

# KEEP ME HOME IF...



Two or more  
times in 24 hours

Body rash,  
especially  
with a fever  
or itching.  
Lice or nits.

3 or more  
watery stools  
in 24 hours.

Thick mucus  
or pus draining  
from the eye.

With fever  
or  
swollen  
glands.

Unusually  
tired, pale,  
lack of  
appetite,  
confused  
or cranky.

Temperature of  
100°F or more,  
(taken under the  
arm) AND sore  
throat, rash,  
vomiting, diarrhea,  
earache or just  
not feeling good.

## WHEN YOUR CHILD IS SICK:

1. HAVE PLANS FOR BACK UP CHILD CARE.

2. TELL YOUR CAREGIVER WHAT IS WRONG WITH YOUR CHILD, EVEN IF YOUR CHILD STAYS HOME.

Public Health  
Seattle & King County

