

**UMass Chan
Fitchburg Family Medicine Residency
Class of 2029**

Mohamed Ahmed, MD

Mohamed Ahmed, MD, is a graduate of **Benha University's College of Human Medicine** in Egypt. Fully bilingual in **English and Arabic**, Dr. Ahmed is equipped to provide care to diverse patient populations. He brings a strong sense of discipline and collaboration to the clinical setting, having played professional-level soccer for a first-division team in Egypt. He is drawn to family medicine for its focus on building long-term, trusting relationships with patients. Outside of his medical practice, he enjoys reading about history, fishing, and cooking Italian dishes with his wife.



Shem Juma, MD

Shem Juma, MD, earned his medical degree from St. George's University School of Medicine and holds a **Master of Business Administration** from **MCPHS University-Worcester**. This dual expertise provides him with a valuable understanding of both clinical medicine and healthcare systems. Fluent in **English and Swahili**, Dr. Juma brings a culturally aware perspective to caring for patients from diverse backgrounds. He is a lifelong soccer enthusiast and Manchester United fan who values teamwork and resilience in his approach to medicine. In his free time, he enjoys cooking traditional Kenyan food, distance running while listening to reggae music, and taking road trips.

Michelle Larios Gomez, MD

Michelle Larios Gomez, MD, is a graduate of the **Universidad Pontificia Bolivariana Facultad de Medicina** with strong family ties to central Massachusetts. As a bilingual physician fluent in **English and Spanish**, she is dedicated to supporting multilingual communities and ensuring patients feel heard and understood throughout their care. She brings a thoughtful, culturally aware perspective to working with patients from diverse backgrounds and is known for her attention to detail and ability to build strong, trusting relationships. Outside of medicine, she enjoys Pilates, challenging 1000-piece puzzles, reading romance and mystery novels, and hosting movie club nights for friends.



Morgan Nelson, DO

Morgan Nelson, DO, earned her Doctor of Osteopathic Medicine from the **Campbell University Jerry M. Wallace School of Osteopathic Medicine**. With roots in Massachusetts, Dr. Nelson brings a strong appreciation for community to the Fitchburg program. She is known for her approachable, engaging personality and her ability to connect with patients, helping create a comfortable and supportive clinical environment. She is drawn to family medicine for the opportunity to build meaningful relationships and care for patients across all stages of life. In her free time, she enjoys expressing her creativity through intricate nail art, building Disney-themed LEGO sets, and reading historical fantasy Webtoons.

Rachel Picard, MD

Rachel Picard, MD, is a graduate of the **University College Dublin School of Medicine** and holds a **Master of Arts** from the **University of Massachusetts-Lowell**.

Born and raised in New Hampshire and fluent in **English and Italian**, she brings a culturally aware perspective to caring for diverse patient populations.

She is drawn to family medicine for its focus on continuity of care and building meaningful, long-term relationships with patients. Her resilience is reflected in her passion for endurance cycling, including an all-women ride from San Francisco to Boston. She also enjoys hiking the White Mountains with her husband and son and quilting with her mother.

