

MENDOCINO COUNTY

WORKING ON WELLNESS

Biometric Health Screening Registration Opens in April

MCWOW's annual biometric health screening season is approaching, offering employees on the County health plan a convenient opportunity to take a proactive step toward their health. This year, participants can earn up to **4,000 bonus points for meeting healthy criteria**. In addition, when the employee's covered spouse or domestic partner completes a biometric screening and the health risk assessment in Personify Health, the employee earns an additional **5,000 bonus points!**

Our first screening events will be held in **Fort Bragg on May 6th** and in **Willits on May 7th**. Click [here](#) for more information about MCWOW biometric health screenings.

April is Autism Acceptance Month

In recognition of Autism Acceptance Month, MCWOW is sharing resources from **Magellan Health** to support greater understanding of neurodiversity in the workplace. The featured resource highlights practical ways to **foster inclusivity, recognize the strengths of neurodiverse individuals, and create a more supportive work environment for all employees**.

This effort also serves as a reminder of the valuable tools and guidance available through the County's [Employee Assistance Program](#) (EAP), which is accessible to **all employees and their household members**.

Click [here](#) to view the Autism Acceptance Month resource and learn more about supporting an inclusive workplace.



