4
Lunch (Cereal)

SIDES
Fresh Apple
Baby Carrots
Chocolate Milk

Thursday, April 22

Choice 1. Rotini and
Meatballs

SIDES
Baby Carrots
Peaches

Choice 2. Brunch 4
Lunch

Choice 3. Grilled
Chicken Caesar Salad

Friday, April 23

Choice 1. Mini
Pancakes with Smiley
Fries and
Turkey Sausage

SIDES
Banana

Choice 2. Brunch 4
Lunch

Choice 3. Grilled
Chicken Caesar Salad

The School District of Upper Moreland has made it faster and easier for parents to apply for free and reduced meals!

To get started, visit:
www.SchoolCafe.com

All students are free through June 30, 2021. To make sure your benefits carryover to the first 30 operating days of the 21-22 SY, be sure to complete an application today!! Remember to complete the Sharing of information waiver and send back to the Food services Department to receive the additional school district benefits of reduced field trip charges, laptop and testing fees.

Monday, April 26

Choice 1. Mozzarella
Sticks with Marinara
Dipping Sauce

SIDES
Baby Carrots
Dole Fruit Cup

Choice 2. Brunch 4
Lunch

Choice 3. Grilled
Chicken Caesar Salad

Tuesday, April 27

Choice 1. Hot Dog

SIDES
Baby Carrots
Applesauce Cup

Choice 2. Brunch 4
Lunch

Choice 3. Grilled
Chicken Caesar Salad

Wed., April 28**EARLY DISMISSAL
Grab and Go**

Choice 1. Turkey and
Cheese Sandwich

Choice 2: Breakfast 4
Lunch (Cereal)

SIDES
Fresh Apple
Baby Carrots
Chocolate Milk

Thursday, April 29

Choice 1. Cheese Burger
on Whole Grain Bun

SIDES
Baby Carrots
Sliced Apples

Choice 2. Brunch 4
Lunch

Choice 3. Grilled
Chicken Caesar Salad

Friday, April 30

Choice 1. Mini Pancakes
with Smiley Fries and
Turkey Sausage

SIDES
Banana

Choice 2. Brunch 4
Lunch

Choice 3. Grilled
Chicken Caesar Salad

Grocery Bundles will continue to be available on Wednesdays for pick-up from the High School or Elementary School between 11-1 and 3:15—5:15. The Google Meal Pick-up Form is available on the Food Services Page of the UMTSD.org website and also on the schools weekly newsletter.

***GROCERY BUNDLES AND IN-SCHOOL
MEALS ARE FREE TO ALL
STUDENTS THROUGH JUNE 30, 2021 RE-
GARDLESS OF INCOME.***

No need to pack breakfast or lunch for the on campus school days!!
ALL meals are FREE!

If your child would like to purchase meal items individually, or not a full meal, or snacks, charging will apply. Please check your child's meal account balance by creating an account on schoolcafe.com. (Please refer to the UMTSD Meal Account Procedures on the Food Services page of the UMTSD.org website). If cash is sent in for payment, all cash will be deposited. Change will not be given at the register at time of transaction.

Due to current sanitation practices, we are encouraging a cashless system. Please apply funds through schoolcafe.com in leu of sending your child to school with cash or check. Please refer to the Meal Balance Procedures for additional information. We appreciate your cooperation at this time to ensure the safety of our school staff and students!!