



MENDOCINO COUNTY WORKING ON WELLNESS

2025 MCWOW Data Dashboard & Wellness Reports Now Available Using Data to Guide Employee Wellness Efforts

The MCWOW Wellness Program has added updated data and reporting to the County website, including the public-facing [2025 MCWOW Progress Report](#). The progress report highlights wellness program participation, biometric screening results, and validated positive health outcomes connected to participation in the Personify Health wellbeing platform.

Additional 2025 reports are also available to County staff through the County network. These include the [Personify Health report](#), which includes aggregate information from the self-reported Health Assessment, participant condition summaries, coaching engagement, and physical activity data. Staff may also access the [eHealth Screenings report](#) which provides aggregate biometric screening data from 2025 screening events.

Together, these reports provide insight into wellness program participation, employee health trends, and measurable indicators among participating employees. This information helps the County recognize what is working well, identify opportunities for improvement, and support employee wellbeing through data-informed wellness strategies.

The MCWOW Progress Report can be viewed on the County's MCWOW Data Dashboard webpage: <https://www.mendocinocounty.gov/departments/human-resources/mcwow-data-dashboard>

County staff may access the additional 2025 wellness reports while connected to the County network.





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Employee Assistance Program Resources Available to County Employees Supporting Staff with Practical Tools for Work and Life

The County's [Employee Assistance Program](#), administered by Magellan Health, provides employees with access to a variety of helpful resources including counseling, legal and financial assistance, a discount center, work-life support, and more.

Magellan also offers monthly trainings designed to support employees in practical, real-life ways. During the month of June, the following trainings are available:

- **Stress Management for Managers**
Wednesday, June 24, [10:00 a.m. – 11:00 a.m.](#)
- **Master Your Money with MSA Insights**
Thursday, June 25, [9:00 a.m. – 10:00 a.m.](#) or [12:00 p.m. – 1:00 p.m.](#)

A helpful feature of these trainings is that employees who register will receive access to a recording, making it easier for staff to participate even if they are unable to attend live.

These resources are an important part of the County's ongoing commitment to employee wellbeing. By offering confidential support, practical education, and tools that can be accessed when employees need them, the Employee Assistance Program helps staff navigate challenges, strengthen resilience, and access support for both work and personal life.

