



Behavioral Health and Recovery Services (BHRS) Update March 2024

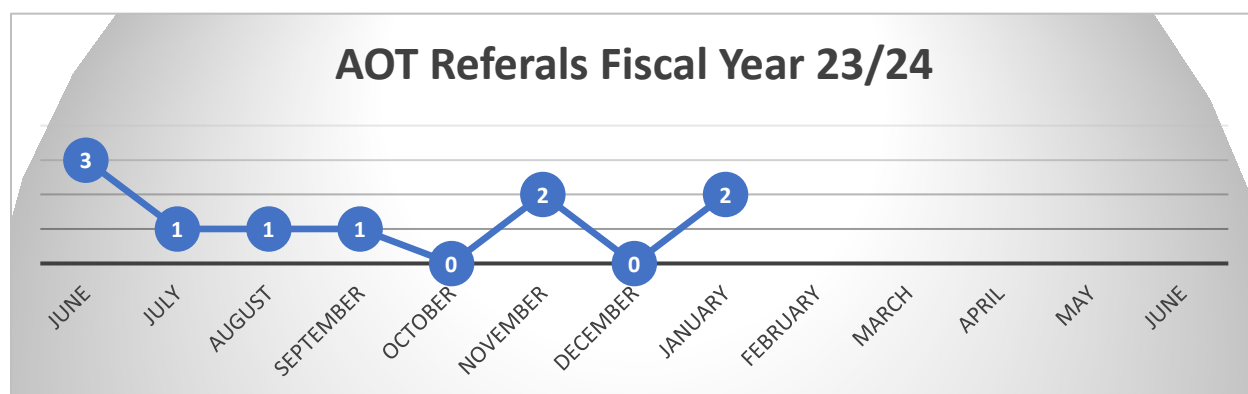
A Prepared and Resilient Community:

Approximately 2 million adults in the United States have what is considered a gambling problem disorder each year, an additional 4-6 million adults have a gambling concern but do not meet the criteria of a severe problem. It is estimated that problem gambling has an annual impact of \$7 billion in loss of funds tied to job loss, bankruptcy, and criminal justice costs, as well as health care expenses associated with treatment.

BHRS also recognizes March as Self-Harm/Self-Injury Awareness Month. Self-Harm/Self-Injury is distinguished from suicidal behavior as a deliberate intent to inflict physical harm to relieve emotional pain and distress without intending to end one's life. Pain triggers an endorphin rush which can relieve the individual from emotional distress. Self-Harm can take many forms including cutting, burning, bruising, puncturing, picking at, scratching, and/or hitting oneself. Self-harming behaviors and marks are often kept secret and hidden and are frequently done on parts of the body that are not visible to others or are intentionally hidden (such as wearing long sleeves to hide cuts on arms). Self-injury is often used as a coping tool for things that the individual does not feel they can speak about. Approximately 4% of the population of the United States uses non-suicidal self-injury as a coping mechanism.

In the month of January, Substance Use Disorder Treatment provided 26 intakes and 7 individuals completed treatment.

Assisted Outpatient Treatment (AOT) is a program otherwise known as "Laura's Law" or AB 1421. Assisted Outpatient Treatment is a court ordered treatment program for clients that meet 9 very specific criteria. The goal of AOT is to engage the client in treatment and reduce safety risks to clients and the community.

