

GATHER

Black Lives Matter

All are invited to join Hate-Free Delridge on Tuesdays and/or Thursdays at the intersection of 16th and Holden from 4-6pm to support the Black Lives Matter movement. Signs are available to borrow or bring your own.

OLG's Youth and Young Adult Ministry is Expanding

We are happy to be expanding our youth and young adult ministry in the parish. If you would like to be part of these ministries (participant or leader), please contact Jennifer (jibach@olgseattle.org). Be sure to connect with us to get the latest news. Follow us on Instagram (<https://www.instagram.com/olgparishseattle/>) and/or Facebook (<https://www.facebook.com/olgparishseattle/>). We also have a Facebook group for Young Adults (OLG Seattle Young Adults). We encourage all young adults (ages 18-39) to register with the parish, especially if we're still communicating with you via your parents (<https://www.olgseattle.org/register-in-our-community>). Look for more information soon!

LEARN

Election 2020: Discernment Resources

This November, we will elect a president and vote on other important races and issues. "In the Catholic Tradition, responsible citizenship is a virtue, and participation in political life is a moral obligation. "People in every nation enhance the social dimension of their lives by acting as committed and responsible citizens" (Evangelii Gaudium, no. 220). The obligation to participate in political life is rooted in our baptismal commitment to follow Jesus Christ and to bear Christian witness in all we do," (Forming Consciences for Faithful Citizenship, #13). How do we, as Catholics, form our consciences and make decisions that reflect our faith? Visit our website for resources you can use to discern ahead of the November elections: www.olgseattle.org/election-2020

ACT

Consider taking 5 minutes to put your faith into action through advocacy each week.

Civilize It: Dignity Beyond the Debate

With another election cycle in full swing, we are invited to consider what it means to love our neighbors in the midst of a divisive climate. We are called to bring the best of ourselves and our faith to the public square. The U.S. Catholic Bishops invite Catholics to pledge to civility, clarity, and compassion in the public square and to call on others to do the same. Visit www.wearesaltandlight.org/civilize-it to take the pledge and learn more.

Catholic Relief Services: Lead the Way

Now is the time to join our movement of action and advocacy to stand with refugees. The COVID-19 pandemic brings greater challenges, but our experience fighting Ebola has prepared us. Putting our faith into action as a community, we've been able to lead the way on the most pressing issues of our time. But our work is far from over. We can support those forced to flee their homes and work to ensure all people everywhere have access to the nutritious food they need to thrive. Sign up and join our "Lead the Way" campaign today: www.crs.org/get-involved/lead-way!

Help Shape the Next COVID-19 Relief Package

As Congress negotiates the next relief package, speak up for immigrants and those facing food insecurity. Every day, immigrants are at the forefront of fighting the effects of this pandemic, yet Congress has excluded them from every federal relief package and, in its latest bill, is actively penalizing tax-paying mixed-immigration status families. Speak up for immigrant families to assure that all taxpayers get rebates, all have access to COVID testing, and the safety of all workers are protected. Visit nilc.org/action for a pre-written, editable action alert. You can also advocate for a 15% boost Supplemental Nutrition Assistance Program (SNAP) benefits, which help people buy food and also stimulates the economy. Support families trying to cope during this economic downturn at: www.bread.org/write-congress

Support Nuclear Nonproliferation