

SAPPHIRE AT SCHOOL LUNCH MENU

SMCHS | SEPTEMBER 11TH - 15TH



Every child deserves a healthy start.™

Sapphire at School lunch menus are carefully selected to provide healthy variety, balance, and flavor. Our sauces, soups, and dressings are homemade and contain no high fructose corn syrup, preservatives, or additives. Our hamburger patties are all natural, 100% grass fed beef, and our chicken is all-natural and hormone free. For our sandwiches, we serve a low-sodium turkey breast and we proudly utilize locally produced artisanal breads.

Vegetarian Options 

BREAKFAST SELECTIONS

- Bacon - Cheese Breakfast Burrito** Scrambled Egg, Potato, Fresh Salsa \$4.10
- Potato Breakfast Burrito** Scrambled Egg, Cheese, Fresh Salsa \$3.95
- American Scramble Plate** Scrambled Eggs, Bacon, Tater Tots, Shredded Cheese \$3.95
- Ham Croissant Sandwich** Scrambled Egg, Sliced Ham, Cheese, Freshly Baked Croissant \$3.95
- Toasted English Muffin Sandwich** Egg, Sausage, Cheddar, Pesto Aioli \$5.50
- Freshly Baked Morning Pastries** \$1.30+
- Chocolate Chip Pancakes** Pure Maple Syrup \$3.75
- Yogurt Parfait** Berry Compote, Granola \$3.65
- Fresh Fruit Salad** \$2.65
- Small Fruit** \$0.75
- Large Fruit** \$1.00
- Sides: Bacon** \$1.50, **Tater Tots** \$1.25

LUNCH COMBO SELECTION

- Philly Cheesesteak Sandwich Combo** Bell Peppers, Onions, Hoagie Roll
- Bag of Chips, Homemade Lemonade \$7.10

HOT FROM THE KITCHEN

- Beef Stroganoff** Rigatoni, Peas, Carrots, Mushroom Sauce \$5.75
- Chicken Penne Pasta** Roasted Seasonal Vegetables, Pesto Cream \$5.75
- Penne Primavera** Peas, Carrots, Seasonal Vegetables, Pesto Cream Sauce \$5.45

FROM THE FIELDS

- Caesar Salad** Herb Croutons, Parmesan Dressing \$4.65
- Grilled Chicken Caesar Salad** Herb Croutons, Parmesan Dressing \$5.75
- Chinese Tofu Salad** Cucumbers, Tomatoes, Bean Sprouts, Crisp Wontons, Ginger Soy Dressing \$5.35
- Herb Chicken Cobb Salad** Romaine, Bacon, Cheddar, Tomatoes, Egg, Avocado, Yogurt Ranch \$5.75

FROM THE BAKERY

Roast Turkey Club Sandwich Tomato, Lettuce, Havarti Cheese, Bacon, Dijonnaise, Whole Wheat Bread \$5.65
Sunflower Seed Butter and Jelly Sandwich *Nut Free \$3.95
Italian Ham and Brie Ficelle \$5.65
Chicken-Apple Salad Sanwich Lettuce, Herb Aioli, Fresh Baguette \$5.50

FRESH SIDE ITEM SELECTIONS

Pasta Salad Grilled Vegetables, Italian Dressing \$3.25
Chicken Tabouli Salad Grilled Chicken, Tomatoes, Parsley, Cucumber, Lemon, Olive Oil \$3.50
Edamame Sea Salt \$2.65
Watermelon \$2.25
Grapes \$2.25
Seasonal Fruit Cup \$2.65
Yogurt Parfait Berry Compote, Homemade Granola \$3.65
Corn Chips Guacamole, Fresh Salsa \$3.25
Small Fruit \$0.75
Large Fruit \$1.00
Assorted Freshly Baked Cookies \$0.95

BEVERAGES

Niagara Water \$1.00
Organic Milk \$1.95
Organic Chocolate Milk \$1.95
Fresh Juice \$1.95
Homemade Lemonade \$1.95
Assorted Bottled Beverages \$1.75
Gatorade \$2.75
Starbucks™ \$2.50+

*All Menu Items Are Subject to Change Upon Availability and Pricing