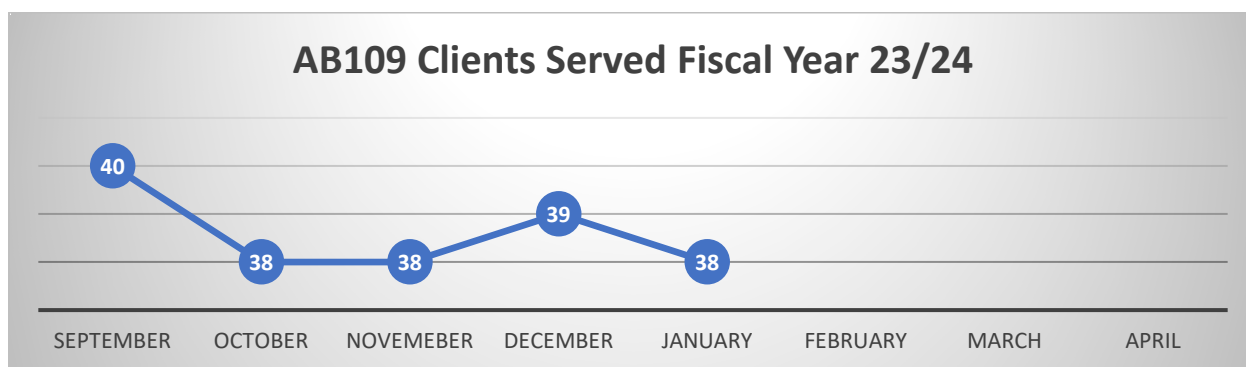




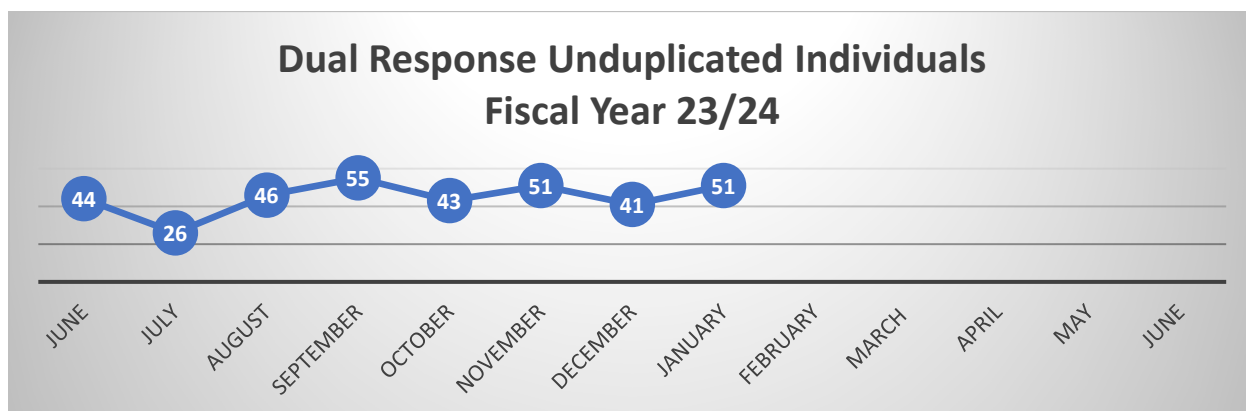
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The AOT Coordinator can be reached at 707-472-2322. The AOT referral form is available online.

AB109- Mental Health Services to Probation. This program is a collaboration between Probation and Behavioral Health and Recovery Services to provide Mental Health services to individuals in Probation. A clinician is co-located at Probation increase access, and to support individuals on probation with behavioral health conditions to address concerns. The program prioritizes individuals on Post Release Community Supervision.



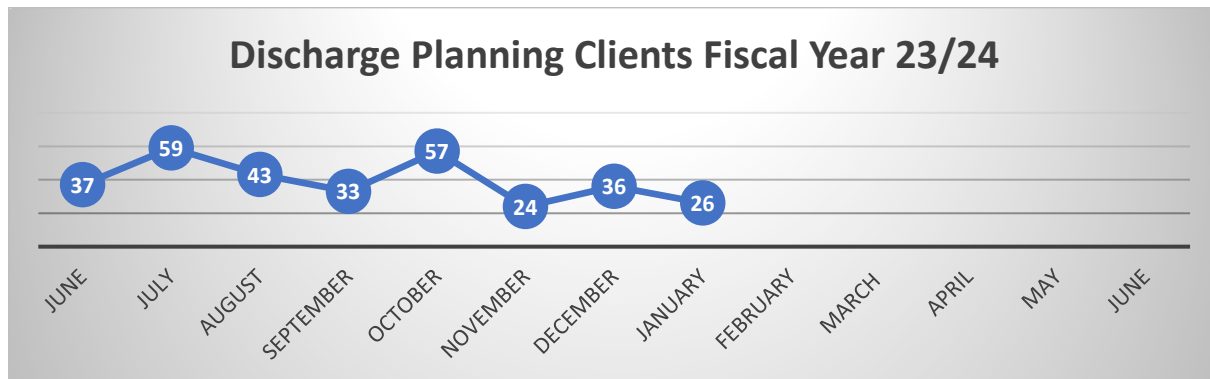
Dual Response Mobile Crisis- This program is a field-based outreach to individuals that are in a mental health crisis. BHRS Mental Health Rehabilitation Specialists respond to calls in the community and individual's homes to determine whether the crisis can be resolved in the home, whether the individual needs support connecting to outpatient mental health or substance use services, or whether they need acute psychiatric hospitalization. Dual Response may respond with law enforcement, RCS Crisis, or in teams of two depending on the nature of the crisis. Referrals come from 911 dispatch and the Crisis Line.



