



JUNE IS
PTSD
POST TRAUMATIC STRESS DISORDER
AWARENESS MONTH

If you are feeling stressed, isolated, overwhelmed, or need support, call the Warm Line for Non-Crisis Emotional Support: 1-707-472-2311 or Toll Free at 1-833-955-2510.

June is Post-Traumatic Stress Disorder (PTSD) Awareness Month and June 27 is Post-Traumatic Stress Disorder (PTSD) Awareness Day

PTSD is a mental health condition that can occur after experiencing or witnessing a traumatic event, like combat, a natural disaster, car accident or sexual assault. Anyone can develop PTSD at any age. Veterans, survivors of violence, and emergency responders are at increased risk, but individuals with a history of mental health conditions or prior trauma are also susceptible.

BHRS is raising awareness to reduce stigma, educate, and to encourage compassion for yourself and to others. Healing is possible—and no one should have to face PTSD alone.

- ◆ Start the conversation.
- ◆ Show support.
- ◆ Prioritize mental health.

Help is Available!

24/7 Crisis Line: 1-855-838-0404

Warm Line for *Non-Crisis Emotional Support*: (707) 472-2311 or Toll-Free: 1-833-955-2510

988 Suicide & Crisis Lifeline *Call, Text, or Chat* online anytime 24/7 at 988lifeline.org

June is also Pride Month

BHRS is raising awareness to provide support to all friends, family, and those close to you in the community for equality, acceptance, and visibility.

If you or someone you know is feeling stressed, isolated, overwhelmed, or need support from discrimination in the LGBTQ+ community, call the Warm Line for Non-Crisis Emotional Support: 1-707-472-2311 or Toll Free at 1-833-955-2510.





A Safe & Healthy County

June 2025

Mental Health

BHRS will host the following stakeholder communication meeting:

- Behavioral Health Services Act (BHSA) Forum/Quality Improvement Committee on Wednesday, June 25, 2025, from 1:30 PM - 3:30 PM at the Fort Bragg Hospitality Center, 101 N. Franklin St., Fort Bragg, CA 95437.

Substance Use Disorder Treatment (SUDT)

Prevention is setting up this year's calendar for all the events that are happening throughout the county, so they can attend. They have already attended 7 events. They have made several purchases, using grant funds, for table swag to hand out at the events.

SUDT and Prevention have NARCAN, COVID-19 tests, Fentanyl test strips, and Xylazine test strips in our lobby for easy access to the populations in treatment. There are also NARCAN, COVID-19 tests, Fentanyl test strips, and Xylazine test strips in our main lobby for access to the public.

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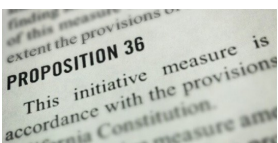
Substance Use Disorder Treatment (SUDT)

SUDT received notification regarding the YOR grant application and did not get awarded, but they continue looking for other grants to apply for their program.

SUDT has now taken over the RCORP/HRSA grant and is working diligently with the Prevention Program. The Prevention team has attended 7 events and working to create an FNL chapter in South Valley. They are working to create and organize a Calander for the upcoming year's events and will be working to train staff to be informed and speak about our programs in the Health Services departments at future events.



The Opioid Task Force continues to move forward and has added additional agencies to the team including the DA and Public Defenders office. They are hoping the Sheriff's Office will attend the May 27, 2025, meeting.



In collaboration with the Public Defender's Office, SUDT is developing a referral and assessment process for individuals in the jail who may be eligible for treatment under Proposition 36. Over the last week, approximately 5 referrals have been made as part of this initiative.



