

2023 ANNUAL REPORT

MENDOCINO COUNTY DAY REPORTING CENTER PROGRAM OUTCOMES



Reentry services•

AGENCY

Mendocino County Probation

POPULATION

Male and female adults on probation

PROGRAM SUMMARY

The Mendocino County Day Reporting Center (DRC) provides behavior change programming to help participants return to the community. In partnership with Mendocino County Probation, GEO Reentry Services provides evidence-based programming to ensure participants receive treatment that is aligned with the research on "What Works" to reduce recidivism.

In January 2023, with the help of Mendocino County Probation, the Community Corrections Partnership, and the County of Mendocino Board of Supervisors and Executive Office, the DRC successfully moved to their own facility. This enabled the DRC to return to pre-pandemic operations, and an open house was held in July 2023 to commemorate the move. The open house was attended by many community partners including Fort Bragg Mayor, Bernie Norvell, CEO of Mendocino County, Darcie Antle, the Board of Supervisors, and staff from Mendocino County Probation.

We look forward to serving the County and referred participants in 2024. Our goal is to connect with more community partners and stakeholders and host events to celebrate the success of our participants.

The following reflects the annual (January 1, 2023-December 31, 2023) program data and intermediate outcomes for the Mendocino County DRC in California.

PARTICIPANTS SERVED

49 Total participants served during the reporting period

PARTICIPANTS SERVED BY CLASSIFICATION

Below is the breakdown of 49 participants served during the reporting period by classification and location.

29 Participants on Post Release Community Supervision (PRCS)
UKIAH 26
WILLITS 3

17 Participants on Formal Probation
UKIAH 15
WILLITS 2

2 Participants on Mandatory Supervision (MS)
UKIAH 2
WILLITS 0

1 Participant supervised by California Department of Corrections & Rehabilitation (CDCR)
UKIAH 1
WILLITS 0

EMPLOYMENT

A goal of the DRC is to assist participants with securing employment. During the reporting period, the number of participants employed increased by 158%, based on the total individuals served. (n=38) The DRC averaged a 50% employment rate for all individuals served throughout the reporting period, a 35% increase from 2022.

EMPLOYMENT GAINS: 49%

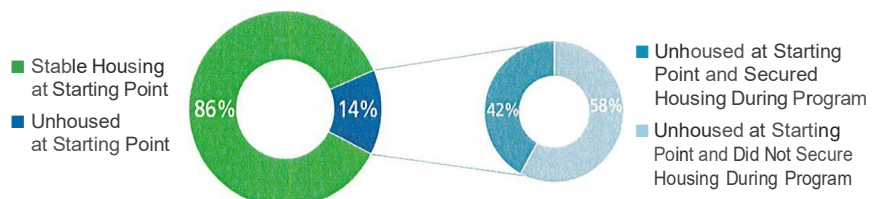
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-44%

- Employed at Starting Point
- Employed During Program

HOUSING

During Phase 1, the focus is on meeting the participant's essential needs, which may include housing. During the reporting period, seven individuals entered the program unhoused, a decrease compared to 17 in 2022. Of those seven, three gained housing during the program.



SERVICE ATTENDANCE RATES

DRC participants are required to complete accountability check-ins, with frequency based on the Phase the participant is in and how well they are doing with their treatment. Staff use interactive Purposeful Intervention Tools to ensure Phase 1 participants have a meaningful engagement on days they must come to the center but don't have anything scheduled.

Participants meet with their GEO Reentry Case Manager throughout all phases of the program. During Individual Cognitive Behavioral Treatment (ICBT) sessions, the Case Manager may utilize tools such as Carey Guides, Outcome Rating Scales, Session Rating Scales, and role-play exercises to further determine participant needs and deliver personalized cognitive behavioral treatment. Research shows that cognitive behavioral interventions have the most direct impact on recidivism reduction. The DRC staff are trained in delivering a variety of group-based behavioral interventions including Moral Reconation Therapy® (MRT), Living in Balance, CBI-SUA, and Getting Motivated to Change curricula.

During the reporting period, the Mendocino County DRC saw an increase in all program attendance areas, including a 22% increase in groups from 2022 to 2023. Below is a breakdown of service attendance rates for the DRC population, based on those scheduled for the service.

