

GATHER

New HEART (Healing, Equity, and Anti-Racism Team) Meeting: Join us!

OLG is forming a new HEART (Healing, Equity, and Anti-Racism Team) Ministry at OLG. We are creating relationships in our community with the residents of Catholic Housing Services' Santa Teresita apartments and the Chose 180 program as well as pursuing participation in the One Parish, One Prisoner program. If you would like to learn more and join us in the work, contact Jennifer at jibach@olgseattle.org. Our next meeting is **Tuesday, June 7** at 6:30pm via Zoom.

Youth Hike and Mass

All middle and high school youth are invited to join us on **Saturday, June 11th** around 3pm for an urban hike through Camp Long. Enjoy some fresh air and a stroll through the forest with friends. Afterwards, we'll walk up to OLG for Mass at 5:30pm. RSVP to Jennifer by **June 6** at jibach@olgseattle.org

Young Adult 3rd Saturday Mass and Dinner

Join other Young Adults for the 5:30pm Mass on the 3rd Saturday of each month...this month next **Saturday, June 18**. Find each other in the pews closest to the choir. After Mass, meet up in the entryway of the church and then head to dinner/drinks at The Westy just down the road. Can't make it for one or other? That's okay, just join the group for what you can. For more information, contact Abbey at abbeykindt@gmail.com

SERVE

Volunteer for the St. Vincent de Paul Helpline

The St. Vincent de Paul HelpLine is seeing an unprecedented amount of calls and needs support. The ideal volunteer is someone who can commit to one, 2-hour shift per week. The Helpline runs 8 a.m. to 3 p.m., Monday-Friday and the need is greatest in the morning. Helpline Volunteers work from home and need a laptop/computer with a microphone and speakers. Training is provided by the HelpLine staff. If you are interested please contact visit <https://svdpseattle.org/get-help/> to learn more and <https://svdpseattle.org/volunteer/> to submit an application.

ACT

Catholic Relief Services: Support Mental Health in Foreign Assistance

Around the globe, hundreds of millions of people struggle with mental health conditions. Communities in conflict-affected areas are particularly impacted: most will experience psychological distress at some point, and more than 1 in 5 have a mental health disorder. Mental health and psychosocial support are essential to the health and protection of all people. Urge Congress to support H.R. 3988, the Mental Health in International Development and Humanitarian Settings Act, the first-ever U.S. legislation that addresses mental health and psychosocial support in foreign assistance. Lift your voice on behalf of our sisters and brothers experiencing the traumatic impacts of poverty, conflict and violence. Visit <https://www.crs.org/get-involved/lead-way/migration> to learn more.

Welcome Ukrainians, Protect Refugees, and Rebuild the U.S. Resettlement Program

Congress is now preparing funding bills that would invest in the U.S. refugee resettlement program for Fiscal Year 2023. The need for long-term protections for refugees has never been greater. Investments are critical to the long-term integration of new Americans, people who are rebuilding lives after surviving persecution, torture, trauma, and trafficking. Call on congress to expand the U.S. Refugee Admissions Programs to provide humanitarian assistance overseas, process refugees to the U.S., and serve all displaced populations as they arrive. Visit <https://cwsglobal.org/take-action/action-alerts/> to take action!

Mercy in Action: Abolish the Death Penalty

Catholic Mobilizing Network's Mercy in Action project gives you the tools you need to promote clemency for those on death row. One among many of the problematic issues with the death penalty is the fact that the death penalty has historically been disproportionately applied to black people in the U.S. and they are still overrepresented on death row.

Of the 185 people exonerated from death row since 1973, about 53% are black. Today, the states that sentence the most people to death are the same states that once carried out the most lynchings. Subscribers to CMN's newsletter receive monthly alerts about upcoming executions, which include resources for prayer and advocacy. Sign up for this life-saving action ministry at <https://catholicismobilizing.org/action/mercy-action-project>

Vote Your Proxies

It is proxy voting season! If you own individual stocks, you are receiving your proxies. The Intercommunity Peace and Justice Center invites you to view their Northwest Coalition for Responsible Investment Proxy Voting Guide and consider voting their priorities (diversity and racial justice, health equity, human rights and worker rights, climate, corporate governance). The NWCRI is a regional collaborative organization of faith-based institutions committed to using their power as investors to shape a more just world. Visit <https://ipjc.org/nwcric/> to learn more.