



# Employee Health Benefits



## Cancer Guidance

**Carrum Health** is a no-cost benefit that connects health plan members to high-quality surgery care with little or no out-of-pocket cost. It also offers expert cancer guidance to help employees navigate a diagnosis with clarity and support.

Eligible PRISM employees facing cancer can access top specialists who review cases and provide treatment recommendations to local oncologists, allowing for expert care close to home. Compassionate oncology nurses are also available to answer questions.

Those diagnosed with first-time nonmetastatic breast or thyroid cancer may qualify for additional treatment at a Carrum Health cancer center.

Scan the QR code to learn more.

## Healthy Lives, Healthy Eyes

Certain health conditions – such as diabetes or high blood pressure – can raise your risk for eye diseases. Taking care of your overall health through smart lifestyle choices can also help protect your vision. [Click Here](#) to discover simple, effective tips to start protecting your vision today.

When you're ready to take the next step, finding an eye care provider is easy – just visit <https://www.vsp.com> and click on "Find a Doctor" to search by location, office, or doctor.

## Have Questions?

Contact [employeehealthbenefits@mendocinocounty.gov](mailto:employeehealthbenefits@mendocinocounty.gov)



## Carrum Health: Get Started Today

Scan the QR code to explore surgery benefits and cancer guidance.