

Giving Thanks to God – Preparing our Hearts for Lent!
Family Faith Sunday – February 4th, Walmesley Center, 9:30 am – 10:45 am

All families are welcome to our upcoming Family Faith Sunday, entitled *"Giving Thanks to God".* The Eucharist, the sacrament of our salvation accomplished by Christ on the cross, is also a sacrifice of praise in thanksgiving for the work of creation. In the Eucharist sacrifice, the whole of creation loved by God is presented to the Father through the death and Resurrection of Christ. Through Christ the Church can offer the sacrifice of praise and thanksgiving for all that God has made good, beautiful and just in creation and humanity. CCC #1359-1360.

Our stations will provide activities for families to expand the meaning of giving thanks to God for all our blessings, and giving thanks for the people who touch our lives for all their care and love. Each time we gather around our alter at Mass, we are thanking God, for all the many blessings that we receive. We will also have activities that will prepare hour hearts for Lent which will begin on February 14th. Mother Teresa said: "Love begins at home, and it is not how much we do, but how much love we put into action". Lent is a wonderful time to put love into action!

Come join us for this special faith formation event!