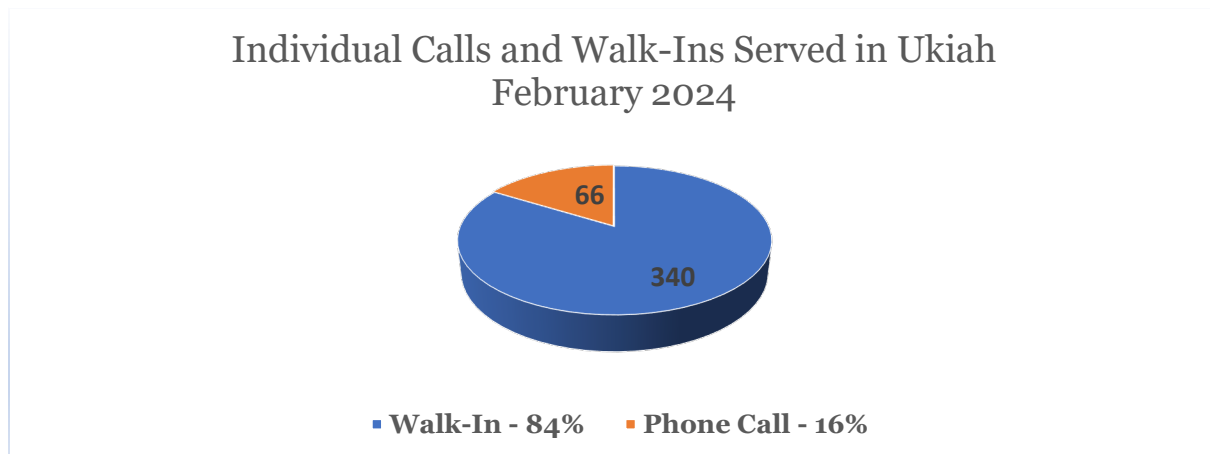


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BH Jail Discharge planning is a MHSA funded program that provides inreach to the Jail. The Jail Discharge planner attempts to make contact with individuals in jail with behavioral health conditions within 60 days of their intended release. If the inmate is willing to work with the Discharge Planner, he supports the inmate to make connections to services post release, including scheduling follow up appointments. The Jail Discharge Planner works closely with Jail Medical treatment and outpatient mental health and substance use providers and supports client contact until they connect with providers or refuse services.



Behavioral Health Dora Street Location individuals access services at the Ukiah office by Phone or Walk-Ins.





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LPS Conservatorship

Number of LPS conserved individuals in January 2024 remained consistent compared to the previous month. The Public Conservator office and the placement team is always reviewing individuals in higher level of placements to work towards achieving their goals to be eligible for lower level of placements including independent housing. In January 2024, there were more clients placed out of county than in

LPS Conservatorship (Mental Health) Placement Costs FY 23/24			
FY 23/24	Total Costs	General Funds	Realignment Funds
January 2024	\$345,203.23	\$0	\$345,203.23
Total (YTD)	\$2,462,282.19	\$0	\$2,462,282.19

county due to needing higher level of care.

Number of Clients Placed In and Out of County			
FY 23/24	Out of County	In County	Total Number of Clients
January 2024	40	20	60

LPS Conservatorship

A conservatorship established under the Lanterman-Petris-Short (LPS) Act to provide for individualized treatment, supervision, and placement of individuals who are gravely disabled as a result of a mental health disorder.