

## 2022 Track and Field Schedule

*Please review the following schedule with your student athlete and **circle** the dates of attendance.  
This form is due by Thursday, March 24<sup>th</sup>*

Name \_\_\_\_\_ Grade \_\_\_\_\_ T-shirt size of student-athlete \_\_\_\_\_

Parent's Signature \_\_\_\_\_

Practice/Meet	Time	Transportation Home
Wednesday 3/14/22	Information Meeting in class	N/A
Break 3/28/22- 4/1/22	Spring Break	
Monday 4/4/22	3:30-4:15 Practice	Car rider only
Wednesday 4/6/22	3:30-4:15 Practice	Car rider only
Thursday 4/7/22	3:30-4:15 Practice	Car rider only
Monday 4/11/22	3:30-4:15 Practice	Car rider only
Wednesday 4/13/22	3:30-4:15 Practice	Car rider only
Thursday 4/14/22	3:30-4:15 Time Trials @ Rondout	Car rider only
Monday 4/18/22	3:30-4:15 Practice	Car rider only
Wednesday 4/20/22	3:30-4:15 Practice	Car rider only
Monday 4/25/22	3:30-4:15 Practice	Car rider only
Tuesday 4/26/22	4pm Track Meet @ LHS	<u>*Bus to meet only</u>
Thursday 4/28/22	3:30-4:15 Practice	Car rider only
Monday 5/2/22	3:30-4:15 Practice	Car rider only
Tuesday 5/3/22	4pm Track Meet @LHS	<u>*Bus to meet only</u>

\*Athletes will be bussed to the meet only. Parents will need to pick up their athletes from LHS.

### Friendly Reminder:

What does my student athlete need before the ***first practice on Monday, April 4<sup>th</sup>***?

1. Practice permission form (this form)
2. Concussion packet signed by both a parent and the student athlete.
3. Sports physical within the past 13 months on file with Mrs. Kellie, the School Nurse.