

GATHER

Join us for the September Community Meal

All are invited to the Community Meal on Sunday, **September 29** from 1-2pm in the School Hall. This is a free, restaurant-style meal open to everyone in community. Come enjoy fellowship and good food. September's meal is hosted by Hope Lutheran!

GIVE

"Lettuce Pray" is in Full Swing through September 29

If you're a home gardener...on Sunday morning, pick what's fresh in your garden, bring it to church, and put it in the Lettuce Pray box in the narthex. You can also buy fresh produce to donate. OLG volunteers pick up the produce every Sunday and bring it to West Seattle Food Bank. Thank you for sharing what comes from your heart - and your garden -- with those in need in our community!

SERVE

Volunteer at the Women's Shelter

Did you know that OLG partners with Holy Rosary to host a shelter for up to 10 women every Saturday and Sunday night from September to June? With homelessness on the rise and bad weather coming, this is a great opportunity to help provide a safe space for women in our community. To learn more or to sign up, email the team at shelter@holyroaryseattle.org or visit the website at <https://holyroaryseattle.org/womens-shelter>.

LEARN

Spotlight on Catholic Relief Services: Partnering for Health

"I use the eggs to feed my family. I've already seen my grandchildren grow stronger." ~ Halo Abdulla, Ethiopia
In Ethiopia, CRS and its partners have distributed 5,130 chickens to 1,110 vulnerable families through a USAID federally-funded program. The eggs they produce are a great source of protein and can also provide additional income. In addition, CRS and its local partners are helping vulnerable families in Ethiopia become more resilient by teaching them about agriculture, nutrition and how to raise livestock through USAID federally-funded programs. Please visit www.crs.org for more information!

Immigration Forum

All are invited to an Immigration Forum at St. James Cathedral Hall (804 9th Ave, Seattle 98104) on Thursday, **October 3** from 6:30-8:30pm. The evening will include a

panel discussion of the current immigration landscape, Catholic social teaching, personal experience, policy and action. For information or to RSVP, contact Caroline at cokello@stjames-cathedral.org or 206-382-4511.

ACT

Seattle City Council District 1 Forum: Soliciting Questions

On Monday, **October 14th** at 7:00pm, OLG is co-hosting a District 1 Forum along with Westside Interfaith Network (WIN) and the League of Women Voters. We will have the incumbent City Council member, Lisa Herbold, and candidate, Phil Tavel. Our very own parishioner, Brian Callanan, will moderate. We are busy crafting questions for this event and would like input. This is our chance to ask these candidates questions that are important to us as Catholics, as Seattleites, and as Global Citizens. Questions such as immigration, homelessness, mental health, and climate change are just some examples. Please submit your questions and/or issues to Jennifer at jibach@olgseattle.org by September 20.

Stand Against Human Trafficking

The Catholic Church describes human trafficking as an affront to the God-given dignity of the human person. The Church stands resolutely against this modern-day slavery, which affects people in the U.S. and around the world. Learn more and find ways to end trafficking through advocacy and work to address its root causes at <https://crs.org/resource-center/human-trafficking>

Urge Congress to Protect Aid to Central America

The Trump Administration recently froze all humanitarian and foreign assistance funds to Central America's Northern Triangle- Guatemala, Honduras, and El Salvador. Freezing humanitarian aid risks exacerbating migration and increasing hunger and malnutrition. U.S. foreign assistance allows families who are trying to give their children a better future to choose to stay and contribute to their communities, rather than fleeing to the U.S. A bipartisan State and Foreign Operations spending bill passed the House and included language that protected funding to the Northern Triangle. The Senate is currently working on their version of the bill. Call (800-826-3688) or email your Senators (<https://www.bread.org/write-congress>) and tell them to support and pass a State and Foreign Operations funding bill that protects humanitarian aid for the Northern Triangle.