ACCOUNTABILITY CHECK-IN **82%**

88 **GROUP** **67%**

ICBT **73%**

DISCHARGE RESULTS

The total discharges decreased from 46 in 2022 to 38 in 2023. While the DRC had eight positive completions in both 2022 and 2023, there was an increase in successful discharges in 2023, meaning the participant completed the core program and Aftercare. There was a decrease in neutral discharges year over year, from 26 in 2022 to 13 in 2023. This was due to the responsive programming which enabled participants to receive treatment from multiple agencies as well as the collaboration to keep the individuals who were employed enrolled in the DRC. There was an increase in non-completion discharges, from 12 in 2022 to 17 in 2023.

TOTAL DISCHARGES: 38

21% (8)

45% (17)

- Positive Completion: includes successful and completion discharges
- Neutral: includes agency-ordered terminations, external transfers, and other discharges
- Non-completion: includes absconds, jail termination, and unsuccessful discharges

DISCHARGE RESULTS & AVERAGE LENGTH OF PARTICIPATION BY TYPE

The number of absconds increased by two year over year. The three most common barriers for absconded participants include lack of housing, no phone, and no transportation. The average number of participation days was 207 for all discharge types. Number of days by type is noted in the legend below.

37% (14)

34% (13)

13% (5)

8% (3)

- Abscond (119 days)
- Agency-Ordered Termination (184 days)
- Completion (388 days)
- Jail Termination (161 days)
- Successful Completion (457 days)

In 2024, the DRC will continue to work on removing barriers to treatment. The DRC is already working with Mendocino County Homeless Continuum of Care to add and track participants in the coordinated entry system, ensuring they get housing as soon as possible. Due to the rurality of the area, public transportation is sometimes not available or a reasonable option. Participants living in the town of Ukiah have a higher probability of having reliable transportation, compared to participants living on the outskirts, where bus availability is limited and/or one-way. Within Ukiah, buses run continuously, and services are often within walking or biking distances.

PHASE PROGRESSION

In 2023, tracking participant phase progression was added. Participants start in Phase 1, and as they achieve milestones, they transition to the next phase. With our cognitive behavioral approach, it is expected that as a participant progresses, they demonstrate more prosocial behavior. The limited number of participants that progressed to Phase 3 or Aftercare in 2023 may be attributed to a participant's length of stay in the program. Some participants are referred to the DRC later in their sentence, and therefore, are not required to attend services for the amount of time it may take to complete the program.

NUMBER OF PARTICIPANTS BY PHASE

Below is the breakdown of the average number of participants per day by phase for the reporting period.

4 PHASE 1
11 PHASE 2
1 PHASE 3
1 AFTERCARE

SUCCESSFUL PHASE PROGRESSIONS

Below is the breakdown of the total 24 successful phase progressions.

14 PHASE 1
8 PHASE 2
2 PHASE 3

SOBRIETY

Individuals with addiction or substance use engage in compulsive behaviors and often continue despite harmful consequences. Prevention efforts and addiction treatment are generally as successful as those for other chronic diseases. To assess participant needs, the DRC uses the American Society of Addiction Medicine (ASAM) criteria to determine specific level of care.

The DRC provides a variety of interventions targeting substance use, including Cognitive Behavioral Interventions for Substance Use Adults (CBI-SUA). This primary group intervention is designed to teach participants the tools and strategies for cognitive, social, and emotional health, coping skills development, and relapse prevention planning. Participants also receive additional and personalized substance use dosage through Individual Cognitive Behavioral Treatment (ICBT) sessions with the DRC Substance Use Counselor.

DRUG & ALCOHOL TEST RESULTS

DRC participants are required to test for alcohol and illicit substances. Below is the breakdown of negative and positive test results during the reporting period.

TOTAL DRUG TESTS: 587

74%

TOTAL BREATH ALCOHOL CONTENT (BrAC) TESTS: 2,009

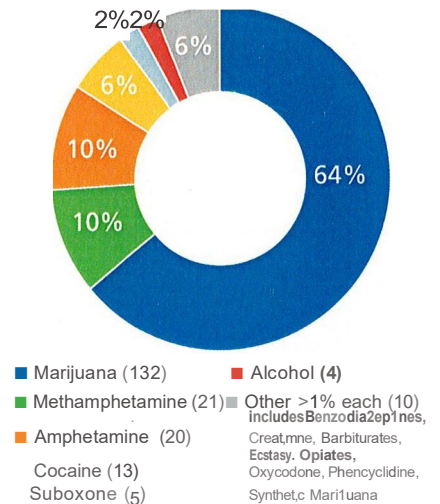
99.6%

0.4%

- Clean
- Substance(s) Detected

SUBSTANCES DETECTED

Of the participants that tested positive, a total of 205 substances were detected. Below are the results by substance.



