



Behavioral Health and Recovery Services (BHRS) recognizes June as Post-Traumatic Stress Disorder (PTSD) Awareness Month. It is an important time to reduce stigma and raise public awareness. PTSD is a mental health condition that can occur after experiencing or witnessing a traumatic event, like combat, a natural disaster, car accident, or sexual assault. Anyone can develop PTSD at any age. Veterans, survivors of violence, and emergency responders are at an increased risk, along with individuals with a history of mental health conditions or prior trauma.

To learn more on ways to spread the word and raise awareness see the website at veteran.com/ptsd-awareness-month/

For 24/7, confidential crisis support dial 988 then Press 1, Text 838255, or chat online at www.veteranscrisisline.net/get-help-now/chat/

BHRS also recognizes June as LGBTQ Pride Month when the world's LGBTQ communities come together and celebrate the freedom to be themselves. LGBTQ is an acronym meaning lesbian, gay, bisexual, transgender and queer.



If you or someone you know is feeling stressed, isolated, overwhelmed, or need support for discrimination in the LGBTQ+ community, call the Warm Line for Non-Crisis Emotional Support: 1-707-472-2311 or Toll Free at 1-833-955-2510.





A Safe & Healthy County June 2024

BHRS also recognizes Juneteenth Day a National Independence Day that is celebrated on June 19 to commemorate the ending of slavery. The holiday's name is a portmanteau of the words "June" and "nineteenth", as it remembers June 19, 1865, when Major General Gordon Granger ordered the final enforcement of the Emancipation Proclamation in Texas at the end of the American Civil War. Originating in Galveston, Texas, Juneteenth has since been observed annually in various parts of the United States, often broadly celebrating African American culture.



Mental Health

May was Mental Health Month. Behavioral Health and Public Health service teams attended four events throughout Mendocino County in to raise awareness. Activities attended included booths at the Mendocino College Health Fair, Laytonville's Outreach Fair, and Fort Bragg Farmer's Market. In addition, there was a special resource fair at Orr Creek Commons to support connecting individuals to services and community resources. During these events programs distribute awareness raising and educational materials to inform community members of programs, healthy activities, and more.



MAY IS MENTAL HEALTH AWARENESS MONTH



Date	Time	Events
Wednesday May 8th, 2024	11:00am—2:00pm	Health Faire—Mendocino College 1000 Hensley Creek Road Ukiah, CA 95482
Monday May 20th, 2024	3:30pm - 6pm	Laytonville Outreach Fair Harwood Hall, 44400 Willis Avenue Laytonville, 95454
Wednesday May 29th, 2024	3:00pm—5:30pm	Fort Bragg Farmers Market Downtown Laurel & Franklin, Fort Bragg 95437
Friday May 31st, 2024	TBD	Health Faire— Orr Creek Commons 501 Brush Street, Ukiah 95482

FOR MORE INFORMATION, PLEASE VISIT:

<https://mendocinocounty.org/departments/behavioral-health-and-recovery-services/mental-health-services>



For more information, please contact
Rena Ford MHSA
fordre@mendocinocounty.gov
707-472-2724

Behavioral Health and Recovery Services (BHRS) staff will be on site to provide information and answer any questions regarding Mental Health Services. Educational and promotional items will be available.



An Effective County Government Organization June 2024

Substance Use Disorder Treatment (SUDT)

SUDT had nine client's successfully complete treatment in the month of April, with two additional clients transitioning to residential treatment. Today we acknowledge all those who have completed treatment. Those who have owned their stories of struggles, found power in recovery, and are rising strong with truth, compassion, and courage.

Admissions: 24 First Admissions; 3 Re-Admissions for a total of 27 individuals coming into treatment.

SUDT will began its Juvenile Justice summer program in June. The plan is to have groups at SUDT on Monday's and then work with the dogs at Animal Control on Wednesday's. The youth have been identified and there a 6 scheduled to began.





Mendocino County Behavioral Health and Recovery Services

**Mental Health Services Act (MHSA)
& Quality Improvement Committee (QIC)
Stakeholder Forum Schedule for 2022/2023**

As part of the Community Program and Planning (CPP) Process, Mendocino County holds a series of stakeholder meetings for consumers, their families, County staff, service providers, and the community to provide the County MHSA/QIC team with input for program needs and challenges.

