

## PARENT COMMUNICATION

March 5<sup>th</sup> from 7:00 - 9:00 PM

Join us as two parenting experts present valuable strategies and insights with a great community. Katrina Davis is the parent advocate at Seattle Children's Hospital Autism Center. Sally Kidder Davis is a parent coach who practices at Hallowell Todaro Center and in her private practice. Connect with other parents and get new perspectives on how to be a great parent and ally.

## Katrina Davis Family Advocate | Case Manager Seattle Children's Autism Center

Katrina is a mother of two children and a career advocate in family support and social services who brings a blend of personal and professional expertise to Seattle Children's Autism Center. She has come to know autism services and resources through advocacy for her own son with autism and through her sincere interest in helping others navigate the complex maze that accompanies a diagnosis and the life-long journey with autism. Katrina has dedicated her career toward supporting and connecting with parents, autistic individuals, and families living with autism.



Parenting a child with autism is a unique journey, only truly known and understood by those who live it every day. Katrina is the mother of a 20-year-old young man with autism and Family Advocate at Seattle Children's Autism Center. She will discuss the art of absorbing the joys and the challenges, not-your-typical-Oprah-Winfrey coping strategies, embracing the role as a parent through compassion, a little humor, and "inside out parenting" which helps us appreciate and embrace the exceptional person that is our autistic child.

## Sally Kidder Davis, M. ED. PCI Certified Parent Coach Hallowell Todaro ADHD Center

Sally has been supporting parents of neurodiverse learners for over 15 years. Sally has a private practice on Bainbridge Island and is co-owner of Life's a Poodle, a company dedicated to promoting the success and dignity of children who learn differently.

Sally's presentation will cover executive functions that directly impact parenting and learning, with suggestions on how to reframe executive functioning deficits into gifts, and parent your neurodiverse child with structure and compassion.



RSVP at: https://bit.ly/39fjkkM