CRIMINOGENIC NEEDS

There are eight key life areas (known as criminogenic needs) that research links to crime-producing behaviors. Mendocino County Probation utilizes a validated assessment to identify participants' criminogenic needs that pose the most significant risk to future recidivism. In partnership with the participant, DRC staff help participants create an Individual Success Plan (ISP) that serves as an action-oriented roadmap for them to develop prosocial thoughts and behaviors. GEO Reentry understands the importance of working closely with each individual to build engagement and motivation.

The top three criminogenic needs identified during the reporting period were:

- Behavioral Characteristics
- Education/Employment
- Substance Use

SURVEY RESULTS

In an effort to enhance the DRC program model, it's essential that we gather feedback from the individuals we serve. Bi-annually, participants can provide feedback through an anonymous online survey. Below are some of the combined results from the January 2023 and July 2023 surveys. (n=22)

The following groups were/are helpful to me:

Note: Percentages do not include n/a responses

ICBT Sessions

95%

Substance Use Group

88%

MRT Group

77%

Please indicate your level of agreement with the following statements:

GEO Reentry staff provide me with a healthy, compassionate environment

100%

GEO Reentry staff treat me with dignity and respect

100%

GEO Reentry staff provide services that enable me to be successful in the community

100%

GEO Reentry staff maintain an environment that makes me feel safe and secure

100%

GEO Reentry staff deliver services in a quality location

100%

GEO Reentry staff provide an easy way to contact staff with any questions or concerns

100%

- Agree/Strongly Agree
- Disagree/Strongly Disagree

What are some skills you learned in group?

- Patience
- Acceptance
- Accountability
- Recognizing triggers
- Honesty
- Asking for help

Has GEO Reentry connected you with any support services in the community?

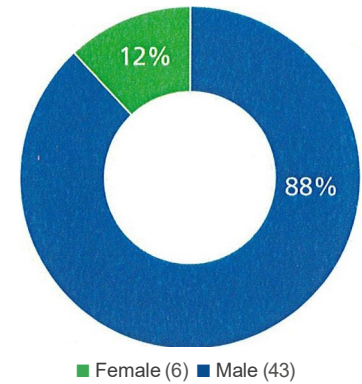
Below are the services identified by the participants.

- Housing
- Food
- Clothing assistance
- Employment
- Health/Wellness
- Medical
- Worship
- AA/NA
- Support groups
- Education

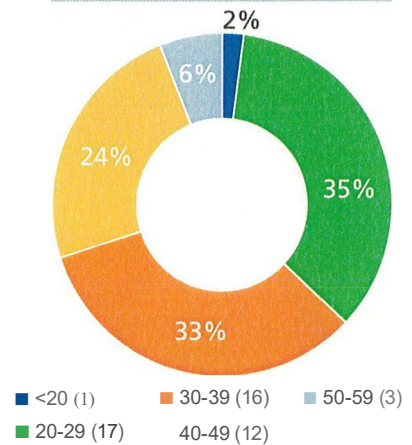
PARTICIPANT DEMOGRAPHICS

Below is the demographic breakdown of the participants during the reporting period.

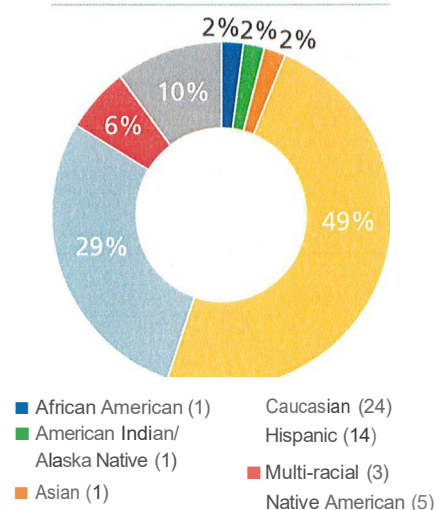
GENDER



AGE AT STARTING POINT



RACE



MENDOCINO COUNTY DRC REDUCES CRIMINAL THINKING

During the reporting period, the DRC began to phase out the Criminal Thinking Scales (CTS) 2.0 assessment and implemented CTS 3.0. In 2024, the DRC will complete the roll out of CTS 3.0 for all participants. The CTS results below are from CTS 2.0.

WHY IS A REDUCTION IN CRIMINAL THINKING IMPORTANT?