Dates and Times:	Location and Via Zoom:
Tuesday, August 29, 2023 12:00 pm - 2:00 pm	Point Arena, The Center 200 Main Street 95468 Via Zoom https://mendocinocounty.zoom.us/j/85089103669
Thursday October 5, 2023 2:00 pm - 4:00 pm	Covelo, Yuki Trails 23000 Henderson Road 95428 Via Zoom https://mendocinocounty.zoom.us/j/82955303472
Wednesday December 6, 2023 3:00 pm - 5:00 pm	Redwood Valley, Behavioral Health Regional Training Center 8207 East Road 95470 Via Zoom https://mendocinocounty.zoom.us/j/82672245859
Tuesday February 6, 2024 3:00 pm - 5:00 pm	Ukiah, Public Health 1120 South Dora Street 95482 Via Zoom https://mendocinocounty.zoom.us/j/86336576198
Thursday April 4, 2024 2:00 pm - 4:00 pm	Willits, Library 390 E Commercial Street 95490 Via Zoom https://mendocinocounty.zoom.us/j/89323392984
Tuesday, June 4, 2024 1:00 pm - 3:00 pm	Fort Bragg, Hospitality Center 101 N Franklin Street 95437 Via Zoom https://mendocinocounty.zoom.us/j/81400830403

Mental Health

Mental Health Services Act & Quality Improvement Committee Joint Forum will be held Tuesday, June 4, 2024 from 1:00 pm to 3:00 pm at the Fort Bragg Hospitality Center at 101 N. Franklin Street 95437. This meeting is an opportunity for community members, providers, partner agencies, and other stakeholders to give Behavioral Health feedback on Mental Health Services and Specialty Mental Health Services. It is also an opportunity for the community to learn more about these programs.

The Safe Rx Coalition has shifted when it meets to allow for greater stakeholder participation. The new meeting day and time is Tuesday June 25 at 11 am via [Teams](#).

If you have any questions please contact

Rena Ford (MHSA)

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Dustin Thompson (QIC)

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Other/Additional Information June 2024

Public Conservator Office

Number of LPS conserved individuals in April 2024 were consistent with the previous months. The Public Conservator office and the placement team is always reviewing individuals in higher level of placements to work towards achieving their goals to be eligible for lower level of placements including independent housing. In November 2023, there were more clients placed out of county than in county due to needing higher level of care.

Number of Clients Placed In and Out of County			
FY 23/24	Out of County	In County	Total Number of Clients
April 2024	41	22	63

LPS Conservatorship (Mental Health) Placement Costs FY 23/24			
FY 23/24	Total Costs	General Funds	Realignment Funds
April 2024	\$334,878.00	\$0	\$332,188.82
Total (YTD)	\$3,438,448.82	\$0	\$3,428,748.64

LPS Conservatorship

A conservatorship established under the Lanterman-Petris-Short (LPS) Act to provide for individualized treatment, supervision, and placement of individuals who are gravely disabled as a result of a mental health disorder or impairment by chronic alcoholism (Welfare and Institutions Code Section 5350).

Grave Disability:

A condition in which a person, as a result of a mental health disorder, or impairment by chronic alcoholism, is unable to provide for his or her basic personal needs for food, clothing, or shelter. WIC Section 5008(h)(1) (A) and (2). This term also applies when an individual has been charged with a crime, has been found mentally incompetent under Section 1370 of the Penal Code, and meets the other criteria set forth in WIC Section 5008(h)(1).(B).



A Prepared & Resilient Community June 2024

Substance Use Disorder Treatment



SUDT is purchasing products for table swag for the coming summer events. All are customized with the county logos to get our information out to the public. NARCAN will be distributed along with the information on how to use NARCAN. This was purchased using funds from the COSSUP grant that BHRS was granted.

Other/Additional Information

April Program Data

- Assisted Outpatient Treatment: 0 referrals in April, 10 referrals in FY 23/24
- AB109 MH Probation: 37 clients served in April, 46 clients served in FY 23/24
- Dual Response Mobile Crisis: 71 Calls in April, 572 calls in FY 23/24; average calls resulting in 5150 6% for FY 23/24
- Mobile Outreach & Prevention Services: 32 clients served in April, 64 clients served in FY 23/24
- BHRS Jail Discharge Planning: 16 clients served in April, 236 served FY 23/24
- Crisis Residential Treatment: 15 clients served in April for 205 total bed days.

On May 7-10, 2024, Mendocino County Behavioral Health and Recovery Services and Public Health staff attended the 2024 Local Government Agency (LGA) Consortium Annual Conference. This conference provided staff with training and education related to an additional Medi-Cal funding stream. As the departments looks to enhance efficiencies and optimize all available funding streams, this training provided the foundation to enhance billing for current services.

