

A Safe and Healthy County:

Additionally, we conducted an awareness training at Anderson Valley High School which was aimed at bringing attention to the adults in the lives of youth about the drugs that are present in our schools. We are also distributing locking medication bags and gun locks to promote safe storage practices for medication and firearms. By providing these safety tools we aim to reduce the risk of accidental or intentional harm caused by improper storage of medication or firearms.

Behavioral Health & Recovery Services collaborated with Consolidated Tribal Health Project for a “Conversation about Crisis Services” on May 25, 2023. The conversation was an opportunity for Tribal Members and the public to meet various members of behavioral health crisis responders and ask and have answered questions about the crisis programs and processes. The panel included Karen Lovato, Katerina Smallcomb, and Sarah Livingston. The event was two hours long, with introductions by Trilby Kerrigan and Jenine Miller, and snacks provided by Consolidated Tribal Health Project. The event was a well-attended with many questions and will likely be repeated.

Behavioral Health & Recovery Services is bringing a half day learning opportunity around first experiences with mental health symptoms. Often families and individuals are uncertain what is happening when an individual first experiences mental health symptoms, especially symptoms of psychosis. These individuals’ first contact with services is often with emergency or crisis services. This event will be an opportunity for the community to learn more about first experiences and the service resources; the event will include a training by Dr. Ricardo Carrillo on First Episode Psychosis and Crisis Intervention, panel speakers, and Behavioral Health resource booths. Fliers and Registration information is available on the BHRS Website (<https://www.mendocinocounty.org/departments/behavioral-health-and-recovery-services/mental-health-services/>).