Criminal thinking domains, such as antisocial cognitions and antisocial attitudes, are frequent targets for change in correctional treatment, and are described in current theories of criminal behavior.¹ The research on "What Works" to reduce recidivism indicates that antisocial cognition and antisocial attitudes (criminal thinking) are among the top three risk factors as drivers of recidivism. The Texas Christian University Criminal Thinking Scales (CTS), a reliable and validated instrument, measures the effect of GEO Reentry's programming on antisocial cognition and attitudes. The results of this report indicate that GEO Reentry's programming reduced criminal thinking patterns as measured by the CTS, and therefore lowers the potential for future recidivism.

SUMMARY OF RESULTS

Research evaluators analyzed the pre- and post-programming CTS scores for seven individuals who participated in programming at the Mendocino County DRC between January 1, 2023 and December 31, 2023. The average number of days between the pre- and post-assessment was 389 days.

- **FIGURE 1** illustrates the results of seven individuals regardless of risk level. These participants had a clinically significant reduction, averaging 11% (2.2 points) across all six domains.
- **FIGURE 2** illustrates the results of four individuals with moderate- to high-risk scores in at least one domain at starting point. Participant risk level is determined by the recommended score ranges outlined by research (see table). These participants had a clinically significant reduction, averaging 20% (4.6 points) across all six domains.

FIGURE 1: MENDOCINO COUNTY DRC CRIMINAL THINKING SCALES COMPARISON

All Risk Participants (n=7)

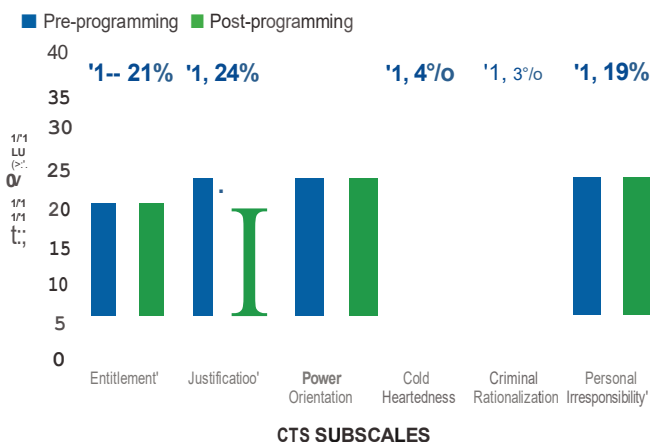
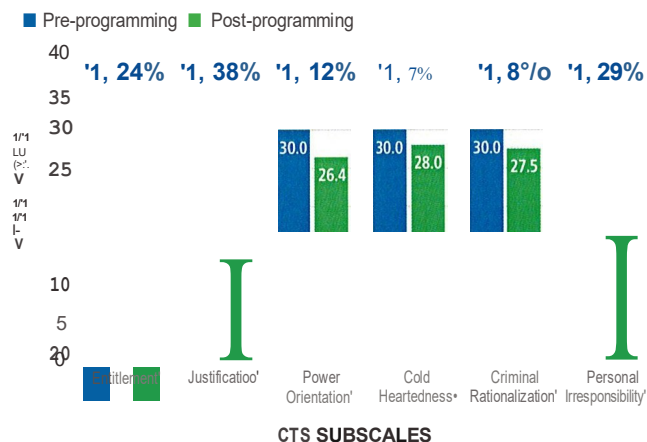


FIGURE 2: MENDOCINO COUNTY DRC CRIMINAL THINKING SCALES COMPARISON

Moderate- and High-risk Participants (n=4)



*A clinically significant reduction in scores is defined as a two point or greater decrease from the pre- to post-programming score

