

Early Childhood Mental Health: a Primer for Pediatric Primary Care Clinicians

6/17/2025 8am-5pm
Massachusetts Medical Society (MMS)
86o Winter St, Waltham, MA

Sponsored By:
UMASS Chan Medical School, MCPAP, the
Department of Public Health, and MA-AAP



Early Childhood Mental Health: a Primer for Pediatric Primary Care Clinicians

is a one-day symposium for pediatric primary care clinicians including pediatricians, family practitioners, nurse practitioners, and allied behavioral health providers. This conference is designed to focus on identifying, assessing, and diagnosing common early childhood mental health concerns that present a challenge for parents and providers and will be tailored to the unique needs of practicing pediatric Primary Care Clinicians in MA.

The conference will use the approach of *DC: 0-5™: Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood*, the first developmentally based system for diagnosing mental health and developmental disorders in infants and toddlers. **All presentations will incorporate case discussions and leave ample time for questions and answers.**

CME Credit Designation Statement: The University of Massachusetts Medical School designates this live activity for a maximum of **7.5 AMA PRA Category 1 Credit(s)™ and 9 MA Board of Nursing**. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Registration

Ticket Price

by 6/3/25 **\$100**

late registration or on site **\$115**

Link to [register Early Childhood Mental Health](#)

Agenda

8-8:15	Registration and Breakfast	
8:15-9:15	Introduction and case presentation: <ul style="list-style-type: none"> • Infant and Early Childhood Mental Health (IECMH) • DC:0-5 Multiaxial Formulation • MCPAP for Early Childhood • Understanding Culture 	Kara Lindquist-Lowen, MD, MCPAP EC, UMASS & Roxanne Hoke-Chandler, MS, DPH
9:15-10:00	Attachment and Relationships	Carolina Clark, LICSW, MCPAP EC, UMASS
10:00-10:15	Break	
10:15-11:00	Neurodevelopmental Disorders, Part 2: Attention Deficit and Hyperactivity Disorder (ADHD)	Kara Lindquist-Lowen, MD, MCPAP EC, UMASS
11:00-11:45	Neurodevelopmental Disorders, Part 1: Autism Spectrum Disorders (ASD) and Developmental Delays	Kyle Frost, PhD, Developmental Behavioral Pediatrics UMASS
11:45-12:30	Trauma, Stress and Trauma-informed Care	Wynne Morgan, MD, Psychiatry UMASS
12:30-1:15	Lunch and time for case consultation	
1:15-2:00	Caregiver's Perinatal Mental Health	Nancy Byatt, DO, MBA, MCPAP for Moms, UMASS
2:00-2:45	Internalizing Disorders: Anxiety and Mood	Mary-Margaret Gleason, MD, Psychiatry Boston Children's Hospital
2:45-3:00	Break	
3:00-3:45	Sleep	Yael Dvir, MD, MCPAP EC, UMASS
3:45-4:30	Use of Medications in Preschool-aged Children	Yael Dvir, MD, MCPAP EC, UMASS
4:30-5:00	Q&A and wrap up	

Course Directors:

- **Carolina Clark, LICSW**, Clinical Social Worker at UMass Memorial Health, and Behavioral Health Clinician for MCPAP for Early Childhood, brings her expertise as a clinician working with children and families in a variety of settings including outpatient, Early Intervention, integrated into pediatric primary care, and working in the school system to offer support and training to early childhood educators on early childhood mental health. Carolina has extensive training in the field of infant and early childhood mental health and also brings her personal experience as a mother of children with special needs, an adoptive parent, and a foster parent. Carolina is proud of her Brazilian heritage and is passionate about serving immigrant and underserved families.
- **Kara Lindquist, MD**, Child and Adolescent Psychiatrist at UMass Chan Medical School / UMass Memorial Health. She provides psychiatric consultative assessments of young children and their families as part of MCPAP for Early Childhood and the Child Behavioral Clinic within the Center for Autism and Neurodevelopmental Disorders (CANDO), teaching child psychiatry fellows, pediatric residents, and medical students the fundamentals of assessment and treatment of the young child and family. As a member of the American Academy of Child and Adolescent Psychiatry, she participates in the Infant and Preschool Subcommittee.
- **Yael Dvir, MD**, Vice Chair and Director of Child and Adolescent Psychiatry at UMass Chan Medical School / UMass Memorial Health and Medical Director of MCPAP for Early Childhood. She is a practicing child and adolescent psychiatrist whose career has been focused on understanding the impact of early childhood experiences such as prematurity and maltreatment on children's development and mental health later in life. She is an experienced medical educator with familiarity with the development of novel educational approaches to physician learners.