

**Behavioral Health & Recovery Services (BHRS) recognizes:
Teen Dating Violence Prevention & Awareness Month: All of February**

In the United States, 1 in 3 teens experience physical, sexual, or emotional abuse from someone they are in a dating relationship before reaching adulthood. Among college women, 45% report experiencing violent or abusive behaviors from dating partners.

Teen Dating Violence Awareness Month was established in 2011, and the awareness color is **orange**. This month, BHRS is raising awareness of risk factors, prevention, and reminds to talk with teens about healthy dating relationships, as well as patterns of power and control that can lead to abuse and relationship violence.

- ♥ Start the conversation.
- ♥ Promote respect.
- ♥ Support healthy relationships.

24/7 Crisis Line: 1-855-838-0404

Warm Line for Non-Crisis Emotional Support:

(707) 472-2311 or Toll-Free: 1-833-955-2510



Safe & Healthy Community

February 2026



Substance Use Disorder Treatment (SUDT)

SUDT and Prevention have NARCAN, Fentanyl test strips, and Xylazine test strips in our lobby for easy access to the populations in treatment. There are also NARCAN, Fentanyl test strips, and Xylazine test strips in our main lobby for access to the public.



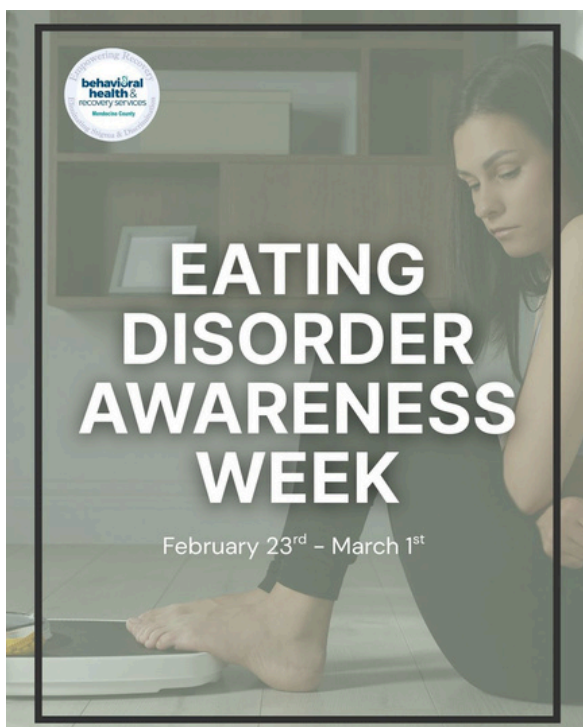
**For access to SUDT services within
Mendocino County**

Phone: 1-855-765-9703

TTY: 1-800-735-2929 or 711



**Behavioral Health & Recovery Services (BHRS) also recognizes:
Eating Disorder Awareness Week: February 23 to March 1**



Eating disorders affect an estimated 28.8 million Americans during their lifetime. They often thrive in silence and shame, making open and honest conversations essential.

BHRS is raising awareness and encourages everyone to use respectful language and listen without judgment. Creating safe, supportive spaces helps break stigma and empowers people to seek help when they need it most.

Eating disorders affect people of all ages, genders, races, and backgrounds—and recovery is possible with compassion, support, and early intervention.

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Effective County Government Organization February 2026



Substance Use Disorder Treatment (SUDT)

SUDT continues actively seeking new grant opportunities to stabilize its current budget.

The Public Defender's Office has increased referrals for Prop 36 eligible individuals. Additionally, staff continue to receive numerous referrals for screening and assessments in the jail.

Behavioral Health & Recovery Services (BHRS) recognizes: Random Acts of Kindness Week: February 14 to 20

BHRS reminds that small acts can make a big difference. A smile, a thank-you, or helping hand can brighten someone's day—and yours too.

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**Be an active
listener
when in the
company of
others** ❤️

**RANDOM ACTS OF KINDNESS
FOUNDATION***
www.randomactsofkindness.org

Mental Health

Behavioral Health Services Act (BHSA) Forum & Quality Improvement Committee Stakeholder meeting will be held on February 5, 2026, from 3:00 pm - 5:00 pm in Conference Room 1 at 1120 South Dora Street, Ukiah and via Teams. The Joint Forum is an opportunity for the community to provide feedback on services, and to hear updates on specialty mental health and mental health services act programs.

BHRS is entering contract development season. Contract utilization review is in progress by fiscal and program teams. Projections of utilization and anticipation of next year utilization is in process. RFPs have recently closed for the new Behavioral Health Services Act Three Year Plan and qualified proposals will go into contract negotiation. Regulations changed subsequent to Proposition 1, which has new funding components, organization, and requirements. This will mean some programs may not be able to continue under BHSA that have had longstanding MHSA funding. MHSA/BHSA stakeholder and provider meetings have been discussing other options for programs that no longer qualify under BHSA & Proposition 1 related regulation and funding.

Other/Additional Information

February 2026



Public Conservator Office

The number of LPS conserved individuals in December 2025 was consistent with the previous months. The Public Conservator office and the placement team is always reviewing individuals in higher level of placements to work towards achieving their goals to be eligible for lower level of placements including independent housing. In December 2025, there were more clients placed out of county than in county due to needing higher level of care.

Number of Clients Placed In and Out of County			
FY 25/26	Out of County	In County	Total Number of Clients
Dec 2025	47	26	73

LPS Conservatorship (Mental Health) Placement Costs FY 25/26			
FY 25/26	Total Costs	General Funds	Realignment Funds
Dec 2025	\$471,416.97	\$0	\$471,416.97
Total (YTD)	\$2,466,662.28	\$0	\$2,466,662.28



LPS Conservatorship

A conservatorship established under the Lanterman-Petris-Short (LPS) Act to provide for individualized treatment, supervision, and placement of individuals who are gravely disabled as a result of a mental health disorder or impairment by chronic alcoholism (Welfare and Institutions Code Section 5350).

Grave Disability:

A condition in which a person, as a result of a mental health disorder, or impairment by chronic alcoholism, is unable to provide for his or her basic personal needs for food, clothing, or shelter. WIC Section 5008(h)(1) (A) and (2). This term also applies when an individual has been charged with a crime, has been found mentally incompetent under Section 1370 of the Penal Code, and meets the other criteria set forth in WIC Section 5008(h)(1).(B).