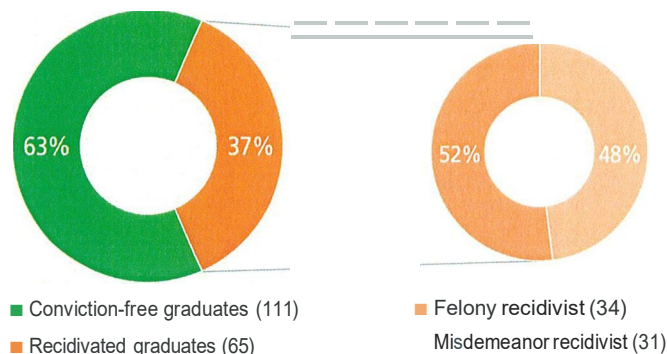
CTS DOMAINS	DESCRIPTION	RECOMMENDED RISK SCORE RANGES ¹		
		LOW	MEDIUM	HIGH
ENTITLEMENT	- Focuses on a sense of ownership and privilege - High scores are associated with the individual's belief that the world "owes them" and they deserve special consideration	10-17	18-20	21-40
JUSTIFICATION	- Refers to patterns of thought that minimize the seriousness of antisocial acts and by justifying actions based on external circumstances - High scores may be associated with perceived social injustice	10-18	19-22	23-40
POWER ORIENTATION	- Measures the need of power and control - High scores are associated with higher levels of aggression and controlling behaviors	10-22	23-37	28-40
COLD HEARTEDNESS	- High scores reflect a lack of emotional involvement	10-20	21-23	24-40
CRIMINAL RATIONALIZATION	- High scores are associated with negative attitudes towards the law and authority figures	10-28	29-35	36-40
PERSONAL RATIONALIZATION	- Assesses the degree to which an individual is willing to accept ownership for criminal actions - High scores are associated with non-acceptance of criminal actions and often blaming others	10-18	19-24	25-40

¹Knight, K., Garner, B.R., Simpson, D.W., Morey, J.T., & Flynn, P.M. (2006). "An assessment for criminal thinking." *Crime & Delinquency*, Vol. 52, No. 1, 159-177

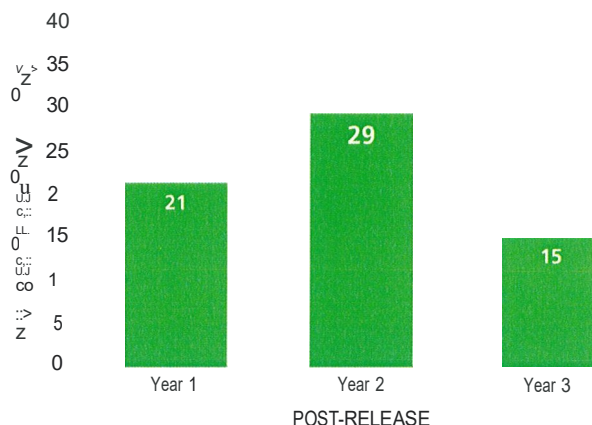
²Knight, K., Ekelund, B., Barbour, P. (2015). ["Simplifying Assessment in Criminal Justice and Treatment Settings: Using TCU Tools to Ensure Effective Services"](#)

RECIDIVISM ANALYSIS

A 2023 analysis provided by the Mendocino County Probation Office indicates a 37% recidivism rate for DRC participants who graduated from the program between 2012 and 2022. (n=176)



GRADUATE RECONVICTIONS (n=65)



GRADUATE ARRESTS & CONVICTIONS

Graduate Arrests & Convictions

	2012-2019 Graduates (n=152)	2020 Graduates (3 Years) (n=10)	2021 Graduates (2 Years) (n=6)	2022 Graduates (1 Year) (n=8)	Total (n=176)
Conviction-free	91/60%	8/80%	5/83%	7/88%	111/63%
Recidivated	61/40%	2/20%	1/17%	1/12%	65/37%

Graduate Arrest By Conviction Type

	2012-2019 Graduates (n=61)	2020 Graduates (3 Years) (n=2)	2021 Graduates (2 Years) (n=1)	2022 Graduates (1 Year) (n=1)	Total (n=65)
Felony	31/51%	2/100%	0/0%	1/100%	34/52%
Misdemeanor	30/49%	0/0%	1/100%	0/0%	31/48%

Participant Arrests Pending Disposition

	2012-2019 Graduates	2020 Graduates (3 Years)	2021 Graduates (2 Years)	2022 Graduates (1 Year)	Total
Pending Disposition	2	2	0	0	4

MENDOCINO COUNTY RECIDIVISM DEFINITIONS

- **DRC Recidivism:** An arrest within three years following a DRC participant's completion, resulting in a misdemeanor or felony conviction (14061.1 convictions not included).
- **Recidivist:** Once a participant receives a conviction as defined by the Mendocino County DRC recidivism definition, they are counted once, regardless of how many reconviictions the participant received within those three years.
- **Reconviction:** Total number of convictions as defined by the Mendocino County DRC Recidivism definition.
- **Pending Disposition:** Case status when a participant is arrested within three years following their DRC completion, but a conviction has not yet been rendered.

FOR MORE INFORMATION

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