



Pri-Med

Primary Care Bootcamp

For NPs and PAs

Remember how overwhelmed you felt as a new clinician?

At Pri-Med, we believe all primary care clinicians deserve to feel confident and prepared. Knowing NPs and PAs receive fewer clinical training hours than MDs and DOs, we designed an on-demand curriculum specifically to help newly practicing clinicians transition from the classroom to exam room.

Filling the Gap Between the Classroom and the Exam Room



HONE SKILLS

With one-year unlimited access to over 20 hours of virtual on-demand learning and downloadable resources



BUILD CONFIDENCE

Through step-by-step strategies that will get clinicians from intake to diagnosis to initial management with ease



LEARN FROM NPs AND PAs

Who understand the unique challenges advanced practice providers face and share tips to ensure success



"I wish I had a resource like this to help build my confidence early in my career. I like to think of Bootcamp as a clinician's 'on-demand mentor' during their first year of practice."

Mariyan Montaque, DNP, FNP-BC
Primary Care Bootcamp Chair

"The curriculum was created based on our own experiences. We created a format that clinicians could work through at their own pace and refer to when they had a question."

Jillian Joseph, MPAS, PA-C
Primary Care Bootcamp Chair



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**Know an early-career
NP or PA?**

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course information

Track 1: The Office Visit Playbook

Strategies for Ramping Up and Building Confidence in the Office Visit

MODULE 1: OVERCOMING COMMON CLINICAL CHALLENGES

- The **Annual Exam** - Pointers and Pitfalls
- Managing **Chronic Illness**: Pearls for Practice
- Strategies for Nailing Down the **Differential Diagnosis**
- Navigating **Difficult Patient Encounters**
- To Send Home or to the ED? That is the **ECG** Question
- Interpreting **Lab Results**: Is That Value Really Abnormal?
- **Nutrition & Lifestyle** Approaches to Promote Patient Health and Wellness
- “Don’t Touch My List”: Inheriting Patients on **Opioids** and Other Controlled Substances
- Common Upper Extremity **Orthopedic** Complaints & Maneuvers to Diagnose Them (Part 1)
- Common Lower Extremity **Orthopedic** Complaints & Maneuvers to Diagnose Them (Part 2)
- **Polypharmacy** in Complex Patients
- **Prioritizing Issues** in a Short Office Visit
- Successful **Triaging**: When to Wait and When to Refer
- The ABCs of **Wound Care** in Primary Care

MODULE 2: GAINING EFFICIENCY IN PRACTICE MANAGEMENT

- **Billing Effectively**: Making the Most for You and Your Practice
- Efficient **In-Basket** Management
- How to Meet (And Beat) Your Targets: **Population Health** and HEDIS Measures

MODULE 3: FINDING WELLNESS AND BALANCE

- Avoiding the Flame to **Burnout**
- **Finding Your Way** in Clinical Practice
- Building Confidence and Overcoming **Imposter Syndrome**

Track 2: I Am Here For...

Step-by-Step Strategies to Get from Intake to Diagnosis to Initial Management

MODULE 1: HERE FOR A FOLLOW-UP

- I have **high blood pressure**
- My **cholesterol** is high
- I am here for my **diabetes**

MODULE 3: SICK DAY

- I have a bad **cough**
- My **ear** hurts
- I have a **fever**
- I think I have a **sinus infection**

MODULE 2: COULD BE THIS, COULD BE THAT

- I feel **dizzy**
- I keep getting **headaches**
- My **hip** hurts
- It **hurts** when I pee
- I feel **nauseous**
- I’m just **not myself**
- I have a **rash**
- My **stomach** hurts
- I am **tired** all the time
- I am **worried** all the time

MODULE 4: DON’T PANIC, YOU GOT THIS

- My **back** hurts
- My **chest** hurts
- My **leg** hurts
- I’m having **trouble breathing**



PREVIEW A COURSE

Scan the QR code to share course information

Build Confidence. Hone Skills. Succeed.