

MENDOCINO COUNTY

WORKING ON WELLNESS

MENDOCINO COUNTY EARNS GOLD FOR WORKPLACE HEALTH

The American Heart Association has awarded the County of Mendocino **national Gold Award** level recognition for its commitments to employee health and well-being as measured in the Association's 2024 Workforce Well-being Scorecard™. The tool allows employers to evaluate how their policies and procedures compare to leading best practices in areas such as mental health support, addressing burnout, financial well-being, health equity considerations and more. Recognition designations are determined by data submitted, as well as the overall heart health score of their employees. In 2024, 453 organizations nationwide completed the Scorecard. The American Heart Association, a global force for longer, healthier lives, commends the County of Mendocino for their commitment to creating a workplace environment built on healthy core values.



FINANCIAL WELLBEING SERVICES FOR COUNTY EMPLOYEES

With tax season underway, it's a great time to highlight the valuable financial wellbeing services available to County employees through the Mendocino County Employee Assistance Program (EAP). The EAP offers employees and their families access to financial tools, resources, and personal consultations with Money Coaches. Employees and their household members receive three 30-minute sessions per issue per year, empowering them to build financial confidence and literacy. From budgeting and debt management to estate planning and saving for major financial goals like homeownership or retirement, these services provide meaningful support that helps employees achieve financial stability. Visit the [Mendocino County Employee Assistance Program](#) page to learn more.