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June 2025

Mental Health - Behavioral Health Services Act (BHSA)

Formerly Mental Health Services Act (MHSA)

The Mental Health Services Act is now known as the Behavioral Health Services Act. Proposition 1 passed in March of 2024 starting a series of changes which will fully go into effect in the 2026-27 Fiscal Year. Changes under the proposition include allowing for both mental health and substance use services to be covered and a more specific focus on individuals with serious impacts to daily functioning, in particular those that are unhoused. With a prioritization of those more severely impacted by behavioral health conditions and those living unhoused, the funding allocations will change beginning in Fiscal Year 26/27. Funding will be prioritized for Full Service Partnership and housing interventions, with over two thirds of funding going to these components. This will leave one third of funding for all remaining projects and programs. An additional change is that the Statewide allocation increases from 5% to 10%. This funding will be utilized by the state for population based prevention strategies, behavioral health workforce development and oversight and monitoring. Mendocino County BHSA team will be conducting community & stakeholder education and prioritization input on how the local community wishes to prioritize the behavioral health services and supports. The BHSA team will also be conducting an RFP for providers under the new BHSA prioritizations for the Three Year plan 2026-2029. The draft plan with proposed programs will be due by June 30, 2026.

Mental Health - CARE Court

The CARE Court or CARE Act went into effect in Mendocino County in December of 2024. Mendocino County Behavioral Health, Mendocino County Superior Courts, the Self Help center at the Courts, and the Public Defender's Office have been meeting for over a year to prepare for implementation. CARE is a new civil court process similar to Assisted Outpatient Treatment, in which individuals with qualifying behavioral health conditions can be referred to a formal court process which oversees the behavioral health treatment process. The program is designed to serve a small number of individuals that are highly impacted by their experience with behavioral health conditions. Individuals that qualify are adults over 18 that have or are believed to have a diagnosis that falls in a schizophrenia spectrum; the individual must be not clinically stabilized in voluntary treatment, are expected to benefit from the treatment plan, and are willing to engage in the voluntary Court monitored CARE Plan as a least restrictive treatment option. The individual has the option to sign consents for a support person to advocate for them in the CARE process. Individuals are entered into the CARE process by filing a CARE 100 form at the court house to petition the Court or by referring to Behavioral health for the BHRS director to refer to CARE. Petitioners can be the individual needing CARE, qualifying family members, people living with the individual, first responders, County BHRS Director, County Public Guardian, County APS director, and/or Tribal Jurisdictions.

Community Assistance Recovery Empowerment Act

BHRS has conducted presentations on CARE to the Law Enforcement community, the Local Behavioral Health Care Collaboration of Clinics and Hospitals, the Behavioral Health Advisory Board, NAMI Mendocino, BHRS staff, and the BHRS contracted direct service providers. In the first six months since implementation far we have had several inquiries about the program, but no formal petitions or referrals to the program.



Other/Additional Information

June 2025

Public Conservator Office

The Number of LPS conserved individuals in April 2025 was consistent with the previous months. The Public Conservator office and the placement team is always reviewing individuals in higher level of placements to work towards achieving their goals to be eligible for lower level of placements including independent housing. In April 2025, there were more clients placed out of county than in county due to needing higher level of care.

Number of Clients Placed In and Out of County			
FY 24/25	Out of County	In County	Total Number of Clients
April 2025	42	21	63

LPS Conservatorship (Mental Health) Placement Costs FY 24/25			
FY 24/25	Total Costs	General Funds	Realignment Funds
April 2025	\$358,766.98	\$0	\$354,766.98
Total (YTD)	\$23,258,877.59	\$0	\$23,258,877.59

LPS Conservatorship

A conservatorship established under the Lanterman-Petris-Short (LPS) Act provides individualized treatment, supervision, and placement for individuals who are gravely disabled due to a mental health disorder or chronic alcoholism, as defined under Welfare and Institutions Code Section 5350.



Grave Disability

Gravely disabled refers to a condition in which an individual, as a result of a mental health disorder or chronic alcoholism, is unable to provide for their basic personal needs for food, clothing, or shelter, as defined in the Welfare and Institutions Code (WIC) Section 5008(h)(1)(A) and (2). The term also applies to individuals who have been charged with a crime, found mentally incompetent under Penal Code Section 1370, and who meet the additional criteria outlined in WIC Section 5008(h)(1) (B).